

: FINA 2021

2012											
1.				2012	.	-	"	"	2:49.29	413	2
	50m:	38.90	38.90	100m:	1:22.43	43.53	150m:	2:12.61	50.18	200m:	2:49.29 36.68
2.				2012	.	-	()		2:54.21	379	2
	50m:	37.72	37.72	100m:	1:21.92	44.20	150m:	2:13.62	51.70	200m:	2:54.21 40.59
3.				2012	.	-	"	"	3:03.57	324	3
	50m:	39.12	39.12	100m:	1:25.79	46.67	150m:	2:22.78	56.99	200m:	3:03.57 40.79
4.				2012	.	-	"	"	3:06.90	307	3
	50m:	41.55	41.55	100m:	1:32.02	50.47	150m:	2:26.92	54.90	200m:	3:06.90 39.98
5.				2012	.	-	"	"	3:16.57	264	3
	50m:	44.09	44.09	100m:	1:36.78	52.69	150m:	2:34.06	57.28	200m:	3:16.57 42.51
6.				2012	.	-	"	"	3:18.45	256	3
	50m:	48.50	48.50	100m:	1:39.50	51.00	150m:	2:33.49	53.99	200m:	3:18.45 44.96
7.				2013	.	-	"	"	3:18.91	254	
	50m:	44.57	44.57	100m:	1:34.33	49.76	150m:	2:31.40	57.07	200m:	3:18.91 47.51
8.				2013	.	-	"	"	3:19.82	251	
	50m:	47.13	47.13	100m:	1:33.95	46.82	150m:	2:35.32	1:01.37	200m:	3:19.82 44.50
9.				2013	.	-	"	"	3:23.09	239	
	50m:	49.85	49.85	100m:	1:39.48	49.63	150m:	2:42.06	1:02.58	200m:	3:23.09 41.03
10.				2012	.	-			3:23.81	236	3
	50m:	45.00	45.00	100m:	1:36.47	51.47	150m:	2:36.21	59.74	200m:	3:23.81 47.60
11.				2012	.	-	"	"	3:23.94	236	3
	50m:	47.90	47.90	100m:	1:40.28	52.38	150m:	2:40.42	1:00.14	200m:	3:23.94 43.52
12.				2013	.	-	1		3:26.60	227	
	50m:	46.36	46.36	100m:	1:38.09	51.73	150m:	2:39.81	1:01.72	200m:	3:26.60 46.79
13.				2012	.	-	()		3:27.65	224	3
	50m:	44.56	44.56	100m:	1:35.31	50.75	150m:	2:35.56	1:00.25	200m:	3:27.65 52.09
14.				2012	.	-			3:35.01	201	1
	50m:	51.94	51.94	100m:	1:42.93	50.99	150m:	2:45.39	1:02.46	200m:	3:35.01 49.62
15.				2013	.	-	"	"	3:38.74	191	
	50m:	50.87	50.87	100m:	1:46.20	55.33	150m:	2:49.40	1:03.20	200m:	3:38.74 49.34
16.				2012	.	-			3:38.98	191	1
	50m:	51.74	51.74	100m:	1:46.99	55.25	150m:	2:49.21	1:02.22	200m:	3:38.98 49.77
17.				2012	.	-	"	"	3:45.37	175	1
	50m:	49.03	49.03	100m:	1:43.90	54.87	150m:	2:54.59	1:10.69	200m:	3:45.37 50.78
18.				2013	.	-	"	"	3:56.50	151	
	50m:	56.97	56.97	100m:	1:56.83	59.86	150m:	3:04.42	1:07.59	200m:	3:56.50 52.08
19.				2012	.	-	"	"	3:57.54	149	1
	50m:	52.98	52.98	100m:	1:46.99	54.01	150m:	2:55.77	1:08.78	200m:	3:57.54 1:01.77
20.				2013	.	-	"	"	3:59.84	145	
	50m:	53.43	53.43	100m:	1:52.90	59.47	150m:	3:02.67	1:09.77	200m:	3:59.84 57.17

13, , 200m , 2012

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21.			2013	.	-	"	"	4:08.63	130			
	50m:	54.91	54.91	100m:	1:57.01	1:02.10	150m:	3:12.79	1:15.78	200m:	4:08.63	55.84
22.			2013	.	-	"	"	4:10.36	127			
	50m:	1:07.23	1:07.23	100m:	2:10.48	1:03.25	150m:	3:15.33	1:04.85	200m:	4:10.36	55.03
DSQ			2013	.	-	"	"					

2011

1.			2011	.	-	"	"	2:56.95	362	2		
	50m:	37.37	37.37	100m:	1:23.88	46.51	150m:	2:16.81	52.93	200m:	2:56.95	40.14
2.			2011	.	-	"	"	2:59.03	349	2		
	50m:	38.55	38.55	100m:	1:27.89	49.34	150m:	2:19.42	51.53	200m:	2:59.03	39.61
3.			2011	.	-			3:07.72	303	3		
	50m:	43.39	43.39	100m:	1:30.21	46.82	150m:	2:23.78	53.57	200m:	3:07.72	43.94
4.			2011	.	-			3:12.66	280	3		
	50m:	41.36	41.36	100m:	1:31.66	50.30	150m:	2:29.93	58.27	200m:	3:12.66	42.73
5.			2011	.	-	1		3:14.67	271	3		
	50m:	41.39	41.39	100m:	1:32.06	50.67	150m:	2:28.36	56.30	200m:	3:14.67	46.31
6.			2011	.	-	()		3:15.23	269	3		
	50m:	42.76	42.76	100m:	1:33.29	50.53	150m:	2:30.72	57.43	200m:	3:15.23	44.51
7.			2011	.	-	"	"	3:17.04	262	3		
	50m:	38.09	38.09	100m:	1:29.51	51.42	150m:	2:32.34	1:02.83	200m:	3:17.04	44.70
8.			2011	.	-	"	"	3:28.44	221	3		
	50m:	51.25	51.25	100m:	1:43.84	52.59	150m:	2:42.24	58.40	200m:	3:28.44	46.20
9.			2011	.	-	()		3:28.94	219	3		
	50m:	53.81	53.81	100m:	1:44.61	50.80	150m:	2:42.73	58.12	200m:	3:28.94	46.21
10.			2011	.	-	1		3:37.32	195	1		
	50m:	48.38	48.38	100m:	1:43.90	55.52	150m:	2:45.68	1:01.78	200m:	3:37.32	51.64
11.			2011	.	-	3		3:37.75	194	1		
	50m:	43.73	43.73	100m:	1:41.21	57.48	150m:	2:44.42	1:03.21	200m:	3:37.75	53.33
DSQ			2011	.	-	8		3:18.83		3		
	50m:	42.09	42.09	100m:	1:32.03	49.94	150m:	2:33.24	1:01.21	200m:	3:18.83	45.59
DSQ			2011	.	-	"	"	3:27.69		3		
	50m:	49.50	49.50	100m:	1:44.97	55.47	150m:	2:42.02	57.05	200m:	3:27.69	45.67
DSQ			2011	.	-	12		3:37.84		1		
	50m:	47.65	47.65	100m:	1:39.33	51.68	150m:	2:47.39	1:08.06	200m:	3:37.84	50.45

2010

1.			2010	.	-	1		2:40.88	481	1		
	50m:	33.11	33.11	100m:	1:13.84	40.73	150m:	2:03.59	49.75	200m:	2:40.88	37.29
2.			2010	.	-	"	"	2:43.05	462	2		
	50m:	35.54	35.54	100m:	1:17.19	41.65	150m:	2:04.33	47.14	200m:	2:43.05	38.72
3.			2010	.	-	1		2:45.50	442	2		
	50m:	35.03	35.03	100m:	1:16.75	41.72	150m:	2:07.13	50.38	200m:	2:45.50	38.37

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4.				2010	.	-	"	"	2:51.36 398 2
50m:	36.32	36.32	100m:	1:22.64	46.32	150m:	2:12.35	49.71	200m: 2:51.36 39.01
5.				2010	.	-			2:53.22 385 2
50m:	38.20	38.20	100m:	1:24.52	46.32	150m:	2:14.01	49.49	200m: 2:53.22 39.21
6.				2010	.	-			2:55.13 373 2
50m:	38.42	38.42	100m:	1:22.51	44.09	150m:	2:13.43	50.92	200m: 2:55.13 41.70
7.				2010	.	.	.	-	2:55.87 368 2
50m:	40.77	40.77	100m:	1:24.39	43.62	150m:	2:15.38	50.99	200m: 2:55.87 40.49
8.				2010	.	-	"	"	3:02.75 328 2
50m:	41.71	41.71	100m:	1:26.80	45.09	150m:	2:22.32	55.52	200m: 3:02.75 40.43
9.				2010	.	-	1		3:02.95 327 2
50m:	41.65	41.65	100m:	1:26.40	44.75	150m:	2:22.09	55.69	200m: 3:02.95 40.86
10.				2010	.	-	"	"	3:06.34 310 3
50m:	41.56	41.56	100m:	1:28.84	47.28	150m:	2:24.61	55.77	200m: 3:06.34 41.73
11.				2010	.	-			3:07.09 306 3
50m:	44.22	44.22	100m:	1:30.02	45.80	150m:	2:24.28	54.26	200m: 3:07.09 42.81
12.				2010	.	-	"	"	3:07.28 305 3
50m:	40.87	40.87	100m:	1:30.18	49.31	150m:	2:26.02	55.84	200m: 3:07.28 41.26
13.				2010	.	-	3		3:07.37 304 3
50m:	39.69	39.69	100m:	1:26.31	46.62	150m:	2:24.72	58.41	200m: 3:07.37 42.65
14.				2010	.	-			3:07.73 303 3
50m:	41.94	41.94	100m:	1:27.60	45.66	150m:	2:26.03	58.43	200m: 3:07.73 41.70
15.				2010	.	-	1		3:07.94 302 3
50m:	40.64	40.64	100m:	1:26.71	46.07	150m:	2:22.52	55.81	200m: 3:07.94 45.42
16.				2010	.	.	.	-	3:10.24 291 3
50m:	42.31	42.31	100m:	1:35.89	53.58	150m:	2:25.01	49.12	200m: 3:10.24 45.23
17.				2010	.	-	"	"	3:10.51 290 3
50m:	42.51	42.51	100m:	1:31.41	48.90	150m:	2:28.70	57.29	200m: 3:10.51 41.81
18.				2010	.	-	"	"	3:11.77 284 3
50m:	42.60	42.60	100m:	1:30.05	47.45	150m:	2:30.24	1:00.19	200m: 3:11.77 41.53
19.				2010	.	-	-	4	3:22.46 241 3
50m:	46.63	46.63	100m:	1:35.62	48.99	150m:	2:33.62	58.00	200m: 3:22.46 48.84
20.				2010	.	-	"	"	3:27.57 224 3
50m:	45.34	45.34	100m:	1:38.95	53.61	150m:	2:41.20	1:02.25	200m: 3:27.57 46.37
21.				2010	.	.	.	-	3:39.38 190 1
50m:	47.19	47.19	100m:	1:44.63	57.44	150m:	2:49.82	1:05.19	200m: 3:39.38 49.56
22.				2010	.	-	()		3:56.92 150 1
50m:	55.22	55.22	100m:	1:55.69	1:00.47	150m:	3:04.66	1:08.97	200m: 3:56.92 52.26
DSQ				2010	.	-	()		3:11.53 3
50m:	40.14	40.14	100m:	1:33.60	53.46	150m:	2:27.51	53.91	200m: 3:11.53 44.02

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2009

1.			2009	.	-	"	-	"	2:33.22	557		
	50m:	32.50	32.50	100m:	1:12.38	39.88	150m:	1:59.09	46.71	200m:	2:33.22	34.13
2.			2009	.	-	"	"		2:36.77	520	1	
	50m:	33.29	33.29	100m:	1:14.39	41.10	150m:	2:00.06	45.67	200m:	2:36.77	36.71
3.			2009	.	-	"	"		2:43.20	461	2	
	50m:	35.94	35.94	100m:	1:17.98	42.04	150m:	2:05.99	48.01	200m:	2:43.20	37.21
4.			2009	.	-	()			2:44.70	449	2	
	50m:	34.56	34.56	100m:	1:16.55	41.99	150m:	2:03.75	47.20	200m:	2:44.70	40.95
5.			2009	.	-	-	-	4	2:46.25	436	2	
	50m:	35.18	35.18	100m:	1:15.18	40.00	150m:	2:06.95	51.77	200m:	2:46.25	39.30
6.			2009	.	-	"	"		2:46.71	432	2	
	50m:	33.64	33.64	100m:	1:18.08	44.44	150m:	2:08.28	50.20	200m:	2:46.71	38.43
7.			2009	.	-	"	"		2:47.18	429	2	
	50m:	36.97	36.97	100m:	1:21.48	44.51	150m:	2:09.34	47.86	200m:	2:47.18	37.84
8.			2009	.	-	"	"		2:47.79	424	2	
	50m:	36.50	36.50	100m:	1:20.75	44.25	150m:	2:08.40	47.65	200m:	2:47.79	39.39
9.			2009	.	-	"	"		2:52.35	391	2	
	50m:	35.86	35.86	100m:	1:17.05	41.19	150m:	2:12.24	55.19	200m:	2:52.35	40.11
10.			2009	.	-				2:53.02	387	2	
	50m:	34.48	34.48	100m:	1:17.91	43.43	150m:	2:12.73	54.82	200m:	2:53.02	40.29
11.			2009	.	-	1			2:53.12	386	2	
	50m:	34.27	34.27	100m:	1:20.73	46.46	150m:	2:11.98	51.25	200m:	2:53.12	41.14
12.			2009	.	-	1			2:58.03	355	2	
	50m:	39.50	39.50	100m:	1:27.08	47.58	150m:	2:15.57	48.49	200m:	2:58.03	42.46
13.			2009	.	-				2:59.33	347	2	
	50m:	37.99	37.99	100m:	1:23.56	45.57	150m:	2:17.98	54.42	200m:	2:59.33	41.35
14.			2009	.	-	"World Class"			3:01.93	333	2	
	50m:	41.32	41.32	100m:	1:27.72	46.40	150m:	2:21.10	53.38	200m:	3:01.93	40.83
15.			2009	.	-	"	"		3:05.12	316	3	
	50m:	39.41	39.41	100m:	1:27.27	47.86	150m:	2:22.06	54.79	200m:	3:05.12	43.06
16.			2009	.	-				3:05.35	315	3	
	50m:	40.36	40.36	100m:	1:28.05	47.69	150m:	2:21.54	53.49	200m:	3:05.35	43.81
17.			2009	.	-				3:06.26	310	3	
	50m:	40.59	40.59	100m:	1:27.98	47.39	150m:	2:20.00	52.02	200m:	3:06.26	46.26
18.			2009	.	-	"	"		3:06.44	309	3	
	50m:	38.85	38.85	100m:	1:26.05	47.20	150m:	2:24.77	58.72	200m:	3:06.44	41.67
19.			2009	.	-				3:07.04	306	3	
	50m:	41.75	41.75	100m:	1:28.50	46.75	150m:	2:24.38	55.88	200m:	3:07.04	42.66
20.			2009	.	-	"	"		3:07.10	306	3	
	50m:	40.49	40.49	100m:	1:27.76	47.27	150m:	2:23.93	56.17	200m:	3:07.10	43.17
21.			2009	.	-		"		3:07.66"	303	3	
	50m:	42.05	42.05	100m:	1:31.98	49.93	150m:	2:23.73	51.75	200m:	3:07.66	43.93
22.			2009	.	-				3:20.65	248	3	
	50m:	43.28	43.28	100m:	1:34.90	51.62	150m:	2:34.21	59.31	200m:	3:20.65	46.44

13, , 200m , 2009

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2009 . - " "
50m: 35.30 35.30 100m: 1:17.34 42.04 150m: 2:10.07 52.73 200m: **2:49.78** 39.71