



49

, 400m

2007 - 2010

19.06.2021 - 11:19

III	9 +: 10:00.00 /	II	9 +: 8:49.00 /	I	9 +: 7:38.00 /
III	9 +: 6:27.00 /	II	9 +: 5:43.00 /	I	9 +: 5:02.00 /
12 +: 4:29.00					

: FINA 2020

/ R.T. FINA

2010

1.			2010 II	-	8	+1,04	5:11.79	II	436
	50m:	34.14	34.14	150m:	1:53.51	41.25	250m:	3:13.86	40.62
	100m:	1:12.26	38.12	200m:	2:33.24	39.73	300m:	3:53.79	39.93
								350m:	4:34.41
								400m:	5:11.79
									40.62
									37.38
2.			2010 II	-			5:25.65	II	382
	50m:	37.94	37.94	150m:	2:00.85	41.25	250m:	3:24.49	41.57
	100m:	1:19.60	41.66	200m:	2:42.92	42.07	300m:	4:06.71	42.22
								350m:	4:48.21
								400m:	5:25.65
									41.50
									37.44
3.			2010 II	-			5:35.77	II	349
	50m:	37.83	37.83	150m:	2:03.07	42.44	250m:	3:29.49	43.38
	100m:	1:20.63	42.80	200m:	2:46.11	43.04	300m:	4:12.63	43.14
								350m:	4:54.71
								400m:	5:35.77
									42.08
									41.06
4.			2010 II	-			5:46.90	III	316
	50m:	39.34	39.34	150m:	2:07.42	44.94	250m:	3:37.83	44.59
	100m:	1:22.48	43.14	200m:	2:53.24	45.82	300m:	4:21.67	43.84
								350m:	5:05.51
								400m:	5:46.90
									43.84
									41.39
5.			2010 III	-			5:49.99	III	308
	50m:	39.83	39.83	150m:	2:09.12	45.20	300m:	4:23.90	1:30.39
	100m:	1:23.92	44.09	200m:	2:53.51	44.39	350m:	5:09.36	45.46
								400m:	5:49.99
									40.63
6.			2010 I	-	"	"	6:14.86	III	250
	50m:	38.84	38.84	150m:	2:14.10	49.28	250m:	3:52.43	50.88
	100m:	1:24.82	45.98	200m:	3:01.55	47.45	300m:	4:42.83	50.40
								350m:	5:30.51
								400m:	6:14.86
									47.68
									44.35
7.			2010 III	-			6:23.74	III	233
	50m:	43.12	43.12	150m:	2:19.68	49.45	250m:	3:57.89	49.40
	100m:	1:30.23	47.11	200m:	3:08.49	48.81	300m:	4:47.66	49.77
								350m:	5:36.73
								400m:	6:23.74
									49.07
									47.01
8.			2010 III	-			6:23.93	III	233
	50m:	43.63	43.63	200m:	3:10.31	1:37.37	300m:	4:48.93	48.05
	100m:	1:32.94	49.31	250m:	4:00.88	50.57	350m:	5:37.41	48.48
								400m:	6:23.93
									46.52
9.			2010 I	-	"	"	6:31.43	I	220
	50m:	45.37	45.37	150m:	2:24.53	49.97	250m:	4:05.25	50.13
	100m:	1:34.56	49.19	200m:	3:15.12	50.59	300m:	4:55.78	50.53
								350m:	5:45.09
								400m:	6:31.43
									49.31
									46.34

2009

1.			2009 I	-	1	+0,76	4:52.04	I	530
	50m:	31.60	31.60	150m:	1:45.68	37.89	250m:	3:00.53	37.60
	100m:	1:07.79	36.19	200m:	2:22.93	37.25	300m:	3:38.00	37.47
								350m:	4:15.82
								400m:	4:52.04
									37.82
									36.22
2.			2009 I	-			5:17.17	II	414
	50m:	36.00	36.00	150m:	1:55.87	40.91	250m:	3:16.76	41.00
	100m:	1:14.96	38.96	200m:	2:35.76	39.89	300m:	3:56.65	39.89
								350m:	4:38.45
								400m:	5:17.17
									41.80
									38.72
3.			2009 II	-	"	+0,89	5:17.83	II	411
	50m:	36.86	36.86	150m:	1:58.22	41.27	250m:	3:20.25	41.33
	100m:	1:16.95	40.09	200m:	2:38.92	40.70	300m:	4:00.09	39.84
								350m:	4:39.95
								400m:	5:17.83
									39.86
									37.88
4.			2009 II	-	1		5:29.53	II	369
	50m:	36.91	36.91	150m:	2:00.07	41.72	250m:	3:24.82	42.38
	100m:	1:18.35	41.44	200m:	2:42.44	42.37	300m:	4:07.76	42.94
								350m:	4:48.91
								400m:	5:29.53
									41.15
									40.62
5.			2009 II	-	"	+0,90	5:30.40	II	366
	50m:	36.62	36.62	150m:	1:59.46	41.77	250m:	3:24.44	42.43
	100m:	1:17.69	41.07	200m:	2:42.01	42.55	300m:	4:07.75	43.31
								350m:	4:49.47
								400m:	5:30.40
									41.72
									40.93
6.			2009 II	-			5:38.70	II	340
	50m:	36.92	36.92	150m:	2:03.60	44.36	250m:	3:31.48	44.34
	100m:	1:19.24	42.32	200m:	2:47.14	43.54	300m:	4:14.38	42.90
								350m:	4:56.49
								400m:	5:38.70
									42.11
									42.21
7.			2009 III	-		+0,91	5:43.82	III	325
	50m:	39.19	39.19	150m:	2:05.75	44.63	250m:	3:33.63	44.79
	100m:	1:21.12	41.93	200m:	2:48.84	43.09	300m:	4:17.67	44.04
								350m:	5:02.11
								400m:	5:43.82
									44.44
									41.71

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								R.T.			FINA	
8.				2009 II	-			+0,80	5:47.75	III	314	
	50m:	39.75	39.75	150m:	2:09.06	45.40	250m:	3:38.51	46.18	350m:	5:07.77	44.38
	100m:	1:23.66	43.91	200m:	2:52.33	43.27	300m:	4:23.39	44.88	400m:	5:47.75	39.98
9.				2009 III	-			+0,93	5:49.96	III	308	
	50m:	36.79	36.79	150m:	2:02.91	44.14	250m:	3:33.04	45.16	350m:	5:05.30	46.26
	100m:	1:18.77	41.98	200m:	2:47.88	44.97	300m:	4:19.04	46.00	400m:	5:49.96	44.66
10.				2009 III	-			+0,91	5:56.51	III	291	
	50m:	39.76	39.76	150m:	2:10.98	46.57	250m:	3:43.18	46.84	350m:	5:13.78	45.28
	100m:	1:24.41	44.65	200m:	2:56.34	45.36	300m:	4:28.50	45.32	400m:	5:56.51	42.73

2008

1.				2008 I	-	"	-	+0,80	4:54.54	I	517	
	50m:	34.17	34.17	150m:	1:49.55	38.03	250m:	3:05.13	38.07	350m:	4:19.86	37.42
	100m:	1:11.52	37.35	200m:	2:27.06	37.51	300m:	3:42.44	37.31	400m:	4:54.54	34.68
2.				2008 I	-				5:01.85	I	480	
	50m:	33.86	33.86	150m:	1:50.42	38.53	250m:	3:08.28	38.89	350m:	4:25.55	38.56
	100m:	1:11.89	38.03	200m:	2:29.39	38.97	300m:	3:46.99	38.71	400m:	5:01.85	36.30
3.				2008 I	-			+0,88	5:03.22	II	474	
	50m:	33.38	33.38	150m:	1:48.93	38.77	250m:	3:07.47	40.00	350m:	4:25.66	39.35
	100m:	1:10.16	36.78	200m:	2:27.47	38.54	300m:	3:46.31	38.84	400m:	5:03.22	37.56
4.				2008 2	-			+0,90	5:05.93	II	461	
	50m:	34.31	34.31	150m:	1:51.55	38.99	250m:	3:09.57	39.14	350m:	4:28.24	39.28
	100m:	1:12.56	38.25	200m:	2:30.43	38.88	300m:	3:48.96	39.39	400m:	5:05.93	37.69
5.				2008 I	-				5:10.73	II	440	
	50m:	36.08	36.08	150m:	1:55.50	39.63	250m:	3:15.65	39.92	350m:	4:34.61	38.80
	100m:	1:15.87	39.79	200m:	2:35.73	40.23	300m:	3:55.81	40.16	400m:	5:10.73	36.12
6.				2008 I	-			+1,17	5:18.84	II	407	
	50m:	37.92	37.92	150m:	1:59.35	40.63	250m:	3:21.02	40.45	350m:	4:40.22	38.91
	100m:	1:18.72	40.80	200m:	2:40.57	41.22	300m:	4:01.31	40.29	400m:	5:18.84	38.62
7.				2008 2	-				5:21.09	II	399	
	50m:	35.93	35.93	150m:	1:56.46	41.16	250m:	3:19.02	41.61	350m:	4:41.24	41.48
	100m:	1:15.30	39.37	200m:	2:37.41	40.95	300m:	3:59.76	40.74	400m:	5:21.09	39.85
8.				2008 II	-	-	22	+0,93	5:23.96	II	388	
	50m:	37.99	37.99	150m:	2:00.77	41.96	250m:	3:24.31	41.22	350m:	4:46.98	41.27
	100m:	1:18.81	40.82	200m:	2:43.09	42.32	300m:	4:05.71	41.40	400m:	5:23.96	36.98
9.				2008 II	-				5:24.97	II	385	
	50m:	36.00	36.00	150m:	1:57.88	41.03	250m:	3:21.20	41.36	350m:	4:44.46	40.67
	100m:	1:16.85	40.85	200m:	2:39.84	41.96	300m:	4:03.79	42.59	400m:	5:24.97	40.51
10.				2008 II	-			+0,97	5:27.74	II	375	
	50m:	38.08	38.08	150m:	2:01.12	42.07	250m:	3:25.23	42.24	350m:	4:48.22	41.32
	100m:	1:19.05	40.97	200m:	2:42.99	41.87	300m:	4:06.90	41.67	400m:	5:27.74	39.52
11.				2008 II	-			+1,50	5:31.11	II	364	
	50m:	37.17	37.17	150m:	2:00.92	42.58	250m:	3:25.91	42.33	350m:	4:51.20	42.76
	100m:	1:18.34	41.17	200m:	2:43.58	42.66	300m:	4:08.44	42.53	400m:	5:31.11	39.91
12.				2008 II	-	"	"	+1,20	5:32.93	II	358	
	50m:	39.19	39.19	150m:	2:03.77	42.75	250m:	3:28.91	42.33	350m:	4:53.00	41.89
	100m:	1:21.02	41.83	200m:	2:46.58	42.81	300m:	4:11.11	42.20	400m:	5:32.93	39.93
13.				2008 III	-				5:50.70	III	306	
	50m:	38.15	38.15	150m:	2:06.76	44.73	250m:	3:37.72	45.20	350m:	5:07.26	44.64
	100m:	1:22.03	43.88	200m:	2:52.52	45.76	300m:	4:22.62	44.90	400m:	5:50.70	43.44



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2007

1.				2007	I	.	-			4:55.56	I	512
	50m:	32.59	32.59	150m:	1:46.93	37.19	250m:	3:02.69	37.50	350m:	4:18.80	37.91
	100m:	1:09.74	37.15	200m:	2:25.19	38.26	300m:	3:40.89	38.20	400m:	4:55.56	36.76
2.				2007	I	.	-			5:13.58	II	428
	50m:	36.12	36.12	150m:	1:55.38	39.62	250m:	3:15.61	40.03	350m:	4:35.04	39.35
	100m:	1:15.76	39.64	200m:	2:35.58	40.20	300m:	3:55.69	40.08	400m:	5:13.58	38.54
3.				2007	I	.	-	"	"	5:19.56	II	405
	50m:	32.94	32.94	150m:	1:53.84	41.89	250m:	3:18.11	42.28	350m:	4:40.85	40.32
	100m:	1:11.95	39.01	200m:	2:35.83	41.99	300m:	4:00.53	42.42	400m:	5:19.56	38.71
4.				2007	II	.	-		+0,93	5:43.79	III	325
	50m:	37.21	37.21	150m:	2:01.70	42.37	250m:	3:30.82	45.88	350m:	5:01.15	44.31
	100m:	1:19.33	42.12	200m:	2:44.94	43.24	300m:	4:16.84	46.02	400m:	5:43.79	42.64
DSQ				2007	II	.	-	"	-	"	II	
DNS				2007	II	.	-	"	-	"	II	