



"World Class"

17.	, 100m	2010	10	1:24.79
59.	, 200m	2010	10	3:01.69
2.	, 50m	2007	07	30.38
6.	, 50m	2007	07	34.33

"	"			
36.	, 400m	2008	08	5:07.12
14.	, 1500m	2008	08	20:39.35
8.	, 50m	2008	08	39.67
30.	, 100m	2008	08	1:26.41
52.	, 200m	2008	08	3:09.92
8.	, 50m	2006	06	36.97
30.	, 100m	2006	06	1:22.05

"	"	- -		
6.	, 50m	2008	08	34.05
32.	, 100m	2008	08	1:14.33
50.	, 200m	2008	08	2:35.71
54.	, 200m	2008	08	2:26.17

"	"			
14.	, 1500m	2006	06	18:51.70
36.	, 400m	2006	06	4:46.12
12.	, 800m	2006	06	9:44.64

"	"			
51.	, 200m	2007	07	3:00.54
7.	, 50m	2007	07	38.03

47.	, 200m	2005	05	3:07.32
8.	, 50m	2007	07	39.68
27.	, 400m	2005	05	6:10.58

17.	, 100m	2010	10	1:27.07
21.	, 200m	2010	10	3:34.54

18.	, 100m	2009	09	1:09.75
60.	, 200m	2009	09	2:32.24
22.	, 200m	2009	09	2:54.40
40.	, 50m	2009	09	32.47



Детская Лига Плавания
«ПОВОЛЖЬЕ»

Межрегиональные соревнования Детской Лиги Плавания «Поволжье», посвященные памяти Героя России Плотниковой М.В.

21 - 23 июня 2019 года

Пенза

5.	, 50m	2005	05	33.80
31.	, 100m	2005	05	1:11.07
49.	, 200m	2005	05	2:33.89
43.	, 200m	2010	10	3:05.58
37.	, 50m	2010	10	40.76
23.	, 100m	2010	10	1:28.85
57.	, 200m	2010	10	3:10.17
15.	, 50m	2010	10	42.66
61.	, 100m	2010	10	1:31.78
43.	, 200m	2010	10	3:20.61
26.	, 100m	2004	04	57.72
34.	, 100m	2004	04	1:02.54
48.	, 200m	2004	04	2:29.14
4.	, 50m	2003	03	27.39
14.	, 1500m	2008	08	22:07.06
8.	, 50m	2008	08	41.56
30.	, 100m	2008	08	1:30.03
25.	, 100m	2007	07	1:07.85
47.	, 200m	2005	05	3:37.81
40.	, 50m	2009	09	32.34
38.	, 50m	2009	09	33.80
24.	, 100m	2009	09	1:18.20
18.	, 100m	2009	09	1:11.67
60.	, 200m	2009	09	2:37.88
58.	, 200m	2009	09	3:03.17
50.	, 200m	2004	04	2:10.46
10.	, 200m	2004	04	2:12.19
28.	, 400m	2004	04	4:45.66
17.	, 100m	2009	09	1:11.79
15.	, 50m	2009	09	37.98
61.	, 100m	2009	09	1:18.51
43.	, 200m	2009	09	2:50.59
2.	, 50m	2008	08	31.48
26.	, 100m	2008	08	1:08.52
36.	, 400m	2008	08	5:14.12
12.	, 800m	2008	08	10:55.23
10.	, 200m	2007	07	2:42.43
49.	, 200m	2008	08	2:57.35
30.	, 100m	2007	07	1:26.93
5.	, 50m	2008	08	36.75



1

11.	, 800m	2007	07	10:22.01
10.	, 200m	2008	08	2:57.45
35.	, 400m	2007	07	5:04.74

10

8.	, 50m	2005	05	33.03
30.	, 100m	2005	05	1:11.87
52.	, 200m	2005	05	2:34.81
10.	, 200m	2005	05	2:20.07
28.	, 400m	2005	05	4:59.25
54.	, 200m	2005	05	2:08.05

6

2.	, 50m	2008	08	30.74
26.	, 100m	2005	05	56.74
26.	, 100m	2008	08	1:07.23
12.	, 800m	2008	08	10:53.88
6.	, 50m	2003	03	29.39
32.	, 100m	2003	03	1:03.06
8.	, 50m	2006	06	33.05
30.	, 100m	2006	06	1:14.31
4.	, 50m	2005	05	26.84
4.	, 50m	2008	08	32.65
34.	, 100m	2008	08	1:14.32
1.	, 50m	2008	08	29.72
25.	, 100m	2008	08	1:05.79
5.	, 50m	2008	08	34.14
31.	, 100m	2008	08	1:14.18
7.	, 50m	2006	06	34.94
29.	, 100m	2006	06	1:19.16
32.	, 100m	2003	03	1:05.57
8.	, 50m	2003	03	33.84
51.	, 200m	2006	06	2:54.03
2.	, 50m	2003	03	27.02
2.	, 50m	2008	08	32.11
6.	, 50m	2006	06	33.27
6.	, 50m	2008	08	36.92
32.	, 100m	2006	06	1:11.56
4.	, 50m	2003	03	28.21
10.	, 200m	2005	05	2:24.69
53.	, 200m	2008	08	2:26.73

" " " _

41.	, 200m	2010	10	3:51.16
-----	--------	------	----	---------

" "

20.	, 100m	2009	09	1:34.06
42.	, 200m	2009	09	3:21.05
7.	, 50m	2008	08	38.68
29.	, 100m	2008	08	1:24.22
19.	, 100m	2010	10	1:47.37
41.	, 200m	2010	10	3:40.68
56.	, 50m	2009	09	44.37
51.	, 200m	2008	08	3:06.21
3.	, 50m	2007	07	32.64



33.	, 100m	2007	07	1:13.42
47.	, 200m	2005	05	3:22.50
47.	, 200m	2007	07	2:48.73
64.	, 400m	2009	09	6:54.46
39.	, 50m	2010	10	38.52
59.	, 200m	2010	10	3:08.13
55.	, 50m	2010	10	51.22
9.	, 200m	2008	08	2:53.25
6.	, 50m	2004	04	29.81
32.	, 100m	2004	04	1:03.61
2.	, 50m	2004	04	25.69
26.	, 100m	2004	04	56.00
13.	, 1500m	2005	05	20:11.98
35.	, 400m	2005	05	5:02.19
-				
6.	, 50m	2005	05	30.26
4.	, 50m	2008	08	33.93
"	"			
30.	, 100m	2003	03	1:21.92
33.	, 100m	2005	05	1:17.28
9.	, 200m	2006	06	2:37.04
31.	, 100m	2006	06	1:12.85
49.	, 200m	2006	06	2:36.65
55.	, 50m	2010	10	47.99
37.	, 50m	2010	10	40.98
3.	, 50m	2005	05	34.25
2.	, 50m	2005	05	26.63
2.	, 50m	2007	07	29.10
26.	, 100m	2006	06	1:00.45
26.	, 100m	2007	07	1:01.18
12.	, 800m	2005	05	9:25.52
14.	, 1500m	2003	03	17:23.96
6.	, 50m	2005	05	30.19
32.	, 100m	2005	05	1:02.79
50.	, 200m	2005	05	2:18.41
50.	, 200m	2006	06	2:31.88
52.	, 200m	2003	03	2:47.94
4.	, 50m	2006	06	29.17
34.	, 100m	2006	06	1:06.15
10.	, 200m	2006	06	2:23.11
59.	, 200m	2009	09	2:38.27
45.	, 400m	2009	09	5:25.20
29.	, 100m	2007	07	1:23.83
3.	, 50m	2007	07	32.00
33.	, 100m	2007	07	1:10.69
21.	, 200m	2009	09	2:51.25
63.	, 400m	2009	09	6:03.83
54.	, 200m	2006	06	2:09.05



54.	, 200m	2007	07	2:18.15
12.	, 800m	2007	07	10:06.55
14.	, 1500m	2004	04	17:24.70
14.	, 1500m	2005	05	17:51.00
6.	, 50m	2006	06	32.71
16.	, 50m	2009	09	38.27
32.	, 100m	2005	05	1:04.52
32.	, 100m	2006	06	1:10.90
62.	, 100m	2009	09	1:21.34
62.	, 100m	2010	10	1:25.23
50.	, 200m	2005	05	2:22.35
44.	, 200m	2009	09	2:51.15
44.	, 200m	2010	10	2:59.16
8.	, 50m	2005	05	35.09
30.	, 100m	2003	03	1:18.52
30.	, 100m	2005	05	1:16.46
30.	, 100m	2006	06	1:20.31
20.	, 100m	2010	10	1:41.84
52.	, 200m	2006	06	2:52.90
42.	, 200m	2010	10	3:33.42
4.	, 50m	2007	07	33.21
34.	, 100m	2003	03	1:03.51
48.	, 200m	2007	07	2:49.90
48.	, 200m	2008	08	3:07.24
10.	, 200m	2005	05	2:20.90
10.	, 200m	2006	06	2:34.72
22.	, 200m	2009	09	2:54.54
28.	, 400m	2003	03	4:55.80
28.	, 400m	2005	05	5:15.38
64.	, 400m	2009	09	6:24.04
1.	, 50m	2007	07	29.87
25.	, 100m	2007	07	1:05.10
5.	, 50m	2007	07	34.68
29.	, 100m	2007	07	1:24.31
3.	, 50m	2008	08	37.30
33.	, 100m	2006	06	1:12.46
9.	, 200m	2006	06	2:39.42
9.	, 200m	2007	07	2:39.84
2.	, 50m	2005	05	27.08
36.	, 400m	2007	07	4:57.85
14.	, 1500m	2004	04	18:08.31
14.	, 1500m	2007	07	20:32.73
6.	, 50m	2003	03	36.51
6.	, 50m	2005	05	30.39
16.	, 50m	2010	10	41.69
32.	, 100m	2005	05	1:05.51
62.	, 100m	2010	10	1:28.30
50.	, 200m	2006	06	2:36.03
8.	, 50m	2004	04	33.19
56.	, 50m	2010	10	46.62
20.	, 100m	2009	09	1:39.79
52.	, 200m	2005	05	2:48.42
52.	, 200m	2006	06	2:54.67
42.	, 200m	2009	09	3:26.71
4.	, 50m	2005	05	28.91
34.	, 100m	2005	05	1:05.95
34.	, 100m	2007	07	1:16.64
34.	, 100m	2008	08	1:18.57
48.	, 200m	2005	05	2:29.88



10.	, 200m	2003	03	2:19.47
10.	, 200m	2008	08	2:58.85
28.	, 400m	2003	03	5:31.60
28.	, 400m	2005	05	5:17.95
28.	, 400m	2007	07	6:01.49
28.	, 400m	2008	08	6:39.90
1.	, 50m	2006	06	30.26
1.	, 50m	2007	07	31.24
1.	, 50m	2008	08	33.19
39.	, 50m	2009	09	33.33
25.	, 100m	2006	06	1:07.17
17.	, 100m	2009	09	1:12.98
11.	, 800m	2007	07	10:50.60
11.	, 800m	2008	08	12:16.63
13.	, 1500m	2006	06	21:04.05
31.	, 100m	2007	07	1:14.10
31.	, 100m	2008	08	1:21.96
49.	, 200m	2007	07	2:40.54
49.	, 200m	2008	08	2:57.37
7.	, 50m	2007	07	38.41
33.	, 100m	2005	05	1:21.66
33.	, 100m	2008	08	1:28.47
47.	, 200m	2006	06	2:46.14
27.	, 400m	2008	08	6:24.10

« »

13.	, 1500m	2006	06	18:58.54
13.	, 1500m	2007	07	20:32.23
35.	, 400m	2006	06	4:55.33
13.	, 1500m	2007	07	20:35.83

" "

35.	, 400m	2005	05	4:42.64
11.	, 800m	2008	08	10:21.40
13.	, 1500m	2005	05	18:34.54
49.	, 200m	2008	08	2:41.55
51.	, 200m	2005	05	2:48.88
27.	, 400m	2005	05	5:40.76
12.	, 800m	2005	05	9:27.96
52.	, 200m	2005	05	2:45.67
4.	, 50m	2005	05	28.85
53.	, 200m	2005	05	2:15.98
53.	, 200m	2006	06	2:18.82
35.	, 400m	2006	06	4:47.90
11.	, 800m	2006	06	9:38.26
5.	, 50m	2008	08	34.65
31.	, 100m	2008	08	1:14.67
29.	, 100m	2005	05	1:20.98
47.	, 200m	2006	06	2:40.10
9.	, 200m	2005	05	2:42.33
26.	, 100m	2005	05	59.33
54.	, 200m	2005	05	2:08.83
36.	, 400m	2005	05	4:33.89
8.	, 50m	2005	05	36.85
30.	, 100m	2005	05	1:17.98
35.	, 400m	2008	08	5:06.82
11.	, 800m	2005	05	10:37.60
7.	, 50m	2005	05	37.43



33.	, 100m	2006	06	1:15.30
"	"			
60.	, 200m	2009	09	2:36.35
46.	, 400m	2009	09	5:23.63
48.	, 200m	2005	05	2:28.23
18.	, 100m	2009	09	1:12.15
23.	, 100m	2009	09	1:19.96
47.	, 200m	2008	08	2:40.50
57.	, 200m	2009	09	2:54.36
9.	, 200m	2008	08	2:40.83
27.	, 400m	2008	08	5:34.99
2.	, 50m	2007	07	30.36
26.	, 100m	2007	07	1:05.66
53.	, 200m	2008	08	2:25.84
35.	, 400m	2008	08	5:03.00
45.	, 400m	2009	09	5:50.82
13.	, 1500m	2008	08	19:24.57
37.	, 50m	2009	09	36.65
21.	, 200m	2009	09	3:00.16
63.	, 400m	2009	09	6:15.59
"	"			
60.	, 200m	2010	10	2:37.85
46.	, 400m	2010	10	5:29.92
22.	, 200m	2010	10	3:06.12
39.	, 50m	2010	10	34.55
17.	, 100m	2010	10	1:12.62
59.	, 200m	2010	10	2:35.11
45.	, 400m	2010	10	5:23.58
55.	, 50m	2010	10	45.92
21.	, 200m	2010	10	2:53.76
40.	, 50m	2010	10	35.35
43.	, 200m	2009	09	2:58.65
18.	, 100m	2010	10	1:16.50
30.	, 100m	2004	04	1:14.23
52.	, 200m	2004	04	2:39.07
61.	, 100m	2009	09	1:24.16
39.	, 50m	2010	10	37.64
14.	, 1500m	2003	03	22:53.73
48.	, 200m	2008	08	3:07.93
13.	, 1500m	2005	05	23:34.00
"	"			
8.	, 50m	2008	08	40.97
30.	, 100m	2008	08	1:29.26
52.	, 200m	2008	08	3:10.76



"	"				
	34.	, 100m	2004	04	1:00.06
	48.	, 200m	2004	04	2:16.81
	54.	, 200m	2004	04	2:02.56
	4.	, 50m	2004	04	27.70
	28.	, 400m	2004	04	4:49.94
	10.	, 200m	2004	04	2:16.33
	28.	, 400m	2008	08	6:39.67
	15.	, 50m	2009	09	40.23
	23.	, 100m	2009	09	1:26.39
	57.	, 200m	2009	09	3:18.43
	45.	, 400m	2009	09	5:58.24
	37.	, 50m	2009	09	38.46
	40.	, 50m	2010	10	32.30
	16.	, 50m	2010	10	38.91
	32.	, 100m	2007	07	1:12.42
	62.	, 100m	2010	10	1:24.67
	44.	, 200m	2010	10	2:52.72
	58.	, 200m	2010	10	3:16.70
	28.	, 400m	2006	06	5:39.83
	49.	, 200m	2007	07	2:37.50
	18.	, 100m	2010	10	1:14.05
	60.	, 200m	2010	10	2:39.42
	36.	, 400m	2003	03	4:24.70
	14.	, 1500m	2003	03	17:42.16
	6.	, 50m	2007	07	34.03
	50.	, 200m	2007	07	2:35.98
	54.	, 200m	2003	03	2:05.33
	38.	, 50m	2010	10	36.80
	9.	, 200m	2007	07	2:40.65
13					
	2.	, 50m	2004	04	25.06
	26.	, 100m	2004	04	54.49
	54.	, 200m	2004	04	1:59.48
	54.	, 200m	2005	05	2:07.45
	36.	, 400m	2005	05	4:30.46
	8.	, 50m	2004	04	32.78
	30.	, 100m	2004	04	1:13.65
	25.	, 100m	2005	05	1:02.79
	53.	, 200m	2005	05	2:15.38
	7.	, 50m	2005	05	36.65
	29.	, 100m	2005	05	1:20.51
	9.	, 200m	2005	05	2:32.99
	12.	, 800m	2003	03	10:16.44
	12.	, 800m	2004	04	9:11.30
	10.	, 200m	2004	04	2:16.15
	1.	, 50m	2005	05	29.48
	35.	, 400m	2005	05	4:43.61
	31.	, 100m	2005	05	1:11.67
	26.	, 100m	2003	03	59.56
	36.	, 400m	2004	04	4:28.74
	12.	, 800m	2005	05	9:33.63



34.	, 100m	2003	03	1:04.40
9.	, 200m	2005	05	2:45.46
2				
6.	, 50m	2006	06	32.15
32.	, 100m	2006	06	1:09.31
35.	, 400m	2007	07	4:58.79
50.	, 200m	2006	06	2:34.50
11.	, 800m	2007	07	10:26.85
31.	, 100m	2007	07	1:13.53
6.	, 50m	2004	04	31.89
4.	, 50m	2006	06	30.48
53.	, 200m	2007	07	2:22.90
11.	, 800m	2006	06	10:41.26
5.	, 50m	2006	06	34.60
31.	, 100m	2006	06	1:13.23
49.	, 200m	2006	06	2:37.49
7.	, 50m	2008	08	41.92
29.	, 100m	2008	08	1:31.58
51.	, 200m	2008	08	3:14.14
3				
2.	, 50m	2003	03	25.08
1.	, 50m	2005	05	29.35
1.	, 50m	2006	06	29.12
25.	, 100m	2006	06	1:04.42
3.	, 50m	2005	05	32.62
26.	, 100m	2003	03	55.87
5.	, 50m	2006	06	34.32
3.	, 50m	2005	05	33.58
3.	, 50m	2006	06	32.26
33.	, 100m	2005	05	1:17.61
16.	, 50m	2009	09	39.73
20.	, 100m	2010	10	1:43.08
42.	, 200m	2010	10	3:38.32
25.	, 100m	2005	05	1:05.91
15.	, 50m	2010	10	42.75
61.	, 100m	2010	10	1:32.47
37.	, 50m	2010	10	41.66
23.	, 100m	2010	10	1:56.44
47.	, 200m	2008	08	3:14.88
4				
26.	, 100m	2003	03	55.25
54.	, 200m	2003	03	2:00.75
8.	, 50m	2003	03	32.15
30.	, 100m	2003	03	1:11.62
2.	, 50m	2003	03	25.53
10.	, 200m	2003	03	2:17.91
5				
47.	, 200m	2007	07	2:47.84
27.	, 400m	2007	07	5:42.45



"	"					
2.	, 50m	2006	06	27.98		
4.	, 50m	2006	06	30.21		
34.	, 100m	2006	06	1:08.04		
"	"					
51.	, 200m	2008	08	3:03.59		
7.	, 50m	2008	08	39.54		
29.	, 100m	2008	08	1:26.67		
27.	, 400m	2006	06	6:15.67		
3.	, 50m	2006	06	32.31		
"	"					
54.	, 200m	2007	07	2:17.26		
36.	, 400m	2004	04	4:21.22		
36.	, 400m	2007	07	4:45.08		
12.	, 800m	2004	04	8:56.44		
12.	, 800m	2007	07	9:35.62		
14.	, 1500m	2004	04	17:09.70		
14.	, 1500m	2007	07	18:47.70		
10.	, 200m	2007	07	2:42.27		
53.	, 200m	2008	08	2:20.42		
35.	, 400m	2008	08	4:51.03		
13.	, 1500m	2008	08	19:08.00		
36.	, 400m	2004	04	4:28.10		
36.	, 400m	2007	07	4:47.84		
50.	, 200m	2004	04	2:26.76		
52.	, 200m	2004	04	2:38.48		
34.	, 100m	2007	07	1:16.47		
28.	, 400m	2007	07	5:50.68		
9.	, 200m	2008	08	2:42.55		
27.	, 400m	2008	08	5:35.80		
26.	, 100m	2007	07	1:05.75		
54.	, 200m	2004	04	2:03.53		
54.	, 200m	2007	07	2:18.66		
12.	, 800m	2004	04	9:15.42		
50.	, 200m	2007	07	2:37.94		
4.	, 50m	2007	07	33.24		
10.	, 200m	2007	07	2:48.60		
28.	, 400m	2004	04	4:53.72		
"	"					
54.	, 200m	2008	08	2:23.08		
12.	, 800m	2003	03	9:19.34		
8.	, 50m	2007	07	38.31		
52.	, 200m	2007	07	3:01.12		
52.	, 200m	2008	08	3:09.10		
58.	, 200m	2009	09	2:56.38		
10.	, 200m	2008	08	2:43.08		
28.	, 400m	2008	08	5:42.54		
64.	, 400m	2009	09	6:06.30		
64.	, 400m	2010	10	6:40.28		
46.	, 400m	2010	10	5:50.49		
30.	, 100m	2007	07	1:25.15		
45.	, 400m	2010	10	6:42.51		
61.	, 100m	2009	09	1:23.59		
19.	, 100m	2010	10	1:50.05		



41.	, 200m	2010	10	3:49.53
23.	, 100m	2010	10	1:39.41
57.	, 200m	2010	10	3:45.62
36.	, 400m	2003	03	4:36.37
38.	, 50m	2009	09	36.29
24.	, 100m	2009	09	1:20.41
24.	, 100m	2010	10	1:33.35
58.	, 200m	2010	10	3:20.96
43.	, 200m	2009	09	3:01.65
27.	, 400m	2006	06	6:17.39
53.	, 200m	2007	07	2:20.54
5.	, 50m	2006	06	32.07
31.	, 100m	2006	06	1:08.79
49.	, 200m	2006	06	2:28.62
7.	, 50m	2007	07	37.44
9.	, 200m	2007	07	2:35.59
8.	, 50m	2004	04	33.14
48.	, 200m	2003	03	2:34.08
7.	, 50m	2005	05	37.34
51.	, 200m	2005	05	2:49.48
27.	, 400m	2007	07	5:39.71
50.	, 200m	2005	05	2:22.57
29.	, 100m	2005	05	1:21.03
29.	, 100m	2007	07	1:24.67
51.	, 200m	2007	07	3:02.31
3.	, 50m	2007	07	33.73
56.	, 50m	2010	10	45.03
20.	, 100m	2010	10	1:40.99
42.	, 200m	2010	10	3:32.65
34.	, 100m	2003	03	1:01.31
48.	, 200m	2003	03	2:30.56
1.	, 50m	2007	07	29.65
25.	, 100m	2007	07	1:04.93
15.	, 50m	2010	10	39.27
61.	, 100m	2010	10	1:29.14
56.	, 50m	2010	10	46.05
4.	, 50m	2003	03	27.49
25.	, 100m	2005	05	1:03.48
43.	, 200m	2010	10	3:06.35
21.	, 200m	2010	10	3:19.21
40.	, 50m	2010	10	35.38
1.	, 50m	2005	05	29.71
53.	, 200m	2005	05	2:20.41
5.	, 50m	2005	05	34.38
5.	, 50m	2007	07	35.35
16				
6.	, 50m	2004	04	30.38
32.	, 100m	2004	04	1:09.22
48.	, 200m	2006	06	2:35.43
51.	, 200m	2007	07	3:01.30
2.	, 50m	2004	04	25.89
4.	, 50m	2004	04	27.72



48.	, 200m	2003	03	3:01.15
10.	, 200m	2006	06	2:35.85
47.	, 200m	2007	07	2:51.46
18				
4.	, 50m	2007	07	31.11
34.	, 100m	2007	07	1:10.30
48.	, 200m	2007	07	2:37.97
19 "				
36.	, 400m	2006	06	4:32.17
12.	, 800m	2006	06	9:20.48
52.	, 200m	2006	06	2:50.42
25.	, 100m	2006	06	1:04.42
53.	, 200m	2006	06	2:16.21
35.	, 400m	2006	06	4:44.22
11.	, 800m	2006	06	9:36.89
3.	, 50m	2006	06	31.41
37.	, 50m	2009	09	34.98
33.	, 100m	2006	06	1:09.62
47.	, 200m	2006	06	2:34.79
2.	, 50m	2006	06	28.17
26.	, 100m	2006	06	1:00.49
12.	, 800m	2006	06	9:41.85
8.	, 50m	2006	06	36.35
1.	, 50m	2006	06	29.91
39.	, 50m	2009	09	33.01
17.	, 100m	2009	09	1:12.76
59.	, 200m	2009	09	2:39.53
13.	, 1500m	2006	06	19:47.03
19.	, 100m	2009	09	1:32.77
2.	, 50m	2006	06	28.21
26.	, 100m	2006	06	1:01.25
54.	, 200m	2006	06	2:10.09
53.	, 200m	2006	06	2:20.11
59.	, 200m	2009	09	2:43.41
55.	, 50m	2009	09	43.16
51.	, 200m	2006	06	2:58.15
41.	, 200m	2009	09	3:15.34
22 - -				
18.	, 100m	2010	10	1:13.63
54.	, 200m	2006	06	2:08.96
14.	, 1500m	2005	05	17:23.19
14.	, 1500m	2006	06	17:20.83
34.	, 100m	2005	05	1:04.92
48.	, 200m	2005	05	2:25.76
48.	, 200m	2006	06	2:28.27
28.	, 400m	2007	07	5:46.11
36.	, 400m	2005	05	4:30.49
36.	, 400m	2006	06	4:33.03
14.	, 1500m	2007	07	19:55.46
38.	, 50m	2010	10	36.71
34.	, 100m	2005	05	1:05.49
24.	, 100m	2010	10	1:26.68
48.	, 200m	2004	04	2:24.55
58.	, 200m	2010	10	3:17.09



60.	, 200m	2010	10	2:40.50
14.	, 1500m	2005	05	18:18.45
32.	, 100m	2004	04	1:09.29
50.	, 200m	2004	04	2:26.88
34.	, 100m	2006	06	1:09.08

8

46.	, 400m	2009	09	5:19.34
16.	, 50m	2010	10	40.41
32.	, 100m	2008	08	1:18.55
38.	, 50m	2009	09	35.86
24.	, 100m	2009	09	1:18.88
58.	, 200m	2009	09	2:57.16
22.	, 200m	2010	10	3:07.70
62.	, 100m	2009	09	1:24.93
50.	, 200m	2008	08	2:47.44
44.	, 200m	2009	09	3:00.56
44.	, 200m	2010	10	3:04.99
52.	, 200m	2007	07	3:05.55
48.	, 200m	2007	07	2:52.57

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36.	, 400m	2003	03	4:16.90
50.	, 200m	2003	03	2:23.70
52.	, 200m	2004	04	2:35.04
4.	, 50m	2004	04	26.93
10.	, 200m	2003	03	2:16.30
28.	, 400m	2003	03	4:50.78
11.	, 800m	2005	05	10:08.95
5.	, 50m	2007	07	34.11
31.	, 100m	2007	07	1:13.38
51.	, 200m	2006	06	2:52.15
27.	, 400m	2006	06	5:43.83
54.	, 200m	2003	03	2:01.29
30.	, 100m	2004	04	1:14.05
34.	, 100m	2004	04	1:01.43
49.	, 200m	2007	07	2:39.89
29.	, 100m	2006	06	1:21.97
27.	, 400m	2005	05	5:42.65
46.	, 400m	2009	09	5:24.48
56.	, 50m	2009	09	44.53
7.	, 50m	2006	06	37.11
33.	, 100m	2007	07	1:16.43
23.	, 100m	2009	09	1:34.56
57.	, 200m	2009	09	3:25.64
9.	, 200m	2006	06	2:41.71

" "

8.	, 50m	2007	07	39.37
11.	, 800m	2005	05	10:37.17
5.	, 50m	2005	05	34.01
31.	, 100m	2005	05	1:12.80
49.	, 200m	2005	05	2:35.58



2 "	"					
22.		, 200m	2010	10	3:35.21	
"	"					
6.		, 50m	2007	07	34.00	
16.		, 50m	2009	09	37.44	
62.		, 100m	2009	09	1:19.97	
44.		, 200m	2009	09	2:47.90	
3.		, 50m	2008	08	36.52	
33.		, 100m	2008	08	1:21.73	
6.		, 50m	2008	08	36.12	
32.		, 100m	2007	07	1:12.88	
50.		, 200m	2008	08	2:46.47	
11.		, 800m	2008	08	11:51.05	
47.		, 200m	2008	08	3:07.10	
40.		, 50m	2009	09	32.88	
12.		, 800m	2008	08	10:59.80	
32.		, 100m	2008	08	1:19.89	
22.		, 200m	2009	09	2:54.65	
45.		, 400m	2010	10	6:42.83	
19.		, 100m	2010	10	1:52.60	
"	"					
50.		, 200m	2007	07	2:32.69	
56.		, 50m	2009	09	43.63	
30.		, 100m	2007	07	1:24.84	
38.		, 50m	2010	10	36.13	
24.		, 100m	2010	10	1:23.03	
39.		, 50m	2009	09	32.99	
13.		, 1500m	2007	07	19:05.72	
55.		, 50m	2009	09	41.80	
19.		, 100m	2009	09	1:32.13	
41.		, 200m	2009	09	3:12.83	
27.		, 400m	2007	07	5:39.53	
14.		, 1500m	2008	08	21:14.31	
20.		, 100m	2009	09	1:35.49	
52.		, 200m	2007	07	3:02.11	
42.		, 200m	2009	09	3:22.16	
25.		, 100m	2008	08	1:11.53	
53.		, 200m	2007	07	2:22.01	
35.		, 400m	2007	07	4:59.69	
7.		, 50m	2006	06	37.05	
55.		, 50m	2009	09	42.88	
41.		, 200m	2009	09	3:14.90	
26.		, 100m	2008	08	1:08.95	
54.		, 200m	2008	08	2:28.85	
36.		, 400m	2008	08	5:14.36	
46.		, 400m	2010	10	5:52.63	
12.		, 800m	2007	07	10:41.85	
14.		, 1500m	2006	06	18:58.19	
32.		, 100m	2007	07	1:13.73	
48.		, 200m	2006	06	2:37.17	
25.		, 100m	2008	08	1:12.30	
13.		, 1500m	2008	08	20:52.11	
15.		, 50m	2009	09	40.24	
29.		, 100m	2006	06	1:22.98	
19.		, 100m	2009	09	1:33.10	



3.	, 50m	2008	08	38.46
21.	, 200m	2009	09	3:02.42
63.	, 400m	2009	09	6:31.44
49.	, 200m	2005	05	2:34.45
1.	, 50m	2008	08	32.89
33.	, 100m	2008	08	1:26.01
51.	, 200m	2005	05	2:55.10
6.	, 50m	2003	03	33.33
32.	, 100m	2003	03	1:13.03
.	" "			
28.	, 400m	2006	06	5:50.43
"	"			
2.	, 50m	2005	05	27.04
26.	, 100m	2005	05	59.26
/	" "			
48.	, 200m	2008	08	2:59.27
34.	, 100m	2008	08	1:18.06
4.	, 50m	2008	08	33.97
28.	, 400m	2006	06	6:00.05