



62

, 800m

2007 - 2012

20.06.2021 - 9:00

III	9 +: 21:16.00 /	II	9 +: 18:46.00 /	I	9 +: 16:16.00 /
III	9 +: 13:31.00 /	II	9 +: 11:58.00 /	I	9 +: 10:27.00 /
	12 +: 9:12.00				10 +: 9:46.00 /

: FINA 2020

2012

			/			R.T.			FINA		
1.			2012 II	-	"	"	11:18.13	II	365		
	50m:	38.48 38.48	250m:	3:27.83 41.60	450m:	6:19.18 42.67	650m:	9:11.03 42.25			
	100m:	1:20.63 42.15	300m:	4:10.70 42.87	500m:	7:01.99 42.81	700m:	9:55.08 44.05			
	150m:	2:02.74 42.11	350m:	4:52.88 42.18	550m:	7:44.67 42.68	750m:	10:36.37 41.29			
	200m:	2:46.23 43.49	400m:	5:36.51 43.63	600m:	8:28.78 44.11	800m:	11:18.13 41.76			
2.			2012 III	-	"	"	11:44.53	II	325		
	50m:	40.35 40.35	250m:	3:37.53 45.02	450m:	6:37.26 44.60	650m:	9:35.06 44.82			
	100m:	1:24.76 44.41	300m:	4:22.68 45.15	500m:	7:20.91 43.65	700m:	10:19.11 44.05			
	150m:	2:08.64 43.88	350m:	5:07.65 44.97	550m:	8:05.81 44.90	750m:	11:02.95 43.84			
	200m:	2:52.51 43.87	400m:	5:52.66 45.01	600m:	8:50.24 44.43	800m:	11:44.53 41.58			
3.			2012 III	-	"	"	11:47.11	II	322		
	50m:	40.03 40.03	250m:	3:38.18 45.24	450m:	6:37.75 44.22	650m:	9:37.42 45.42			
	100m:	1:23.83 43.80	300m:	4:23.18 45.00	500m:	7:21.50 43.75	700m:	10:21.52 44.10			
	150m:	2:08.95 45.12	350m:	5:09.56 46.38	550m:	8:07.51 46.01	750m:	11:04.84 43.32			
	200m:	2:52.94 43.99	400m:	5:53.53 43.97	600m:	8:52.00 44.49	800m:	11:47.11 42.27			
4.			2012 III	-	"	"	+0,83 12:13.39	III	288		
	50m:	38.89 38.89	250m:	3:44.83 47.09	450m:	6:51.15 46.18	650m:	9:57.13 45.46			
	100m:	1:24.74 45.85	300m:	4:31.06 46.23	500m:	7:37.80 46.65	700m:	10:44.37 47.24			
	150m:	2:10.90 46.16	350m:	5:18.32 47.26	550m:	8:24.15 46.35	750m:	11:28.47 44.10			
	200m:	2:57.74 46.84	400m:	6:04.97 46.65	600m:	9:11.67 47.52	800m:	12:13.39 44.92			
5.			2012 I	-	"	"	12:40.00	III	259		
	50m:	39.54 39.54	250m:	3:52.06 48.54	450m:	7:05.13 47.08	650m:	10:16.63 48.11			
	100m:	1:27.81 48.27	300m:	4:40.96 48.90	500m:	7:54.73 49.60	700m:	11:05.70 49.07			
	150m:	2:15.21 47.40	350m:	5:29.51 48.55	550m:	8:43.44 48.71	750m:	11:53.27 47.57			
	200m:	3:03.52 48.31	400m:	6:18.05 48.54	600m:	9:28.52 45.08	800m:	12:40.00 46.73			
6.			2012 III	-	"	"	+0,80 12:43.20	III	256		
	50m:	39.01 39.01	250m:	3:49.55 48.06	450m:	7:07.08 50.90	650m:	10:24.58 48.62			
	100m:	1:24.91 45.90	300m:	4:38.31 48.76	500m:	7:56.84 49.76	700m:	11:11.68 47.10			
	150m:	2:12.67 47.76	350m:	5:29.25 50.94	550m:	8:44.93 48.09	750m:	11:54.35 42.67			
	200m:	3:01.49 48.82	400m:	6:16.18 46.93	600m:	9:35.96 51.03	800m:	12:43.20 48.85			
7.			2012 III	()	"	12:54.00	III	245		
	50m:	45.08 45.08	250m:	4:02.30 49.63	450m:	7:19.18 49.88	650m:	10:35.05 49.17			
	100m:	1:34.03 48.95	300m:	4:50.76 48.46	500m:	8:07.66 48.48	700m:	11:22.56 47.51			
	150m:	2:23.93 49.90	350m:	5:40.56 49.80	550m:	8:57.86 50.20	750m:	12:08.84 46.28			
	200m:	3:12.67 48.74	400m:	6:29.30 48.74	600m:	9:45.88 48.02	800m:	12:54.00 45.16			
8.			2012 III	-	"	"	+0,76 13:25.92	III	217		
	50m:	43.80 43.80	250m:	4:14.05 54.31	450m:	7:43.92 51.54	650m:	11:07.36 50.31			
	100m:	1:35.28 51.48	300m:	5:06.93 52.88	500m:	8:35.35 51.43	700m:	11:54.62 47.26			
	150m:	2:28.21 52.93	350m:	6:00.90 53.97	550m:	9:25.64 50.29	750m:	12:42.04 47.42			
	200m:	3:19.74 51.53	400m:	6:52.38 51.48	600m:	10:17.05 51.41	800m:	13:25.92 43.88			

2011

1.			2011 II	-	"	"	+0,82 11:44.80	II	325		
	50m:	36.20 36.20	250m:	3:29.78 44.16	450m:	6:30.75 44.54	650m:	9:32.98 43.53			
	100m:	1:18.57 42.37	300m:	4:15.93 46.15	500m:	7:16.91 46.16	700m:	10:18.04 45.06			
	150m:	2:01.73 43.16	350m:	5:00.49 44.56	550m:	8:01.92 45.01	750m:	11:01.50 43.46			
	200m:	2:45.62 43.89	400m:	5:46.21 45.72	600m:	8:49.45 47.53	800m:	11:44.80 43.30			
2.			2011 I	-	"	"	11:55.01	II	311		
	50m:	38.38 38.38	250m:	3:37.96 45.72	450m:	6:42.45 45.45	650m:	9:46.51 45.49			
	100m:	1:21.78 43.40	300m:	4:24.36 46.40	500m:	7:30.01 47.56	700m:	10:32.22 45.71			
	150m:	2:06.39 44.61	350m:	5:10.45 46.09	550m:	8:14.96 44.95	750m:	11:14.18 41.96			
	200m:	2:52.24 45.85	400m:	5:57.00 46.55	600m:	9:01.02 46.06	800m:	11:55.01 40.83			

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, 800m

2011

R.T.

FINA

3.			2011	III	.	-			13:07.60	III	233	
	50m:	42.80	250m:	4:02.78		50.37	450m:	7:23.67	50.29	650m:	10:43.46	49.61
	100m:	1:31.45	300m:	4:52.78		50.00	500m:	8:14.21	50.54	700m:	11:32.53	49.07
	150m:	2:22.59	350m:	5:42.04		49.26	550m:	9:03.73	49.52	750m:	12:21.12	48.59
	200m:	3:12.41	400m:	6:33.38		51.34	600m:	9:53.85	50.12	800m:	13:07.60	46.48
4.			2011	III	.	-	1		13:13.51	III	228	
	50m:	44.11	250m:	3:59.88		51.61	450m:	7:23.05	53.39	650m:	10:47.32	53.78
	100m:	1:28.92	300m:	4:48.54		48.66	500m:	8:12.24	49.19	700m:	11:36.39	49.07
	150m:	2:20.11	350m:	5:41.15		52.61	550m:	9:05.53	53.29	750m:	12:28.09	51.70
	200m:	3:08.27	400m:	6:29.66		48.51	600m:	9:53.54	48.01	800m:	13:13.51	45.42
5.			2011	I	.	-	"	"	13:49.92	I	199	
	50m:	43.90	250m:	4:18.04		54.22	450m:	7:48.97	51.81	650m:	11:17.84	52.02
	100m:	1:36.84	300m:	5:10.83		52.79	500m:	8:42.92	53.95	700m:	12:09.40	51.56
	150m:	2:28.82	350m:	6:06.01		55.18	550m:	9:32.52	49.60	750m:	13:00.24	50.84
	200m:	3:23.82	400m:	6:57.16		51.15	600m:	10:25.82	53.30	800m:	13:49.92	49.68
2010												
1.			2010	II	.	-	"	"	10:40.08	II	434	
	50m:	34.65	250m:	3:16.22		40.12	450m:	5:58.78	40.28	650m:	8:41.22	40.25
	100m:	1:14.65	300m:	3:57.10		40.88	500m:	6:39.62	40.84	700m:	9:21.92	40.70
	150m:	1:54.32	350m:	4:37.35		40.25	550m:	7:19.69	40.07	750m:	10:01.67	39.75
	200m:	2:36.10	400m:	5:18.50		41.15	600m:	8:00.97	41.28	800m:	10:40.08	38.41
2.			2010	III	.	()		10:58.69	II	398	
	50m:	36.00	250m:	3:21.33		41.15	450m:	6:10.44	42.16	650m:	8:56.94	40.65
	100m:	1:16.99	300m:	4:04.71		43.38	500m:	6:52.21	41.77	700m:	9:38.50	41.56
	150m:	1:57.91	350m:	4:46.12		41.41	550m:	7:33.76	41.55	750m:	10:18.86	40.36
	200m:	2:40.18	400m:	5:28.28		42.16	600m:	8:16.29	42.53	800m:	10:58.69	39.83
3.			2010	III	.	-	"	"	+1,01	11:44.25	II	326
	50m:	39.59	250m:	3:38.33		45.85	450m:	6:38.65	44.64	650m:	9:36.17	44.63
	100m:	1:23.01	300m:	4:23.46		45.13	500m:	7:22.87	44.22	700m:	10:19.87	43.70
	150m:	2:07.68	350m:	5:09.08		45.62	550m:	8:07.68	44.81	750m:	11:02.82	42.95
	200m:	2:52.48	400m:	5:54.01		44.93	600m:	8:51.54	43.86	800m:	11:44.25	41.43
4.			2010	II	.	-	"	"	+0,89	11:52.14	II	315
	50m:	35.70	250m:	3:35.35		45.81	450m:	6:39.84	45.81	650m:	9:43.49	45.37
	100m:	1:18.49	300m:	4:20.86		45.51	500m:	7:26.38	46.54	700m:	10:28.39	44.90
	150m:	2:02.77	350m:	5:07.53		46.67	550m:	8:12.05	45.67	750m:	11:11.35	42.96
	200m:	2:49.54	400m:	5:54.03		46.50	600m:	8:58.12	46.07	800m:	11:52.14	40.79
5.			2010	II	.	-	"	"		12:00.99	III	303
	50m:	36.55	250m:	3:37.95		45.66	450m:	6:41.88	45.85	650m:	9:48.28	46.06
	100m:	1:21.35	300m:	4:23.92		45.97	500m:	7:29.03	47.15	700m:	10:34.27	45.99
	150m:	2:06.34	350m:	5:09.12		45.20	550m:	8:14.82	45.79	750m:	11:18.02	43.75
	200m:	2:52.29	400m:	5:56.03		46.91	600m:	9:02.22	47.40	800m:	12:00.99	42.97
6.			2010	III	.	-				12:27.09	III	273
	50m:	39.86	250m:	3:48.13		46.78	450m:	6:58.96	47.98	650m:	10:09.05	48.23
	100m:	1:25.79	300m:	4:35.58		47.45	500m:	7:46.72	47.76	700m:	10:58.05	49.00
	150m:	2:13.90	350m:	5:23.38		47.80	550m:	8:34.14	47.42	750m:	11:43.73	45.68
	200m:	3:01.35	400m:	6:10.98		47.60	600m:	9:20.82	46.68	800m:	12:27.09	43.36
7.			2010	III	.	-				12:58.12	III	241
	50m:	44.05	250m:	4:00.91		51.74	550m:	8:56.10	49.95	750m:	12:10.90	47.56
	100m:	1:31.86	350m:	5:37.99	1:37.08		600m:	9:45.72	49.62	800m:	12:58.12	47.22
	150m:	2:21.08	400m:	6:27.06		49.07	650m:	10:34.92	49.20			
	200m:	3:09.17	450m:	8:06.15	1:39.09		700m:	11:23.34	48.42			
8.			2010	III	.	-				13:01.79	III	238
	50m:	40.16	250m:	3:53.70		49.44	450m:	7:14.77	50.96	650m:	10:36.69	49.34
	100m:	1:26.29	300m:	4:43.93		50.23	500m:	8:06.34	51.57	700m:	11:25.67	48.98
	150m:	2:14.31	350m:	5:33.82		49.89	550m:	8:55.46	49.12	750m:	12:14.39	48.72
	200m:	3:04.26	400m:	6:23.81		49.99	600m:	9:47.35	51.89	800m:	13:01.79	47.40
9.			2010	III	.	-	"	"		13:03.68	III	236
	50m:	43.00	250m:	4:01.91		51.24	450m:	7:23.96	50.77	650m:	10:41.26	49.94
	100m:	1:31.38	300m:	4:51.76		49.85	500m:	8:13.16	49.20	700m:	11:30.23	48.97
	150m:	2:21.19	350m:	5:43.10		51.34	550m:	9:03.38	50.22	750m:	12:17.87	47.64
	200m:	3:10.67	400m:	6:33.19		50.09	600m:	9:51.32	47.94	800m:	13:03.68	45.81



62, , 800m , 2009

								R.T.			FINA	
10.				2009	III	-			12:09.55	III	293	
	50m:	39.67	39.67	250m:	3:41.28	45.82	450m:	6:48.54	46.26	650m:	9:57.20	46.71
	100m:	1:24.08	44.41	300m:	4:28.29	47.01	500m:	7:36.85	48.31	700m:	10:43.76	46.56
	150m:	2:09.53	45.45	350m:	5:14.80	46.51	550m:	8:23.34	46.49	750m:	11:28.43	44.67
	200m:	2:55.46	45.93	400m:	6:02.28	47.48	600m:	9:10.49	47.15	800m:	12:09.55	41.12
11.				2009	I	-			+0,85 14:07.14	I	187	
	50m:	43.08	43.08	250m:	4:10.93	53.52	500m:	8:44.36	54.59	700m:	12:24.73	54.33
	100m:	1:33.36	50.28	300m:	5:05.08	54.15	550m:	9:38.98	54.62	750m:	13:16.17	51.44
	150m:	2:25.29	51.93	350m:	5:59.57	54.49	600m:	10:34.92	55.94	800m:	14:07.14	50.97
	200m:	3:17.41	52.12	450m:	7:49.77	1:50.20	650m:	11:30.40	55.48			

2008

1.				2008	I	-			+0,92 10:36.72	II	441	
	50m:	35.28	35.28	250m:	3:14.48	40.20	450m:	5:56.51	39.91	650m:	8:38.57	40.22
	100m:	1:14.27	38.99	300m:	3:55.36	40.88	500m:	6:37.57	41.06	700m:	9:19.24	40.67
	150m:	1:53.61	39.34	350m:	4:35.89	40.53	550m:	7:17.41	39.84	750m:	9:57.93	38.69
	200m:	2:34.28	40.67	400m:	5:16.60	40.71	600m:	7:58.35	40.94	800m:	10:36.72	38.79
2.				2008	I	-			10:44.47	II	425	
	50m:	35.02	35.02	250m:	3:16.21	41.16	450m:	6:00.27	41.07	650m:	8:45.23	41.40
	100m:	1:14.06	39.04	300m:	3:56.57	40.36	500m:	6:41.00	40.73	700m:	9:26.23	41.00
	150m:	1:54.95	40.89	350m:	4:38.12	41.55	550m:	7:22.76	41.76	750m:	10:06.42	40.19
	200m:	2:35.05	40.10	400m:	5:19.20	41.08	600m:	8:03.83	41.07	800m:	10:44.47	38.05
3.				2008	I	-			10:51.22	II	412	
	50m:	34.71	34.71	250m:	3:16.20	40.44	450m:	6:03.65	40.61	650m:	8:50.96	40.66
	100m:	1:14.59	39.88	300m:	3:58.76	42.56	500m:	6:46.57	42.92	700m:	9:33.59	42.63
	150m:	1:53.95	39.36	350m:	4:40.34	41.58	550m:	7:28.02	41.45	750m:	10:13.52	39.93
	200m:	2:35.76	41.81	400m:	5:23.04	42.70	600m:	8:10.30	42.28	800m:	10:51.22	37.70
4.				2008	II	-			10:56.07	II	403	
	50m:	36.44	36.44	250m:	3:20.75	41.51	450m:	6:07.94	42.24	650m:	8:54.49	42.10
	100m:	1:16.66	40.22	300m:	4:02.19	41.44	500m:	6:49.02	41.08	700m:	9:35.58	41.09
	150m:	1:58.06	41.40	350m:	4:44.41	42.22	550m:	7:31.05	42.03	750m:	10:16.51	40.93
	200m:	2:39.24	41.18	400m:	5:25.70	41.29	600m:	8:12.39	41.34	800m:	10:56.07	39.56
5.				2008	II	-			11:16.37	II	368	
	50m:	37.92	37.92	250m:	3:27.07	42.69	450m:	6:20.34	43.04	650m:	9:11.91	42.48
	100m:	1:19.60	41.68	300m:	4:10.37	43.30	500m:	7:03.91	43.57	700m:	9:54.54	42.63
	150m:	2:01.90	42.30	350m:	4:53.10	42.73	550m:	7:46.08	42.17	750m:	10:35.79	41.25
	200m:	2:44.38	42.48	400m:	5:37.30	44.20	600m:	8:29.43	43.35	800m:	11:16.37	40.58
6.				2008	II	-			11:17.27	II	366	
	50m:	36.08	36.08	250m:	3:23.40	42.09	450m:	6:16.28	43.23	650m:	9:09.27	42.73
	100m:	1:16.92	40.84	300m:	4:06.67	43.27	500m:	6:59.94	43.66	700m:	9:52.98	43.71
	150m:	1:58.84	41.92	350m:	4:49.70	43.03	550m:	7:42.65	42.71	750m:	10:35.44	42.46
	200m:	2:41.31	42.47	400m:	5:33.05	43.35	600m:	8:26.54	43.89	800m:	11:17.27	41.83
7.				2008	II	-			11:33.07	II	342	
	50m:	37.38	37.38	250m:	3:29.52	43.68	450m:	6:26.16	45.34	650m:	9:23.32	43.25
	100m:	1:18.99	41.61	300m:	4:13.47	43.95	500m:	7:10.00	43.84	700m:	10:07.94	44.62
	150m:	2:02.63	43.64	350m:	4:57.54	44.07	550m:	7:54.88	44.88	750m:	10:51.05	43.11
	200m:	2:45.84	43.21	400m:	5:40.82	43.28	600m:	8:40.07	45.19	800m:	11:33.07	42.02

DNS

2008 II - " "

2007

1.				2007	I	-			+0,85 10:11.46	I	498	
	50m:	33.87	33.87	250m:	3:08.25	38.93	450m:	5:44.36	38.95	650m:	8:20.03	38.47
	100m:	1:11.63	37.76	300m:	3:47.50	39.25	500m:	6:23.65	39.29	700m:	8:58.29	38.26
	150m:	1:50.19	38.56	350m:	4:26.19	38.69	550m:	7:02.32	38.67	750m:	9:36.03	37.74
	200m:	2:29.32	39.13	400m:	5:05.41	39.22	600m:	7:41.56	39.24	800m:	10:11.46	35.43
2.				2007	II	-	-	22	+0,79 10:12.53	I	495	
	50m:	33.30	33.30	250m:	3:01.94	38.35	450m:	5:37.48	39.25	650m:	8:15.83	39.88
	100m:	1:08.76	35.46	300m:	3:40.23	38.29	500m:	6:16.44	38.96	700m:	8:55.43	39.60
	150m:	1:46.11	37.35	350m:	4:19.17	38.94	550m:	6:56.66	40.22	750m:	9:34.60	39.17
	200m:	2:23.59	37.48	400m:	4:58.23	39.06	600m:	7:35.95	39.29	800m:	10:12.53	37.93



62,

, 800m

2007

3.

			/			R.T.			FINA		
			2007 I			10:34.07 II			446		
50m:	36.57	36.57	250m:	3:15.59	40.13	450m:	5:54.91	40.19	650m:	8:35.52	40.85
100m:	1:14.99	38.42	300m:	3:54.23	38.64	500m:	6:34.33	39.42	700m:	9:14.84	39.32
150m:	1:56.26	41.27	350m:	4:34.99	40.76	550m:	7:15.21	40.88	750m:	9:55.07	40.23
200m:	2:35.46	39.20	400m:	5:14.72	39.73	600m:	7:54.67	39.46	800m:	10:34.07	39.00