

35
05.03.2022 - 11:29

, 400m

2010 - 2011

: FINA 2022

								R.T.		FINA		
1.			/	2010 II	.	-			5:02.11	II	386	
	50m:	34.12	34.12	150m:	1:53.12	39.32	250m:	3:09.30	37.67	350m:	4:25.00	37.48
	100m:	1:13.80	39.68	200m:	2:31.63	38.51	300m:	3:47.52	38.22	400m:	5:02.11	37.11
2.				2010 II	.	-			5:02.46	II	385	
	50m:	34.37	34.37	150m:	1:52.84	39.38	250m:	3:09.89	38.66	350m:	4:27.06	38.35
	100m:	1:13.46	39.09	200m:	2:31.23	38.39	300m:	3:48.71	38.82	400m:	5:02.46	35.40
3.				2010 II	.	-			5:11.94	III	351	
	50m:	34.48	34.48	150m:	1:53.68	39.78	250m:	3:13.86	40.06	350m:	4:34.46	40.01
	100m:	1:13.90	39.42	200m:	2:33.80	40.12	300m:	3:54.45	40.59	400m:	5:11.94	37.48
4.				2010 II	.	-			5:34.27	III	285	
	50m:	36.87	36.87	150m:	2:02.02	43.31	250m:	3:29.68	44.12	350m:	4:55.86	42.96
	100m:	1:18.71	41.84	200m:	2:45.56	43.54	300m:	4:12.90	43.22	400m:	5:34.27	38.41
5.				2010 I	.	-	" "		5:40.26	III	270	
	50m:	39.06	39.06	150m:	2:06.55	44.08	250m:	3:34.13	43.65	350m:	5:00.97	43.29
	100m:	1:22.47	43.41	200m:	2:50.48	43.93	300m:	4:17.68	43.55	400m:	5:40.26	39.29
6.				2010 III	.	-	" "		6:01.82	I	225	
	50m:	40.32	40.32	150m:	2:11.65	45.21	250m:	3:44.58	46.95	350m:	5:17.42	45.65
	100m:	1:26.44	46.12	200m:	2:57.63	45.98	300m:	4:31.77	47.19	400m:	6:01.82	44.40

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, 400m

2008 - 2009

: FINA 2022

								R.T.		FINA		
1.			/	2009 II	.	-			4:54.72	II	416	
	50m:	33.92	33.92	150m:	1:49.23	38.26	250m:	3:02.52	35.56	350m:	4:19.71	38.12
	100m:	1:10.97	37.05	200m:	2:26.96	37.73	300m:	3:41.59	39.07	400m:	4:54.72	35.01
2.				2008 II	.	-	" "	+0,67	4:56.57	II	408	
	50m:	34.79	34.79	150m:	1:51.82	37.75	250m:	3:06.68	37.22	350m:	4:20.80	36.95
	100m:	1:14.07	39.28	200m:	2:29.46	37.64	300m:	3:43.85	37.17	400m:	4:56.57	35.77
3.				2009 I	.	-	" "		5:00.08	II	394	
	50m:	35.31	35.31	150m:	1:53.19	38.75	250m:	3:08.86	37.45	350m:	4:24.28	37.09
	100m:	1:14.44	39.13	200m:	2:31.41	38.22	300m:	3:47.19	38.33	400m:	5:00.08	35.80
4.				2009 I	.	-	" "		5:24.56	III	311	
	50m:	35.90	35.90	150m:	1:58.74	42.12	250m:	3:22.68	42.31	350m:	4:46.16	41.73
	100m:	1:16.62	40.72	200m:	2:40.37	41.63	300m:	4:04.43	41.75	400m:	5:24.56	38.40
5.				2009 III	.	-			5:35.52	III	282	
	50m:	34.60	34.60	150m:	1:56.87	41.93	250m:	3:23.28	43.75	350m:	4:52.22	44.77
	100m:	1:14.94	40.34	200m:	2:39.53	42.66	300m:	4:07.45	44.17	400m:	5:35.52	43.30
6.				2009 I	.	-			6:26.28	I	184	
	50m:	41.11	41.11	150m:	2:18.17	49.82	250m:	3:58.80	50.36	350m:	5:39.60	50.10
	100m:	1:28.35	47.24	200m:	3:08.44	50.27	300m:	4:49.50	50.70	400m:	6:26.28	46.68



Ижевск

Всероссийские соревнования по плаванию «Детской Лиги Плавания «Поволжье»

3 - 5 марта
2022



35, , 400m

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, 400m

2006 - 2007

05.03.2022 - 11:29

: FINA 2022

								R.T.		FINA		
1.			/	2007	II	.	-	+0,64	4:42.13	II	474	
	50m:	32.43	32.43	150m:	1:42.59	35.61	250m:	2:54.64	35.96	350m:	4:08.46	36.99
	100m:	1:06.98	34.55	200m:	2:18.68	36.09	300m:	3:31.47	36.83	400m:	4:42.13	33.67
2.				2007	II	.	-	"	5:12.85	III	348	
	50m:	34.74	34.74	150m:	1:55.05	40.57	250m:	3:16.49	40.29	350m:	4:37.13	39.30
	100m:	1:14.48	39.74	200m:	2:36.20	41.15	300m:	3:57.83	41.34	400m:	5:12.85	35.72