



24.	, 100m		2006		06	1:02.71
24.	, 100m		2007		07	1:04.35
34.	, 50m		2005		05	32.10
34.	, 50m		2006		06	33.23
18.	, 100m		2005		05	1:05.37
18.	, 100m		2006		06	1:09.07
10.	, 50m		2005		05	37.23
10.	, 50m		2006		06	41.02
10.	, 50m		2007		07	39.34
32.	, 100m		2005		05	1:22.11
6.	, 100m		2005		05	1:05.66
6.	, 100m		2006		06	1:08.20
36.	, 100m		2005		05	1:06.88
36.	, 100m		2006		06	1:08.79
36.	, 100m		2007		07	1:19.21
26.	, 4 x 25m		2008	6		1:03.71
12.	, 4 x 25m		2008	1		1:12.18
7.	, 50m		2005		05	27.62
7.	, 50m		2006		06	30.36
7.	, 50m		2008		08	34.80
7.	, 50m	2009			09	34.91
23.	, 100m		2005		05	59.22
33.	, 50m	2009			09	39.57
17.	, 100m		2008		08	1:29.94
17.	, 100m	2009			09	1:42.71
9.	, 50m		2006		06	37.34
19.	, 50m		2008		08	38.03
35.	, 100m		2004		04	1:10.23
35.	, 100m		2005		05	1:07.93
35.	, 100m		2008		08	1:30.02
35.	, 100m	2009			09	1:26.18
25.	, 4 x 25m		2008	3		1:07.23
11.	, 4 x 25m		2008	4		1:15.12
24.	, 100m		2005		05	1:00.55
24.	, 100m	2009			10	1:25.15
34.	, 50m		2006		06	33.95
18.	, 100m		2005		05	1:07.81
18.	, 100m		2006		06	1:14.26
10.	, 50m		2006		06	42.06
32.	, 100m		2006		06	1:28.67
20.	, 50m		2005		05	31.44
20.	, 50m		2006		06	31.38
20.	, 50m		2007		07	36.78
36.	, 100m		2005		05	1:07.53
26.	, 4 x 25m		2008	7		1:08.62
23.	, 100m		2006		06	1:06.73
15.	, 25m	2009			09	18.44
9.	, 50m		2006		06	37.53
9.	, 50m	2009			09	46.78



19.	, 50m	2009		09	39.06
5.	, 100m		2006	06	1:15.95
35.	, 100m		2006	06	1:15.46
35.	, 100m		2008	08	1:30.22
25.	, 4 x 25m		2008		1:08.70
11.	, 4 x 25m		2008	1	1:15.56
8.	, 50m		2006	06	29.85
8.	, 50m		2008	08	33.46
24.	, 100m		2006	06	1:06.85
24.	, 100m	2009		09	1:37.93
16.	, 25m	2009		09	19.03
34.	, 50m		2005	05	35.65
34.	, 50m		2006	06	36.17
18.	, 100m		2005	05	1:15.61
18.	, 100m		2006	06	1:14.63
18.	, 100m		2007	07	1:18.62
32.	, 100m		2007	07	1:29.78
32.	, 100m		2008	08	1:34.88
20.	, 50m		2006	06	32.25
6.	, 100m		2005	05	1:10.00
6.	, 100m		2006	06	1:14.32
6.	, 100m		2007	07	1:24.67
36.	, 100m		2005	05	1:07.71
36.	, 100m		2006	06	1:13.92
36.	, 100m	2009		09	1:28.68
12.	, 4 x 25m		2008	2	1:13.65
7.	, 50m		2008	08	37.40
23.	, 100m		2008	08	1:24.79
21.	, 50m		2008	08	45.99
31.	, 100m		2006	06	1:23.27
19.	, 50m		2006	06	32.98
5.	, 100m		2006	06	1:23.07
5.	, 100m		2007	07	1:21.49
25.	, 4 x 25m		2008	4	1:14.68
11.	, 4 x 25m		2008	3	1:23.42
"	"				
18.	, 100m		2008	08	1:17.48
32.	, 100m		2006	06	1:25.50
32.	, 100m		2007	07	1:27.50
6.	, 100m		2008	08	1:18.02
36.	, 100m		2008	08	1:18.59
10.	, 50m		2007	07	39.80
10.	, 50m	2009		09	45.82
"	"				
33.	, 50m		2008	08	41.18
21.	, 50m		2008	08	41.68
31.	, 100m		2008	08	1:32.40
17.	, 100m		2008	08	1:30.56
19.	, 50m		2008	08	42.60
35.	, 100m		2008	08	1:31.35



11.	, 4 x 25m	2009	.	-	"	" 1	1:17.74
33.	, 50m	2009	.	.	.	09	41.93
25.	, 4 x 25m	2009	.	-	"	" 1	1:13.10
3.	, 25m	2009	.	.	.	09	21.69
9.	, 50m	2009	.	.	.	09	46.79
32.	, 100m	2009	.	.	.	09	1:47.61
20.	, 50m	2008	.	.	.	08	35.75
15.	, 25m	2009	.	.	.	09	18.13
8.	, 50m	2008	.	.	.	08	33.19
34.	, 50m	2005	.	.	.	05	34.15
32.	, 100m	2008	.	.	.	08	1:34.45
32.	, 100m	2009	.	.	.	09	1:48.07
6.	, 100m	2008	.	.	.	08	1:20.93
26.	, 4 x 25m	2009	.	- "	"		1:09.81
12.	, 4 x 25m	2008	.	- "	" 1		1:12.46
12.	, 4 x 25m	2009	.	- "	" 2		1:17.64
23.	, 100m	2008	.	.	.	08	1:24.25
33.	, 50m	2006	.	.	.	06	36.33
3.	, 25m	2009	.	.	.	09	21.59
31.	, 100m	2006	.	.	.	06	1:21.99
1.	, 25m	2009	.	.	.	09	16.89
5.	, 100m	2008	.	.	.	08	1:45.12
24.	, 100m	2008	.	.	.	08	1:14.16
22.	, 50m	2008	.	.	.	08	44.83
36.	, 100m	2008	.	.	.	08	1:21.01
29.	, 25m	2009	.	.	.	09	16.66
7.	, 50m	2006	.	.	.	06	31.47
7.	, 50m	2009	.	.	.	09	36.61
23.	, 100m	2006	.	.	.	06	1:07.09
33.	, 50m	2006	.	.	.	06	37.42
33.	, 50m	2007	.	.	.	07	35.48
17.	, 100m	2006	.	.	.	06	1:19.12
17.	, 100m	2008	.	.	.	08	1:31.88
9.	, 50m	2006	.	.	.	06	38.47
31.	, 100m	2008	.	.	.	08	1:44.82
19.	, 50m	2009	.	.	.	09	40.09
35.	, 100m	2006	.	.	.	06	1:15.48
35.	, 100m	2009	.	.	.	09	1:30.29
8.	, 50m	2008	.	.	.	08	32.83
34.	, 50m	2007	.	.	.	07	35.01
7.	, 50m	2006	.	.	.	06	30.36
33.	, 50m	2005	.	.	.	05	32.47
17.	, 100m	2005	.	.	.	05	1:09.77
9.	, 50m	2004	.	.	.	04	37.38
8.	, 50m	2004	.	.	.	04	26.62
8.	, 50m	2007	.	.	.	07	30.89
24.	, 100m	2007	.	.	.	07	1:07.96



24.	, 100m	2008			08	1:14.11
36.	, 100m	2004			04	1:05.70
28.	, 4 x 50m	2004 - 200	-		1 1	2:00.71
31.	, 100m	2004			04	1:28.70
27.	, 4 x 50m	2004 - 200	-		1 1	2:03.61
13.	, 4 x 50m	2004 - 200	-		1 1	2:17.29
24.	, 100m	2004			04	58.08
36.	, 100m	2004			04	1:07.71
23.	, 100m	2005			05	1:05.64
17.	, 100m	2004			04	1:14.64
9.	, 50m	2004			04	39.09
.	-	" "				
30.	, 25m	2005			05	12.29
30.	, 25m	2006			06	13.69
30.	, 25m	2007			07	14.34
8.	, 50m	2005			05	26.64
24.	, 100m	2005			05	59.58
18.	, 100m	2007			07	1:16.03
20.	, 50m	2005			05	29.05
28.	, 4 x 50m	2004 - 200	-	" " 1		1:59.59
14.	, 4 x 50m	2004 - 200	-	" " 1		2:15.53
29.	, 25m	2007			07	15.78
33.	, 50m	2007			07	33.66
17.	, 100m	2007			07	1:14.02
19.	, 50m	2007			07	34.00
5.	, 100m	2007			07	1:19.25
30.	, 25m	2007			07	14.72
6.	, 100m	2005			05	1:06.53
7.	, 50m	2007			07	31.23
8.	, 50m	2007			07	31.40
34.	, 50m	2007			07	35.29
.	-					
32.	, 100m	2006			06	1:29.78
.	-	1				
8.	, 50m	2006			06	29.34
.	-					
24.	, 100m	2008			08	1:12.87
32.	, 100m	2008			08	1:29.84
18.	, 100m	2008			08	1:21.30
20.	, 50m	2008			08	35.99
6.	, 100m	2004			04	1:05.53
36.	, 100m	2008			08	1:20.15
8.	, 50m	2004			04	26.67
6.	, 100m	2008			08	1:23.90



30.	, 25m	2009		09	14.19	
8.	, 50m	2009		09	32.79	
4.	, 25m	2009		09	18.75	
2.	, 25m	2009		09	15.08	
20.	, 50m	2009		09	35.89	
36.	, 100m	2009		09	1:23.14	
-						
7.	, 50m		2007	07	30.31	
23.	, 100m		2007	07	1:06.32	
23.	, 100m	2009		09	1:36.04	
33.	, 50m		2004	04	35.25	
17.	, 100m		2004	04	1:12.91	
9.	, 50m		2005	05	36.91	
9.	, 50m		2007	07	37.91	
31.	, 100m		2005	05	1:18.66	
31.	, 100m		2007	07	1:23.80	
31.	, 100m	2009		09	1:49.66	
19.	, 50m		2004	04	32.55	
5.	, 100m		2004	04	1:11.46	
5.	, 100m		2005	05	1:12.50	
5.	, 100m		2006	06	1:09.17	
35.	, 100m		2007	07	1:13.53	
27.	, 4 x 50m		2004 - 200	-	1	1:59.85
13.	, 4 x 50m		2004 - 200	-		2:11.01
34.	, 50m		2004	04	30.44	
18.	, 100m		2004	04	1:05.10	
10.	, 50m		2004	04	34.36	
32.	, 100m		2004	04	1:15.53	
7.	, 50m		2004	04	30.67	
23.	, 100m		2005	05	1:04.70	
17.	, 100m		2004	04	1:14.63	
17.	, 100m		2006	06	1:08.65	
9.	, 50m		2004	04	37.68	
9.	, 50m		2005	05	38.12	
19.	, 50m		2004	04	36.54	
19.	, 50m		2006	06	31.23	
5.	, 100m		2004	04	1:17.87	
5.	, 100m		2005	05	1:24.15	
35.	, 100m		2004	04	1:13.14	
35.	, 100m		2005	05	1:12.50	
18.	, 100m		2004	04	1:13.11	
7.	, 50m		2005	05	29.66	
17.	, 100m		2005	05	1:13.08	
31.	, 100m		2005	05	1:26.35	
19.	, 50m		2005	05	34.16	
35.	, 100m		2004	04	1:13.71	
35.	, 100m		2005	05	1:12.56	



29.	, 25m	2009			10	16.50
4.	, 25m	2009			09	20.70
22.	, 50m	2008			08	42.84
23.	, 100m	2007			07	1:09.98
9.	, 50m	2007			07	38.62
31.	, 100m	2007			07	1:25.72
7.	, 50m	2004			04	30.94
35.	, 100m	2007			07	1:17.58
23.	, 100m	2004			04	1:18.54
19.	, 50m	2004			04	40.55
5.	, 100m	2004			04	1:34.99
25.	, 4 x 25m	2009	.	- "	" 1	1:20.91
11.	, 4 x 25m	2009	.	- "	" 1	1:30.11
34.	, 50m	2009			09	39.13
20.	, 50m	2009			09	34.30
36.	, 100m	2009			09	1:22.37
30.	, 25m	2009			09	15.06
8.	, 50m	2009			09	33.45
34.	, 50m	2007			07	35.03
18.	, 100m	2007			07	1:17.57
5.	, 100m	2007			07	1:19.72
35.	, 100m	2007			07	1:17.38
34.	, 50m	2008			08	38.39
18.	, 100m	2008			08	1:21.65
17.	, 100m	2007			07	1:14.81
8.	, 50m	2007			07	30.64
34.	, 50m	2008			08	38.06
20.	, 50m	2007			07	35.14
6.	, 100m	2007			07	1:19.94
26.	, 4 x 25m	2009			1	1:04.80
12.	, 4 x 25m	2009			1	1:13.62
16.	, 25m	2009			09	18.11
34.	, 50m	2008			08	38.29
22.	, 50m	2008			08	44.21
2.	, 25m	2009			09	15.32
30.	, 25m	2009			09	15.20
24.	, 100m	2007			07	1:09.37
34.	, 50m	2009			09	39.79
10.	, 50m	2006			06	42.87
20.	, 50m	2007			07	37.23



36.	, 100m		2007				07	1:20.78
26.	, 4 x 25m		2008			3		1:09.08
26.	, 4 x 25m	2009		.	-	8 1		1:10.77
12.	, 4 x 25m	2009		.	-	8 1		1:18.78
.								
6.	, 100m		2007				07	1:22.25
36.	, 100m		2007				07	1:20.25
33.	, 50m		2007				07	35.05
17.	, 100m		2007				07	1:14.44
19.	, 50m		2007				07	34.66
14.	, 4 x 50m		2004 - 200	.	-	1		2:37.53
7.	, 50m		2007				07	31.27
9.	, 50m		2007				07	39.24
31.	, 100m		2007				07	1:29.10
19.	, 50m		2007				07	35.78
27.	, 4 x 50m		2004 - 200	.	-	1		2:10.47
13.	, 4 x 50m		2004 - 200	.	-	1		2:25.06
.								
" "								
29.	, 25m	2009					09	15.86
3.	, 25m	2009					09	20.54
9.	, 50m	2009					09	46.77
1.	, 25m	2009					09	16.77
19.	, 50m	2009					09	38.03
25.	, 4 x 25m	2009				1		1:09.55
8.	, 50m		2005				05	27.30
10.	, 50m		2007				07	39.44
32.	, 100m		2007				07	1:29.09
14.	, 4 x 50m		2004 - 200	.	-	" " 1		2:21.54
7.	, 50m		2005				05	29.01
7.	, 50m	2009					09	35.05
19.	, 50m		2005				05	32.75
35.	, 100m	2009					09	1:29.61
11.	, 4 x 25m	2009				1		1:20.28
24.	, 100m		2005				05	1:01.37
20.	, 50m		2005				05	33.83
28.	, 4 x 50m		2004 - 200	.	-	" " 1		2:02.06
15.	, 25m	2009					09	19.26
33.	, 50m		2008				08	44.70
33.	, 50m	2009					09	42.37
.								
- 2								
32.	, 100m		2004				04	1:13.84
20.	, 50m		2004				04	28.21
23.	, 100m		2006				06	59.33
33.	, 50m		2006				06	31.19
17.	, 100m		2006				06	1:08.64
31.	, 100m		2006				06	1:20.67
19.	, 50m		2005				05	32.23
19.	, 50m		2006				06	29.52
35.	, 100m		2006				06	1:07.45



24.	, 100m		2004	04	58.05
10.	, 50m	2009		09	45.37
20.	, 50m		2004	04	28.96
31.	, 100m		2005	05	1:21.78
34.	, 50m		2004	04	31.00
-					
6					
8.	, 50m		2006	06	29.22
10.	, 50m		2004	04	33.92
20.	, 50m		2006	06	30.41
24.	, 100m		2006	06	1:05.13
6.	, 100m		2006	06	1:11.86
36.	, 100m		2006	06	1:12.74
32.	, 100m		2004	04	1:16.81
20.	, 50m		2004	04	29.74
6.	, 100m		2004	04	1:05.70
-					
16.	, 25m	2009		09	17.60
34.	, 50m	2009		09	39.27
2.	, 25m	2009		09	15.56
20.	, 50m	2009		09	38.09
29.	, 25m	2009		09	16.66
-					
10.	, 50m	2009		09	44.01
4.	, 25m	2009		09	19.05
-					
8.	, 50m		2004	04	26.04
24.	, 100m		2004	04	56.61
34.	, 50m		2004	04	29.50
18.	, 100m		2004	04	1:02.55
6.	, 100m		2004	04	1:03.12
36.	, 100m		2004	04	1:02.76
33.	, 50m		2005	05	33.56
17.	, 100m		2005	05	1:12.70
...					
10.	, 50m		2005	05	44.19
9.	, 50m		2005	05	47.57
...					
7.	, 50m		2004	04	28.52
23.	, 100m		2004	04	1:04.62
31.	, 100m		2004	04	1:22.46
32.	, 100m		2005	05	1:25.59





/ "	"						
	20.	, 50m		2008		08	37.55
	1.	, 25m	2009			11	18.43
. .		- "					
	23.	, 100m		2008		08	1:21.25
	5.	, 100m		2008		08	1:35.62
	7.	, 50m		2008		08	37.20
	33.	, 50m		2008		08	43.94
	21.	, 50m		2008		08	45.90
	31.	, 100m		2008		08	1:37.99
	19.	, 50m		2008		08	42.66
. .		-					
	24.	, 100m	2009			09	1:15.11
	10.	, 50m		2005		05	40.19
	8.	, 50m		2005		05	27.81
	8.	, 50m	2009			09	34.56
	32.	, 100m		2005		05	1:28.56
	23.	, 100m		2007		07	1:11.55