

22
24.12.2021 - 9:22

, 400m

2005 - 2008

: FINA 2021

2008

1.			2008						5:05.67	507	1	
	50m:	32.89	32.89	150m:	1:51.07	39.82	250m:	3:13.67	44.14	350m:	4:32.64	35.65
	100m:	1:11.25	38.36	200m:	2:29.53	38.46	300m:	3:56.99	43.32	400m:	5:05.67	33.03
2.			2008						5:08.19	495	1	
	50m:	32.87	32.87	150m:	1:52.32	39.09	250m:	3:14.19	43.00	350m:	4:33.34	35.66
	100m:	1:13.23	40.36	200m:	2:31.19	38.87	300m:	3:57.68	43.49	400m:	5:08.19	34.85
3.			2008						5:10.85	482	1	
	50m:	34.98	34.98	150m:	1:55.68	41.65	250m:	3:18.08	41.84	350m:	4:35.84	35.81
	100m:	1:14.03	39.05	200m:	2:36.24	40.56	300m:	4:00.03	41.95	400m:	5:10.85	35.01
4.			2008						5:10.92	482	1	
	50m:	32.90	32.90	150m:	1:53.00	40.27	250m:	3:17.50	42.71	350m:	4:37.62	35.32
	100m:	1:12.73	39.83	200m:	2:34.79	41.79	300m:	4:02.30	44.80	400m:	5:10.92	33.30
5.			2008						5:18.14	450	2	
	50m:	32.22	32.22	150m:	1:52.80	40.44	250m:	3:18.25	44.39	350m:	4:41.63	37.46
	100m:	1:12.36	40.14	200m:	2:33.86	41.06	300m:	4:04.17	45.92	400m:	5:18.14	36.51
6.			2008						5:21.99	434	2	
	50m:	33.29	33.29	150m:	1:57.19	43.85	250m:	3:25.98	46.79	350m:	4:48.49	36.13
	100m:	1:13.34	40.05	200m:	2:39.19	42.00	300m:	4:12.36	46.38	400m:	5:21.99	33.50

2007

1.			2007						5:06.37	504	1	
	50m:	31.59	31.59	150m:	1:48.78	40.77	250m:	3:10.67	42.78	350m:	4:31.48	35.50
	100m:	1:08.01	36.42	200m:	2:27.89	39.11	300m:	3:55.98	45.31	400m:	5:06.37	34.89
2.			2007						5:08.54	493	1	
	50m:	30.70	30.70	150m:	1:49.79	42.91	250m:	3:12.19	41.54	350m:	4:32.93	37.33
	100m:	1:06.88	36.18	200m:	2:30.65	40.86	300m:	3:55.60	43.41	400m:	5:08.54	35.61
3.			2007						5:11.81	478	2	
	50m:	32.04	32.04	150m:	1:48.87	38.63	250m:	3:12.97	46.71	350m:	4:36.55	36.65
	100m:	1:10.24	38.20	200m:	2:26.26	37.39	300m:	3:59.90	46.93	400m:	5:11.81	35.26
4.			2007						5:12.47	475	2	
	50m:	32.59	32.59	150m:	1:52.44	41.41	250m:	3:17.64	45.37	350m:	4:38.65	35.03
	100m:	1:11.03	38.44	200m:	2:32.27	39.83	300m:	4:03.62	45.98	400m:	5:12.47	33.82
5.			2007				1		5:38.60	373	2	
	50m:	33.09	33.09	150m:	2:01.15	46.50	250m:	3:32.36	45.40	350m:	4:59.71	39.08
	100m:	1:14.65	41.56	200m:	2:46.96	45.81	300m:	4:20.63	48.27	400m:	5:38.60	38.89
DSQ			2007									
	50m:	33.18	33.18	150m:	1:52.38	39.74	250m:	3:18.55	44.72	350m:	4:43.79	
	100m:	1:12.64	39.46	200m:	2:33.83	41.45	300m:	5:23.14	2:04.59			

2006

1.			2006						4:44.44	630		
	50m:	29.36	29.36	150m:	1:41.33	36.94	250m:	2:58.68	40.87	350m:	4:12.90	31.24
	100m:	1:04.39	35.03	200m:	2:17.81	36.48	300m:	3:41.66	42.98	400m:	4:44.44	31.54

23-26 2021 .

"OMEGA"

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		22, , 400m				2006					
				/							
2.				2006		.	-	"	"	4:47.29	611
	50m:	28.92	28.92	150m:	1:39.55	36.51	250m:	2:59.07	43.87	350m:	4:15.92 34.15
	100m:	1:03.04	34.12	200m:	2:15.20	35.65	300m:	3:41.77	42.70	400m:	4:47.29 31.37
3.				2006		.	-			5:32.30	395 2
	50m:	32.37	32.37	150m:	1:58.70	46.10	250m:	3:29.77	47.27	350m:	4:56.77 38.39
	100m:	1:12.60	40.23	200m:	2:42.50	43.80	300m:	4:18.38	48.61	400m:	5:32.30 35.53
DSQ				2006		.	-			5:09.71	1
	50m:	31.78	31.78	150m:	1:50.38	39.89	250m:	3:13.01	43.41	350m:	4:33.63 36.68
	100m:	1:10.49	38.71	200m:	2:29.60	39.22	300m:	3:56.95	43.94	400m:	5:09.71 36.08
		2005									
1.				2005		.	-	"	"	4:55.85	559 1
	50m:	30.48	30.48	150m:	1:45.87	39.37	250m:	3:05.69	41.87	350m:	4:22.21 33.86
	100m:	1:06.50	36.02	200m:	2:23.82	37.95	300m:	3:48.35	42.66	400m:	4:55.85 33.64