



1. , 50m (13-14 )

1.	2009	,	-	<b>28.09</b>	I	598
2.	2010	I	" "	<b>29.89</b>	II	496
3.	2009	I	5,	<b>30.02</b>	II	490

1. , 50m (15-17 )

1.	2007	"	"	<b>28.32</b>	I	583
2.	2008	"	"	<b>29.31</b>	II	526
3.	2007	I	27,	<b>29.84</b>	II	499

2. , 50m (15-16 )

1.	2007		4,	<b>25.77</b>	II	534
2.	2008		,	<b>26.21</b>	II	507
3.	2007	I	( ) ,	<b>26.63</b>	II	484

2. , 50m (17-18 )

1.	2006		,	<b>25.77</b>	II	534
2.	2006		4,	<b>26.73</b>	II	478
3.	2006	I	" "	<b>27.94</b>	III	419

3. , 100m (13-14 )

1.	2009		,	<b>1:18.99</b>	I	535
2.	2009	I	5,	<b>1:19.47</b>	I	525
3.	2009		,	<b>1:19.65</b>	I	521

3. , 100m (15-17 )

1.	2007		27,	<b>1:20.81</b>	I	499
2.	2008		,	<b>1:23.96</b>	II	445
3.	2006		" "	<b>1:25.28</b>	II	425

4. , 100m (15-16 )

1.	2007		,	<b>1:06.12</b>		636
2.	2008		,	<b>1:12.69</b>	I	479
3.	2008	I	,	<b>1:13.63</b>	II	461

5. , 200m (13-14 )

1.	2009		,	<b>2:19.40</b>		667
2.	2010	I	,	<b>2:31.35</b>	I	521
3.	2010	I	" "	<b>2:46.78</b>	II	389

5. , 200m (15-17 )

1.	2007		" "	<b>2:45.34</b>	II	399
2.	2008	I	,	<b>2:52.53</b>	II	351

6. , 200m (15-16 )

1.	2008	I	5,	2:19.12	I	498
2.	2008	I	,	2:23.62	II	453
3.	2008	I	4,	2:41.36	III	319

6. , 200m (17-18 )

1.	2006		,	2:11.36		592
2.	2006		4,	2:22.95	II	459

7. , 200m (13-14 )

1.	2009		,	+0,78	2:28.94	568	
2.	2009	I	,	+0,82	2:38.14	I	474
3.	2009	II	,	+0,84	2:41.21	II	447

7. , 200m (15-17 )

1.	2007		,	+0,70	2:36.75	I	487
2.	2008	I	,	+0,94	2:44.87	II	418
3.	2008	II	" "	+0,80	2:47.77	II	397

8. , 200m (15-16 )

1.	2007		4,	+0,65	2:13.99	582	
2.	2007	I	,	+0,74	2:23.26	II	476
3.	2008	I	,	+0,79	2:29.13	II	422

9. , 200m (13-14 )

1.	2010		,	2:35.34	I	535
2.	2009	I	,	2:36.74	I	520
3.	2010		" "	2:38.27	I	506

9. , 200m (15-17 )

1.	2007		,	2:32.10		570
2.	2007		" "	2:32.71		563
3.	2008		" "	2:35.69	I	531

10. , 200m (15-16 )

1.	2007		,	2:17.52	I	569
2.	2008	I	" "	2:19.06	I	550
3.	2007		" "	2:19.36	I	547

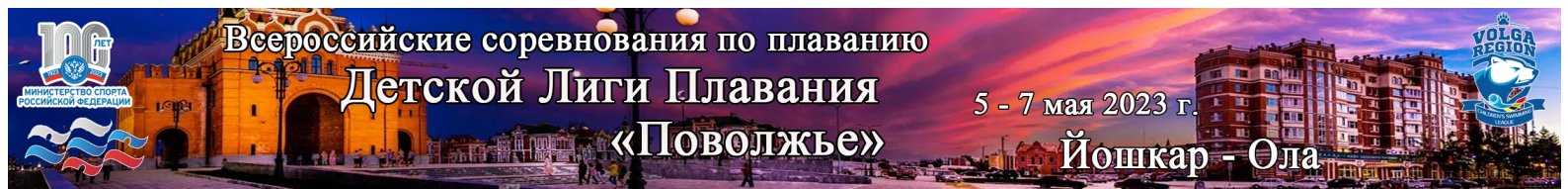
10. , 200m (17-18 )

1.	2006	I	" "	2:29.66	II	441
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11. , 4 x 100m (11-12 )

1.	4,	1	4,	4:47.11		389
2.	5,	2	5,	5:04.60		326





Всероссийские соревнования по плаванию

Детской Лиги Плавания

«Поволжье»

5 - 7 мая 2023 г.

Йошкар - Ола

15.									(11-12 )		
1.		2011	I	( )	,			<b>1:25.77</b>	II	418	
2.		2011	II		,			<b>1:31.34</b>	II	346	
3.		2011	II		,		-	<b>1:33.11</b>	III	326	
16.									(11-12 )		
1.		2011	II		,		-	<b>1:23.74</b>	III	313	
2.		2011	I		,		-	<b>1:29.25</b>	III	258	
3.		2011	III	( )	,			<b>1:31.70</b>	I	238	
16.									(13-14 )		
1.		2009	I		,			<b>1:10.51</b>	I	524	
2.		2009	I		,		-	<b>1:12.84</b>	I	476	
3.		2009	II		,	4,		<b>1:12.98</b>	I	473	
17.									(9-10 )		
1.		2013	I		,		-	<b>4:31.34</b>	III	90	
17.									(11-12 )		
1.		2011			,		-	<b>2:39.69</b>	II	443	
2.		2011	II	( )	,			<b>3:07.25</b>	III	275	
18.									(11-12 )		
1.		2011	II	"	"			<b>2:34.78</b>	II	362	
2.		2011	II		,		-	<b>2:57.19</b>	III	241	
3.		2012	I	( )	,			<b>3:16.16</b>	I	177	
18.									(13-14 )		
1.		2009	II		,		-	<b>2:21.06</b>	I	478	
2.		2009	II		,		-	<b>2:32.32</b>	II	380	
3.		2009	II	"	"			<b>2:35.10</b>	II	360	
19.									(9-10 )		
1.		2013	II	"	"			+0,93	<b>2:58.66</b>	III	329
2.		2013	III	"	"			+0,99	<b>3:00.76</b>	III	317
3.		2013	III	"	"				<b>3:09.14</b>	III	277
19.									(11-12 )		
1.		2012	III		,	5,		+0,69	<b>2:51.19</b>	II	374
2.		2011	II	( )	,			+0,74	<b>2:53.14</b>	II	361
3.		2012	III	( )	,			+1,05	<b>2:54.09</b>	II	355
20.									(11-12 )		
1.		2011	III		,		-	+0,69	<b>2:42.89</b>	III	324
2.		2011	II	"	"			+1,00	<b>2:43.91</b>	III	318
3.		2012	III		,	42,		+0,85	<b>2:48.69</b>	III	292



Всероссийские соревнования по плаванию  
**Детской Лиги Плавания**  
**«Поволжье»**

5 - 7 мая 2023 г.

Йошкар - Ола



20.	, 200m							(13-14 )
1.		2009	II	5,	+0,92	<b>2:23.79</b>	II	471
2.		2009	II	" "	+0,69	<b>2:26.07</b>	II	449
3.		2010	II	, -	+0,80	<b>2:28.46</b>	II	428
21.	, 200m							(9-10 )
1.		2013	III	27,		<b>3:10.07</b>	III	292
2.		2013	III	( ) ,		<b>3:20.89</b>	III	247
3.		2014	I	( ) ,		<b>3:59.74</b>	II	145
21.	, 200m							(11-12 )
1.		2011	II	" "		<b>2:41.92</b>	I	472
2.		2011	II	, -		<b>2:42.97</b>	II	463
3.		2012	III	5,		<b>3:08.30</b>	III	300
22.	, 200m							(11-12 )
1.		2011	II	" "		<b>2:40.53</b>	II	358
2.		2011	II	,		<b>2:45.28</b>	III	328
3.		2011	III	5,		<b>2:46.17</b>	III	322
22.	, 200m							(13-14 )
1.		2009	I	, -		<b>2:25.49</b>	I	481
2.		2009	II	5,		<b>2:30.91</b>	II	431
3.		2009	I	,		<b>2:32.39</b>	II	418
23.	, 50m							(13-14 )
1.		2009		, -	+0,89	<b>31.98</b>	I	600
2.		2010	I	5,	+0,69	<b>33.63</b>	II	516
3.		2010	I	5,	+0,84	<b>33.94</b>	II	502
23.	, 50m							(15-17 )
1.		2006		, -	+0,62	<b>30.38</b>		700
2.		2007		, -	+0,71	<b>32.97</b>	II	547
3.		2007		" "	+0,74	<b>34.76</b>	II	467
24.	, 50m							(15-16 )
1.		2007		4,	+0,65	<b>29.55</b>	I	516
2.		2007	I	5,	+0,80	<b>30.78</b>	II	457
3.		2008	I	5,	+0,86	<b>31.23</b>	II	437
25.	, 50m							(13-14 )
1.		2009		,		<b>37.20</b>	II	488
2.		2009	I	, -		<b>37.64</b>	II	471
3.		2010		" "		<b>38.13</b>	II	453



25. , 50m (15-17 )

1.	2007	27,	<b>36.60</b>	513
2.	2008	,	<b>38.90</b>	427
3.	2008	" "	<b>39.51</b>	407

26. , 50m (15-16 )

1.	2007	,	<b>32.68</b>	500
2.	2008	,	<b>33.35</b>	471
3.	2008	,	<b>33.38</b>	469

27. , 100m (13-14 )

1.	2009	,	<b>1:00.86</b>	613
2.	2009	" "	<b>1:04.67</b>	511
3.	2009	5,	<b>1:06.18</b>	477

27. , 100m (15-17 )

1.	2007	" "	<b>1:00.94</b>	610
2.	2007	,	<b>1:01.58</b>	592
3.	2007	,	<b>1:03.10</b>	550

28. , 100m (15-16 )

1.	2007	,	<b>55.47</b>	602
2.	2007	4,	<b>56.12</b>	582
3.	2007	,	<b>56.21</b>	579

28. , 100m (17-18 )

1.	2006	,	<b>55.05</b>	616
2.	2006	4,	<b>57.77</b>	533
3.	2006	" "	<b>1:01.29</b>	446

29. , 100m (13-14 )

1.	2009	,	<b>1:03.82</b>	656
2.	2009	,	<b>1:11.46</b>	467
3.	2010	" "	<b>1:12.04</b>	456

29. , 100m (15-17 )

1.	2007	" "	<b>1:11.05</b>	476
2.	2007	" "	<b>1:14.11</b>	419
3.	2007	27,	<b>1:14.32</b>	415

30. , 100m (15-16 )

1.	2007	,	<b>58.82</b>	594
2.	2007	5,	<b>1:01.62</b>	516
3.	2008	5,	<b>1:02.49</b>	495

30. , 100m (17-18 )

1.	2006	,	<b>58.05</b>	618
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31. , 800m (13-14 )

1.	2009	,	-	<b>9:51.25</b>		551
2.	2009		5,	<b>9:52.81</b>		546
3.	2009	,	-	<b>10:12.75</b>		495

31. , 800m (15-17 )

1.	2006	"	"	<b>9:40.99</b>		580
2.	2008		5,	<b>10:18.15</b>		482
3.	2008		,	<b>10:18.74</b>		480

32. , 800m (15-16 )

1.	2008		"	"	<b>9:05.37</b>		569
2.	2008		4,		<b>9:25.95</b>		509
3.	2007		,	-	<b>9:35.87</b>		483

32. , 800m (17-18 )

1.	2006		4,	<b>8:44.60</b>		640
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33. , 4 x 100m (11-12 )

1.	( )	,	2	( )	,	+0,84	<b>5:21.15</b>	369
2.	5,	3		5,		+0,65	<b>5:42.58</b>	304

33. , 4 x 100m (13-14 )

1.	5,	1		5,		+0,97	<b>4:55.07</b>	476
2.	5,	2		5,		+0,78	<b>5:05.02</b>	430

33. , 4 x 100m (15-17 )

1.	,	-	1	,	-	+0,78	<b>4:47.76</b>	513
2.	,	1		,		+0,81	<b>5:07.69</b>	419

34. , 4 x 100m (11-12 )

1.	( )	,	2	( )	,	+0,84	<b>5:18.57</b>	273
2.	5,	3		5,		+1,01	<b>5:25.35</b>	256
3.	/ "SWIMMSTR",	3		/ "SWIMMSTR",		+0,80	<b>7:12.78</b>	109

34. , 4 x 100m (13-14 )

1.	4,	2		4,		+0,99	<b>4:47.89</b>	370
2.	,	-	4	,	-	+0,81	<b>4:48.96</b>	366
3.	"	"	1	"	"	+0,73	<b>4:53.71</b>	348

34. , 4 x 100m (15-16 )

1.	,	-	3	,	-	+0,75	<b>4:12.08</b>	551
2.	,	-	2	,	-	+0,92	<b>4:19.69</b>	504
3.	5,	1		5,		+1,07	<b>4:20.13</b>	502

35. , 50m (9-10 )

1.	2013	II	" "	+0,97	<b>39.13</b>	III	327
2.	2013	III	" "	+0,86	<b>39.20</b>	III	326
3.	2013	III	( )	+0,72	<b>40.00</b>	III	306

35. , 50m (11-12 )

1.	2012	III	, -	+0,83	<b>37.53</b>	III	371
2.	2011	II	( )	+1,01	<b>38.60</b>	III	341
3.	2012	III	5,	+0,73	<b>39.03</b>	III	330

36. , 50m (11-12 )

1.	2012	III	, -	+0,89	<b>35.92</b>	III	287
2.	2011	III	, -	+0,71	<b>35.98</b>	III	286
3.	2011	II	" "	+1,06	<b>37.30</b>	I	256
3.	2011	I	5,	+0,98	<b>37.30</b>	I	256

36. , 50m (13-14 )

1.	2009	II	" "	+0,67	<b>30.77</b>	II	457
2.	2009	II	5,	+0,55	<b>31.11</b>	II	442
3.	2009	II	/ "SWIMMSTR",	+0,78	<b>31.86</b>	II	412

37. , 50m (9-10 )

1.	2013	III	4,		<b>44.22</b>	III	290
2.	2013	III	" "		<b>46.89</b>	I	243
3.	2013	I	( )		<b>49.08</b>	I	212

37. , 50m (11-12 )

1.	2011	II	, -		<b>37.39</b>	II	481
2.	2011	I	( )		<b>38.37</b>	II	445
3.	2011	II	" "		<b>40.84</b>	II	369

38. , 50m (11-12 )

1.	2011	II	, -		<b>38.62</b>	III	303
2.	2011	II	( )		<b>41.52</b>	I	244
3.	2011	III	( )		<b>43.41</b>	I	213

38. , 50m (13-14 )

1.	2009	I	, -		<b>32.42</b>	I	512
2.	2009	II	, -		<b>33.78</b>	II	453
3.	2009	II	, -		<b>34.93</b>	II	410

39. , 100m (9-10 )

1.	2013	III	5,		<b>1:11.28</b>	II	381
2.	2013	II	" "		<b>1:15.55</b>	III	320
3.	2013	III	27,		<b>1:16.57</b>	III	307





39.	, 100m							(11-12 )
1.		2011	II		4,	<b>1:10.00</b>	II	403
2.		2011	II		4,	<b>1:10.17</b>	II	400
3.		2011	II	( )	,	<b>1:11.01</b>	II	386
40.	, 100m							(11-12 )
1.		2011	II	( )	,	<b>1:04.12</b>	II	390
2.		2011	II		4,	<b>1:06.97</b>	III	342
3.		2012	III		,	<b>1:07.72</b>	III	331
40.	, 100m							(13-14 )
1.		2009	I		,	<b>57.34</b>	I	545
2.		2009	I		,	<b>57.64</b>	I	537
3.		2009	II	( )	,	<b>58.54</b>	I	512
41.	, 100m							(9-10 )
1.		2013	I		,	<b>1:51.73</b>	II	122
2.		2013	I		,	<b>1:51.97</b>	II	121
3.		2013	II		,	<b>2:02.52</b>	II	92
41.	, 100m							(11-12 )
1.		2011			,	<b>1:11.89</b>	II	459
2.		2011	II	( )	,	<b>1:25.26</b>	III	275
42.	, 100m							(11-12 )
1.		2011	II		" "	<b>1:10.25</b>	II	348
2.		2011	II	( )	,	<b>1:13.01</b>	III	310
3.		2011	II		,	<b>1:17.99</b>	III	254
42.	, 100m							(13-14 )
1.		2009	II		,	<b>1:02.20</b>	I	502
2.		2009	I		,	<b>1:04.65</b>	II	447
3.		2009	II		,	<b>1:06.92</b>	II	403
43.	, 800m							(9-10 )
1.		2013	III		27,	<b>11:54.70</b>	II	312
2.		2013	III		" "	<b>12:11.22</b>	III	291
3.		2013	I		" "	<b>13:36.68</b>	I	209
43.	, 800m							(11-12 )
1.		2012	II		4,	<b>11:20.04</b>	II	362
2.		2012	III	( )	,	<b>11:25.63</b>	II	353
3.		2012	III	( )	,	<b>12:47.54</b>	III	251



44. , 800m (11-12 )

1.	2011	II	"	"	10:05.48	II	416
2.	2011	II	,	"	10:19.07	II	389
3.	2011	II	"	"	10:23.87	II	380

44. , 800m (13-14 )

1.	2009	I	,		9:24.92	I	512
2.	2009	I		4,	9:36.32	I	482
3.	2010	I		4,	9:37.60	I	479

45. , 50m (13-14 )

1.	2009		,	-	28.85		607
2.	2009		,	-	31.40	I	470
3.	2009	I	( )	,	31.49	I	466

45. , 50m (15-17 )

1.	2007		"	"	33.13	II	400
2.	2007	I		27,	33.68	II	381
3.	2008	I	,		35.26	III	332

46. , 50m (15-16 )

1.	2007		,	-	27.41	I	536
2.	2008	II	,	-	27.63	I	523
3.	2007	I		5,	28.03	II	501

46. , 50m (17-18 )

1.	2006		,	-	26.50	I	593
2.	2006	I	"	"	28.35	II	484

47. , 200m (13-14 )

1.	2009		,	-	2:14.75		589
2.	2009	I	"	"	2:18.75	I	539
3.	2009	I		5,	2:19.91	I	526

47. , 200m (15-17 )

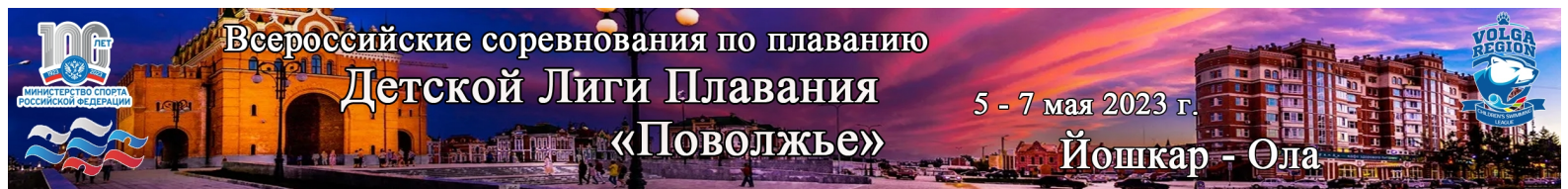
1.	2007		"	"	2:13.16		610
2.	2007		,	-	2:13.82		601
3.	2007		,	-	2:14.50		592

48. , 200m (15-16 )

1.	2007		,	-	2:01.76	I	587
2.	2008		,	-	2:03.81	I	559
3.	2007		"	"	2:06.25	I	527

48. , 200m (17-18 )

1.	2006		,	-	1:59.91		615
2.	2006	I	"	"	2:15.36	II	427



49. , 200m (13-14 )

1.	2009	,	-	<b>2:49.42</b>	I	551
2.	2009	,	-	<b>2:50.26</b>	I	543
3.	2010	"	"	<b>2:54.93</b>	I	501

49. , 200m (15-17 )

1.	2007		27,	<b>2:51.28</b>	I	533
2.	2008	,	"	<b>2:54.66</b>	I	503
3.	2008	I	"	<b>2:59.19</b>	II	466

50. , 200m (15-16 )

1.	2007	,	-	<b>2:30.30</b>	I	588
2.	2008	,	-	<b>2:34.41</b>	I	542
3.	2008	I	,	<b>2:39.91</b>	I	488

51. , 100m (13-14 )

1.	2009	,	-	+0,80	<b>1:08.44</b>	591	
2.	2009	I	,	+0,70	<b>1:12.80</b>	I	491
3.	2010	II	,	+0,89	<b>1:14.43</b>	I	459

51. , 100m (15-17 )

1.	2006	,	-	+0,65	<b>1:04.82</b>	696	
2.	2007	,	-	+0,65	<b>1:12.65</b>	I	494
3.	2008	II	"	+0,77	<b>1:15.99</b>	II	432

52. , 100m (15-16 )

1.	2007		4,	+0,75	<b>1:02.10</b>	573	
2.	2008	I	"	+0,72	<b>1:04.91</b>	I	502
3.	2008	I	,	+0,92	<b>1:05.78</b>	I	482

52. , 100m (17-18 )

1.	2006	I	,	+0,73	<b>1:04.72</b>	I	506
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53. , 400m (13-14 )

1.	2010	,	-	<b>4:47.09</b>	I	558
2.	2009	I	,	<b>4:56.42</b>	I	507
3.	2009	I	,	<b>4:56.52</b>	I	506

53. , 400m (15-17 )

1.	2007	"	"	<b>4:48.24</b>	I	551
2.	2007	"	"	<b>4:52.52</b>	I	527
3.	2007	I	,	<b>5:02.40</b>	II	477

54. , 400m (15-16 )

1.	2008	I	"	<b>4:27.81</b>	I	554
2.	2008	I	5,	<b>4:30.97</b>	I	535
3.	2008	I	5,	<b>4:39.53</b>	II	487



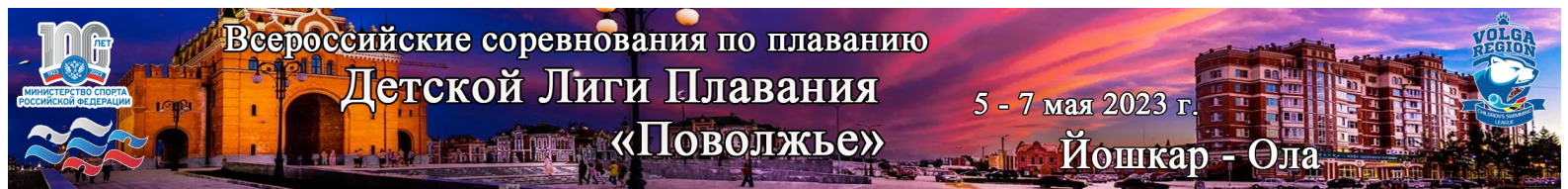
Всероссийские соревнования по плаванию  
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**«Поволжье»**

5 - 7 мая 2023 г.

Йошкар - Ола



54.									(17-18 )
1.		2006		4,		<b>4:13.84</b>		651	
55.									2011 - 2014
1.	( )		2	( )		+0,71	<b>2:41.45</b>		
55.									2009 - 2012
1.	5,		3		5,	+0,72	<b>2:18.95</b>		
2.	4,		1		4,	+0,80	<b>2:19.21</b>		
3.	( )		2	( )		+0,66	<b>2:19.47</b>		
55.									2007 - 2010
1.			- 1			+0,93	<b>1:58.89</b>		
2.			- 2			+0,87	<b>2:03.74</b>		
3.	5,		1		5,	+0,88	<b>2:05.82</b>		
56.									(9-10 )
1.		2013	I			<b>46.31</b>	II	146	
2.		2014	II			<b>46.74</b>	II	142	
3.		2013	II			<b>48.68</b>	II	126	
56.									(11-12 )
1.		2011				<b>32.48</b>	II	425	
2.		2011	II	( )		<b>36.08</b>	III	310	
3.		2012	II		4,	<b>39.27</b>	I	240	
57.									(11-12 )
1.		2011	II	( )		<b>30.62</b>	II	384	
2.		2011	III		"BIG WAVE",	<b>32.19</b>	III	331	
3.		2012	I		5,	<b>32.72</b>	III	315	
57.									(13-14 )
1.		2009	II	( )		<b>28.55</b>	II	474	
2.		2009	II			<b>28.64</b>	II	470	
3.		2009	I			<b>28.98</b>	II	453	
58.									(9-10 )
1.		2013	II	"	"	<b>2:39.51</b>	II	355	
2.		2013	III		5,	<b>2:39.66</b>	II	354	
3.		2013	III		27,	<b>2:45.16</b>	III	320	
58.									(11-12 )
1.		2011	II		4,	<b>2:31.06</b>	II	418	
2.		2011	II	( )		<b>2:33.79</b>	II	396	
3.		2011	II		4,	<b>2:36.46</b>	II	376	



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59. , 200m (11-12 )

1.	2011	II	( ) ,	2:20.19	II	385
2.	2011	II	, -	2:27.57	III	330
3.	2011	II	4,	2:27.98	III	327

59. , 200m (13-14 )

1.	2009	I	, -	2:05.82	I	532
2.	2009	I	, -	2:13.14	II	449
3.	2010	I	4,	2:14.16	II	439

60. , 200m (9-10 )

1.	2013	II	" "	3:29.23	III	292
2.	2013	III	" "	3:29.97	III	289
3.	2013	I	( ) ,	3:45.41	I	234

60. , 200m (11-12 )

1.	2011	I	( ) ,	2:59.20	II	466
2.	2011	II	, -	2:59.48	II	464
3.	2011	II	, -	3:16.51	II	353

61. , 200m (11-12 )

1.	2011	III	( ) ,	3:17.11	III	260
2.	2012	I	, -	3:17.33	III	260
3.	2012	III	( ) ,	3:22.19	III	241

61. , 200m (13-14 )

1.	2009	I	, -	2:34.43	I	542
2.	2009	II	, -	2:36.39	I	522
3.	2009	II	4,	2:44.09	II	452

62. , 100m (9-10 )

1.	2013	III	" "	+0,91	1:23.64	III	324
2.	2013	II	" "	+0,87	1:24.70	III	312
3.	2013	III	( ) ,	+0,95	1:27.00	III	287

62. , 100m (11-12 )

1.	2011	II	" "	+0,68	1:13.22	I	483
2.	2012	III	5,	+0,80	1:22.12	II	342
3.	2012	III	, -	+0,72	1:23.22	III	328

63. , 100m (11-12 )

1.	2011	III	, -	+0,60	1:15.81	III	315
2.	2011	II	, -	+0,93	1:18.88	III	279
3.	2012	III	, -	+0,83	1:19.59	III	272





63. , 100m (13-14 )

1.	2009	II	5,	+0,79	<b>1:05.47</b>	I	489
2.	2009	II	" "	+0,65	<b>1:06.41</b>	II	469
3.	2009	I	, -	+0,75	<b>1:07.86</b>	II	439

64. , 400m (9-10 )

1.	2013	III	27,		<b>5:46.27</b>	III	318
2.	2013	III	" "		<b>5:56.18</b>	III	292
3.	2013	I	" "		<b>6:40.92</b>	I	205

64. , 400m (11-12 )

1.	2012	III	( ) ,		<b>5:35.09</b>	II	351
2.	2012	III	( ) ,		<b>6:10.74</b>	III	259
3.	2012	III	5,		<b>6:24.69</b>	III	232

65. , 400m (11-12 )

1.	2011	II	" "		<b>4:50.63</b>	II	434
2.	2011	II	,		<b>5:03.38</b>	II	381
3.	2011	II	( ) ,		<b>5:05.79</b>	II	372

65. , 400m (13-14 )

1.	2009	I	, -		<b>4:29.33</b>	I	545
2.	2009	I	,		<b>4:33.19</b>	I	522
3.	2010	II	( ) ,		<b>4:49.94</b>	II	437