

3.

2010													
1.	100	1:30.47	356	200	3:16.75	353	50	43.34	312			1021	3
2.	200	3:18.70	343	50	43.54	307	100	1:35.60	301	"	"	951	3
3.	100	1:33.56	322	200	3:23.75	318	50	44.73	283		22	923	3
4.	200	3:37.46	261	50	46.79	248	100	1:43.01	241		3	750	3
5.	100	1:40.44	260	200	3:42.72	243	50	50.73	194			697	3
6.	200	3:52.74	213	100	1:53.74	179	50	52.14	179			571	3
DSQ	100		200	200	4:01.25	191	50	51.54	185				3
2009													
1.	200	2:55.74	495	100	1:23.71	449	50	40.29	388			1332	3
2.	200	3:04.47	428	50	39.43	414	100	1:27.12	398			1240	3
3.	200	3:04.09	431	100	1:28.53	380	50	41.06	367	"	"	1178	3
4.	200	3:12.50	377	100	1:28.96	374	50	42.18	338		1	1089	3
5.	200	3:12.68	376	100	1:28.87	375	50	42.40	333	"	"	1084	3
6.	200	3:24.54	314	100	1:37.05	288	50	44.77	283			885	3
7.	50	45.38	271	200	3:35.42	269	100	1:41.19	254		3	794	3
2008													
1.	100	1:15.87	603	50	34.91	597	200	2:45.22	596			1796	3
2.	200	2:54.20	509	100	1:20.70	501	50	37.47	483			1493	3
3.	100	1:20.72	501	200	2:55.04	501	50	37.46	483			1485	3
4.	200	2:56.23	491	100	1:23.78	448	50	41.40	358			1297	3
5.	100	1:26.83	402	200	3:08.47	402	50	40.12	393			1197	3

6.	200	3:08.07	404	100	1:28.89	375	.	-	374			1153	3
7.	100	1:32.55	332	50	42.78	324	.	-	318			974	3
8.	200	3:21.80	327	100	1:35.98	298	.	-	282	"	"	907	3
9.	50	47.70	234	100	1:44.16	233	.	-	225			692	3
DSQ	100		472	50	38.29	452	.	-	447	"	"		3
DSQ	50	42.77	324	200		317	.	-	294				3
			2007										
1.	100	1:17.94	557	200	2:51.03	538	.	-	492	"	"	1587	3
2.	100	1:18.93	536	200	2:51.60	532	.	-	513			1581	3
3.	50	36.82	509	100	1:23.45	453	.	-	451		1	1413	3
4.	50	37.45	483	100	1:23.15	458	.	-	458			1399	3
5.	50	40.67	377	100	1:28.85	376	.	-	353	"World Class"		1106	3
6.	200	3:13.06	374	100	1:30.00	361	.	-	313			1048	3
7.	50	41.57	353	200	3:17.20	351	.	-	342		"	1046	3
8.	100	1:31.13	348	200	3:20.22	335	.	-	305			988	3
9.	50	43.69	304	100	1:35.65	301	.	-	287			892	3
DSQ	50	38.39	449	200		440	.	-	438		18		3