



44 , 800m (11-12 )  
 06.05.2023 - 14:02

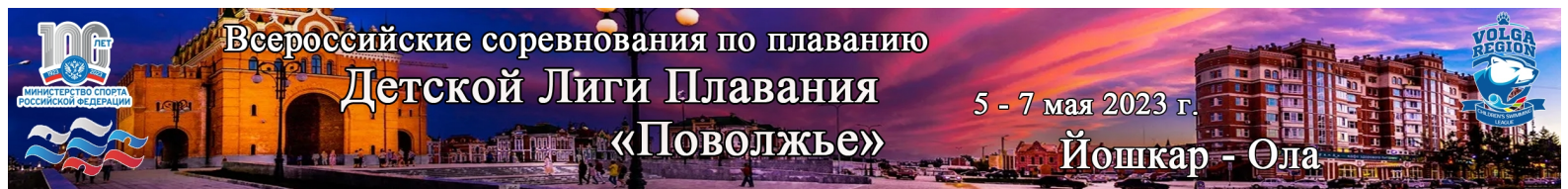
: FINA 2023

					R.T.				FINA			
1.	2011 II				10:05.48 II				416			
50m:	33.99	33.99	250m:	3:06.67	38.21	450m:	5:40.87	38.74	650m:	8:14.20	38.61	
100m:	1:11.90	37.91	300m:	3:45.15	38.48	500m:	6:19.13	38.26	700m:	8:52.55	38.35	
150m:	1:50.19	38.29	350m:	4:23.71	38.56	550m:	6:57.66	38.53	750m:	9:29.89	37.34	
200m:	2:28.46	38.27	400m:	5:02.13	38.42	600m:	7:35.59	37.93	800m:	10:05.48	35.59	
2.	2011 II				10:19.07 II				389			
50m:	34.18	34.18	250m:	3:07.54	39.10	450m:	5:44.93	39.32	650m:	8:23.28	39.91	
100m:	1:11.73	37.55	300m:	3:46.59	39.05	500m:	6:24.15	39.22	700m:	9:02.12	38.84	
150m:	1:50.01	38.28	350m:	4:26.18	39.59	550m:	7:03.92	39.77	750m:	9:41.13	39.01	
200m:	2:28.44	38.43	400m:	5:05.61	39.43	600m:	7:43.37	39.45	800m:	10:19.07	37.94	
3.	2011 II				10:23.87 II				380			
50m:	34.68	34.68	250m:	3:09.34	39.46	450m:	5:48.26	40.03	650m:	8:28.29	40.40	
100m:	1:11.98	37.30	300m:	3:48.75	39.41	500m:	6:28.06	39.80	700m:	9:07.17	38.88	
150m:	1:50.99	39.01	350m:	4:28.30	39.55	550m:	7:07.99	39.93	750m:	9:46.23	39.06	
200m:	2:29.88	38.89	400m:	5:08.23	39.93	600m:	7:47.89	39.90	800m:	10:23.87	37.64	
4.	2011 II ( )				10:35.82 II				359			
50m:	32.89	32.89	250m:	3:10.53	40.45	450m:	5:53.61	40.91	650m:	8:37.49	41.07	
100m:	1:11.37	38.48	300m:	3:50.52	39.99	500m:	6:34.63	41.02	700m:	9:18.52	41.03	
150m:	1:50.47	39.10	350m:	4:31.47	40.95	550m:	7:15.75	41.12	750m:	9:57.90	39.38	
200m:	2:30.08	39.61	400m:	5:12.70	41.23	600m:	7:56.42	40.67	800m:	10:35.82	37.92	
5.	2011 II				10:38.09 II				355			
50m:	35.71	35.71	250m:	3:16.04	40.92	450m:	6:01.21	41.14	650m:	8:42.82	39.91	
100m:	1:14.63	38.92	300m:	3:57.11	41.07	500m:	6:41.53	40.32	700m:	9:23.45	40.63	
150m:	1:54.39	39.76	350m:	4:38.02	40.91	550m:	7:22.64	41.11	750m:	10:01.59	38.14	
200m:	2:35.12	40.73	400m:	5:20.07	42.05	600m:	8:02.91	40.27	800m:	10:38.09	36.50	
6.	2011 II " "				10:49.76 II				336			
50m:	35.82	35.82	250m:	3:17.64	40.67	450m:	6:03.79	41.24	650m:	8:50.05	41.37	
100m:	1:15.21	39.39	300m:	3:59.40	41.76	500m:	6:45.47	41.68	700m:	9:32.43	42.38	
150m:	1:55.59	40.38	350m:	4:40.21	40.81	550m:	7:26.98	41.51	750m:	10:12.64	40.21	
200m:	2:36.97	41.38	400m:	5:22.55	42.34	600m:	8:08.68	41.70	800m:	10:49.76	37.12	
7.	2011 II				10:55.46 II				328			
50m:	36.10	36.10	250m:	3:23.37	42.94	450m:	6:10.17	40.96	650m:	8:56.66	41.34	
100m:	1:16.35	40.25	300m:	4:05.58	42.21	500m:	6:51.96	41.79	700m:	9:38.75	42.09	
150m:	1:58.06	41.71	350m:	4:46.76	41.18	550m:	7:33.02	41.06	750m:	10:18.16	39.41	
200m:	2:40.43	42.37	400m:	5:29.21	42.45	600m:	8:15.32	42.30	800m:	10:55.46	37.30	
8.	2011 III				11:02.02 II				318			
50m:	36.20	36.20	250m:	3:22.79	42.01	450m:	6:09.24	40.59	650m:	9:01.41	42.13	
100m:	1:16.89	40.69	300m:	4:03.87	41.08	500m:	6:53.21	43.97	700m:	9:44.18	42.77	
150m:	1:59.47	42.58	350m:	4:45.14	41.27	550m:	7:35.89	42.68	750m:	10:22.24	38.06	
200m:	2:40.78	41.31	400m:	5:28.65	43.51	600m:	8:19.28	43.39	800m:	11:02.02	39.78	
9.	2011 III				11:04.62 II				314			
50m:	36.93	36.93	250m:	3:24.94	42.24	450m:	6:13.86	42.52	650m:	9:02.95	42.11	
100m:	1:18.04	41.11	300m:	4:06.76	41.82	500m:	6:56.23	42.37	700m:	9:44.57	41.62	
150m:	2:00.08	42.04	350m:	4:49.00	42.24	550m:	7:38.50	42.27	750m:	10:25.67	41.10	
200m:	2:42.70	42.62	400m:	5:31.34	42.34	600m:	8:20.84	42.34	800m:	11:04.62	38.95	
10.	2011 III 5,				11:06.64 II				311			
50m:	33.80	33.80	250m:	3:22.61	43.02	450m:	6:12.99	43.16	650m:	9:04.40	43.10	
100m:	1:15.06	41.26	300m:	4:04.44	41.83	500m:	6:54.69	41.70	700m:	9:46.30	41.90	
150m:	1:57.29	42.23	350m:	4:47.74	43.30	550m:	7:38.07	43.38	750m:	10:27.98	41.68	
200m:	2:39.59	42.30	400m:	5:29.83	42.09	600m:	8:21.30	43.23	800m:	11:06.64	38.66	
11.	2012 III				11:09.12 II				308			
50m:	37.24	37.24	250m:	3:28.53	43.15	450m:	6:18.05	42.08	650m:	9:08.77	41.38	
100m:	1:19.61	42.37	300m:	4:09.99	41.46	500m:	7:01.56	43.51	700m:	9:50.98	42.21	
150m:	2:01.83	42.22	350m:	4:53.59	43.60	550m:	7:44.53	42.97	750m:	10:30.91	39.93	
200m:	2:45.38	43.55	400m:	5:35.97	42.38	600m:	8:27.39	42.86	800m:	11:09.12	38.21	
12.	2012 III ( )				11:12.49 II				303			
50m:	37.10	37.10	250m:	3:26.29	42.96	450m:	6:17.62	43.63	650m:	9:08.64	42.54	
100m:	1:18.77	41.67	300m:	4:08.96	42.67	500m:	7:00.20	42.58	700m:	9:50.50	41.86	
150m:	2:00.70	41.93	350m:	4:51.85	42.89	550m:	7:43.62	43.42	750m:	10:32.96	42.46	
200m:	2:43.33	42.63	400m:	5:33.99	42.14	600m:	8:26.10	42.48	800m:	11:12.49	39.53	



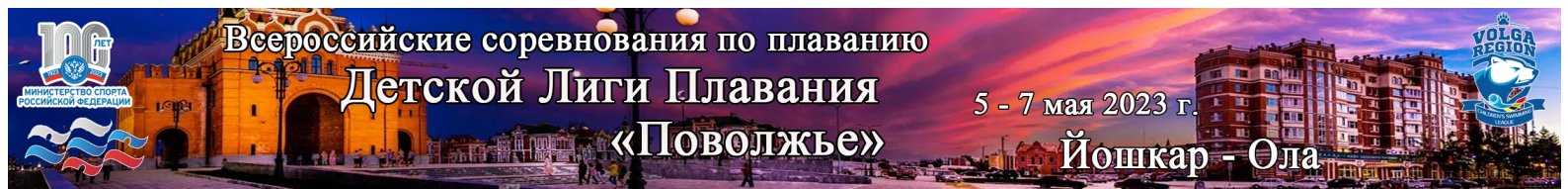
44, , 800m , (11-12 )

									R.T.	FINA	
13.	2011 II				-				<b>11:18.78</b>	III	295
50m:	36.65	36.65	250m:	3:27.54	43.69	450m:	6:20.61	43.49	650m:	9:13.24	42.80
100m:	1:17.87	41.22	300m:	4:10.30	42.76	500m:	7:03.55	42.94	700m:	9:55.62	42.38
150m:	2:01.04	43.17	350m:	4:54.06	43.76	550m:	7:47.22	43.67	750m:	10:38.25	42.63
200m:	2:43.85	42.81	400m:	5:37.12	43.06	600m:	8:30.44	43.22	800m:	11:18.78	40.53
14.	2011 II				-				<b>11:24.69</b>	III	287
50m:	38.49	38.49	250m:	3:31.75	43.62	450m:	6:25.76	43.21	650m:	9:18.79	42.91
100m:	1:21.43	42.94	300m:	4:15.61	43.86	500m:	7:09.14	43.38	700m:	10:01.34	42.55
150m:	2:05.25	43.82	350m:	4:59.20	43.59	550m:	7:53.06	43.92	750m:	10:43.58	42.24
200m:	2:48.13	42.88	400m:	5:42.55	43.35	600m:	8:35.88	42.82	800m:	11:24.69	41.11
15.	2011 III				-				<b>11:45.07</b>	III	263
50m:	37.52	37.52	250m:	3:32.63	44.48	450m:	6:32.54	43.68	650m:	9:32.15	45.18
100m:	1:21.34	43.82	300m:	4:17.16	44.53	500m:	7:18.15	45.61	700m:	10:16.83	44.68
150m:	2:04.78	43.44	350m:	5:02.87	45.71	550m:	8:02.24	44.09	750m:	10:59.09	42.26
200m:	2:48.15	43.37	400m:	5:48.86	45.99	600m:	8:46.97	44.73	800m:	11:45.07	45.98
16.	2012 III				"				<b>11:48.09</b>	III	260
50m:	38.11	38.11	250m:	3:38.47	45.29	450m:	6:38.60	45.28	650m:	9:36.77	44.38
100m:	1:22.96	44.85	300m:	4:23.93	45.46	500m:	7:23.04	44.44	700m:	10:20.35	43.58
150m:	2:08.29	45.33	350m:	5:08.91	44.98	550m:	8:08.25	45.21	750m:	11:05.04	44.69
200m:	2:53.18	44.89	400m:	5:53.32	44.41	600m:	8:52.39	44.14	800m:	11:48.09	43.05
17.	2011 III ( )				"				<b>11:54.88</b>	III	252
50m:	39.75	39.75	250m:	3:38.81	45.26	450m:	6:40.73	45.12	650m:	9:41.76	45.13
100m:	1:23.45	43.70	300m:	4:24.61	45.80	500m:	7:26.47	45.74	700m:	10:26.87	45.11
150m:	2:08.14	44.69	350m:	5:09.71	45.10	550m:	8:11.93	45.46	750m:	11:10.98	44.11
200m:	2:53.55	45.41	400m:	5:55.61	45.90	600m:	8:56.63	44.70	800m:	11:54.88	43.90
18.	2011 III				"				<b>11:58.80</b>	III	248
50m:	36.63	36.63	250m:	3:35.12	45.95	450m:	6:41.07	45.86	650m:	9:45.08	45.68
100m:	1:19.74	43.11	300m:	4:21.97	46.85	500m:	7:27.31	46.24	700m:	10:30.68	45.60
150m:	2:03.84	44.10	350m:	5:08.52	46.55	550m:	8:13.47	46.16	750m:	11:15.20	44.52
200m:	2:49.17	45.33	400m:	5:55.21	46.69	600m:	8:59.40	45.93	800m:	11:58.80	43.60
19.	2012 II 5,				"				<b>12:05.50</b>	III	242
50m:	38.53	38.53	250m:	3:40.67	46.40	450m:	6:43.37	43.45	650m:	9:50.26	45.99
100m:	1:22.03	43.50	300m:	4:27.28	46.61	500m:	7:31.08	47.71	700m:	10:37.44	47.18
150m:	2:07.83	45.80	350m:	5:14.70	47.42	550m:	8:17.92	46.84	750m:	11:22.44	45.00
200m:	2:54.27	46.44	400m:	5:59.92	45.22	600m:	9:04.27	46.35	800m:	12:05.50	43.06
20.	2011 III				-				<b>12:21.63</b>	III	226
50m:	39.63	39.63	250m:	3:44.52	47.56	450m:	6:54.37	48.02	650m:	10:03.01	47.00
100m:	1:25.08	45.45	300m:	4:32.29	47.77	500m:	7:40.41	46.04	700m:	10:50.50	47.49
150m:	2:11.10	46.02	350m:	5:18.77	46.48	550m:	8:28.74	48.33	750m:	11:36.22	45.72
200m:	2:56.96	45.86	400m:	6:06.35	47.58	600m:	9:16.01	47.27	800m:	12:21.63	45.41
21.	2011 I				-				<b>12:29.29</b>	III	219
50m:	39.59	39.59	250m:	3:47.38	48.53	450m:	7:02.67	47.74	650m:	10:15.18	47.85
100m:	1:23.99	44.40	300m:	4:36.54	49.16	500m:	7:51.14	48.47	700m:	11:03.01	47.83
150m:	2:10.55	46.56	350m:	5:25.26	48.72	550m:	8:39.40	48.26	750m:	11:47.15	44.14
200m:	2:58.85	48.30	400m:	6:14.93	49.67	600m:	9:27.33	47.93	800m:	12:29.29	42.14
22.	2012 I ( )				"				<b>12:37.98</b>	III	212
50m:	39.53	39.53	250m:	3:46.46	48.14	450m:	7:01.82	50.06	650m:	10:21.04	50.02
100m:	1:24.48	44.95	300m:	4:33.95	47.49	500m:	7:52.35	50.53	700m:	11:08.35	47.31
150m:	2:10.71	46.23	350m:	5:22.78	48.83	550m:	8:40.73	48.38	750m:	11:54.08	45.73
200m:	2:58.32	47.61	400m:	6:11.76	48.98	600m:	9:31.02	50.29	800m:	12:37.98	43.90
23.	2012 II 5,				"				<b>12:41.36</b>	I	209
50m:	38.66	38.66	250m:	3:55.37	49.27	450m:	7:13.92	50.05	650m:	10:27.50	48.12
100m:	1:26.91	48.25	300m:	4:45.62	50.25	500m:	8:01.79	47.87	700m:	11:13.96	46.46
150m:	2:17.00	50.09	350m:	5:34.35	48.73	550m:	8:51.62	49.83	750m:	11:59.92	45.96
200m:	3:06.10	49.10	400m:	6:23.87	49.52	600m:	9:39.38	47.76	800m:	12:41.36	41.44
24.	2012 I				-				<b>12:48.60</b>	I	203
50m:	40.60	40.60	250m:	3:51.08	48.84	450m:	7:09.78	48.96	650m:	10:27.47	49.62
100m:	1:25.33	44.73	300m:	4:40.93	49.85	500m:	7:59.09	49.31	700m:	11:15.40	47.93
150m:	2:14.04	48.71	350m:	5:30.74	49.81	550m:	8:49.91	50.82	750m:	12:02.85	47.45
200m:	3:02.24	48.20	400m:	6:20.82	50.08	600m:	9:37.85	47.94	800m:	12:48.60	45.75



44, , 800m , (11-12 )

					R.T.				FINA		
25.	2012				<b>12:57.33</b>				196		
50m:	37.73	37.73	250m:	3:52.87	50.15	450m:	7:13.73	50.24	650m:	10:34.09	50.63
100m:	1:23.36	45.63	300m:	4:43.08	50.21	500m:	8:03.32	49.59	700m:	11:23.40	49.31
150m:	2:12.85	49.49	350m:	5:32.99	49.91	550m:	8:53.04	49.72	750m:	12:11.79	48.39
200m:	3:02.72	49.87	400m:	6:23.49	50.50	600m:	9:43.46	50.42	800m:	12:57.33	45.54
26.	2011				<b>12:58.27</b>				196		
50m:	40.46	40.46	250m:	3:57.05	50.41	450m:	7:17.65	49.83	650m:	10:35.89	49.48
100m:	1:28.20	47.74	300m:	4:47.66	50.61	500m:	8:07.00	49.35	700m:	11:25.05	49.16
150m:	2:16.44	48.24	350m:	5:37.56	49.90	550m:	8:57.23	50.23	750m:	12:12.16	47.11
200m:	3:06.64	50.20	400m:	6:27.82	50.26	600m:	9:46.41	49.18	800m:	12:58.27	46.11
27.	2012				<b>13:16.48</b>				182		
50m:	41.35	41.35	250m:	4:01.50	51.12	450m:	7:27.01	51.36	650m:	10:49.12	50.98
100m:	1:29.23	47.88	300m:	4:53.10	51.60	500m:	8:17.11	50.10	700m:	11:39.75	50.63
150m:	2:20.15	50.92	350m:	5:44.08	50.98	550m:	9:08.29	51.18	750m:	12:30.19	50.44
200m:	3:10.38	50.23	400m:	6:35.65	51.57	600m:	9:58.14	49.85	800m:	13:16.48	46.29
28.	2012   ( )				<b>13:17.46</b>				182		
50m:	38.57	38.57	250m:	3:58.01	51.56	450m:	7:23.40	51.80	650m:	10:49.24	50.87
100m:	1:25.71	47.14	300m:	4:48.79	50.78	500m:	8:14.74	51.34	700m:	11:39.04	49.80
150m:	2:16.60	50.89	350m:	5:41.35	52.56	550m:	9:07.89	53.15	750m:	12:29.68	50.64
200m:	3:06.45	49.85	400m:	6:31.60	50.25	600m:	9:58.37	50.48	800m:	13:17.46	47.78
29.	2012   ( )				<b>13:21.44</b>				179		
50m:	40.57	40.57	250m:	4:00.52	50.88	450m:	7:24.12	51.10	650m:	10:49.42	51.52
100m:	1:28.81	48.24	300m:	4:51.15	50.63	500m:	8:14.99	50.87	700m:	11:39.83	50.41
150m:	2:19.54	50.73	350m:	5:42.29	51.14	550m:	9:06.27	51.28	750m:	12:30.94	51.11
200m:	3:09.64	50.10	400m:	6:33.02	50.73	600m:	9:57.90	51.63	800m:	13:21.44	50.50
30.	2012				<b>13:24.48</b>				177		
50m:	2:22.95	2:22.95	250m:	5:45.95	2:33.54	450m:	9:11.40	2:33.73	650m:	12:34.88	2:32.40
100m:	1:32.33		300m:	4:55.01		500m:	8:19.61		700m:	11:44.11	
150m:	4:03.17	2:30.84	350m:	7:28.78	2:33.77	550m:	10:54.62	2:35.01	800m:	13:24.48	1:40.37
200m:	3:12.41		400m:	6:37.67		600m:	10:02.48				
31.	2012				<b>13:37.29</b>				169		
50m:	41.85	41.85	250m:	4:07.11	53.05	450m:	7:38.52	53.64	650m:	11:06.12	51.07
100m:	1:31.16	49.31	300m:	5:00.75	53.64	500m:	8:30.27	51.75	700m:	11:57.89	51.77
150m:	2:22.75	51.59	350m:	5:53.04	52.29	550m:	9:22.22	51.95	750m:	12:48.62	50.73
200m:	3:14.06	51.31	400m:	6:44.88	51.84	600m:	10:15.05	52.83	800m:	13:37.29	48.67
32.	2012				<b>13:39.14</b>				168		
50m:	40.82	40.82	250m:	4:05.32	52.49	450m:	7:35.67	53.55	650m:	11:05.57	52.60
100m:	1:29.36	48.54	300m:	4:57.60	52.28	500m:	8:27.41	51.74	700m:	11:58.09	52.52
150m:	2:21.07	51.71	350m:	5:50.41	52.81	550m:	9:20.08	52.67	750m:	12:50.34	52.25
200m:	3:12.83	51.76	400m:	6:42.12	51.71	600m:	10:12.97	52.89	800m:	13:39.14	48.80
33.	2012				<b>14:41.58</b>				134		
50m:	43.02	43.02	250m:	4:21.62	55.47	450m:	8:09.06	56.70	650m:	11:58.49	56.50
100m:	1:35.23	52.21	300m:	5:18.63	57.01	500m:	9:07.95	58.89	700m:	12:57.44	58.95
150m:	2:30.39	55.16	350m:	6:15.38	56.75	550m:	10:04.23	56.28	750m:	13:52.49	55.05
200m:	3:26.15	55.76	400m:	7:12.36	56.98	600m:	11:01.99	57.76	800m:	14:41.58	49.09



44, , 800m

44 , 800m (13-14 )

06.05.2023 - 14:02

: FINA 2023

								R.T.		FINA		
1.				2009 I					<b>9:24.92 I</b>		512	
	50m:	30.55	30.55	250m:	2:50.46	35.54	450m:	5:14.32	35.99	650m:	7:38.95	35.95
	100m:	1:04.75	34.20	300m:	3:26.34	35.88	500m:	5:50.56	36.24	700m:	8:15.61	36.66
	150m:	1:39.47	34.72	350m:	4:02.10	35.76	550m:	6:26.41	35.85	750m:	8:50.96	35.35
	200m:	2:14.92	35.45	400m:	4:38.33	36.23	600m:	7:03.00	36.59	800m:	9:24.92	33.96
2.				2009 I		4,				<b>9:36.32 I</b>	482	
	50m:	31.70	31.70	250m:	2:56.61	36.98	450m:	5:23.19	36.96	650m:	7:50.31	35.76
	100m:	1:07.26	35.56	300m:	3:33.21	36.60	500m:	6:00.84	37.65	700m:	8:26.81	36.50
	150m:	1:43.21	35.95	350m:	4:10.14	36.93	550m:	6:37.62	36.78	750m:	9:02.14	35.33
	200m:	2:19.63	36.42	400m:	4:46.23	36.09	600m:	7:14.55	36.93	800m:	9:36.32	34.18
3.				2010 I		4,				<b>9:37.60 I</b>	479	
	50m:	31.86	31.86	250m:	2:56.51	36.89	450m:	5:23.33	36.81	650m:	7:50.48	36.27
	100m:	1:07.29	35.43	300m:	3:33.22	36.71	500m:	6:00.57	37.24	700m:	8:27.38	36.90
	150m:	1:43.26	35.97	350m:	4:10.03	36.81	550m:	6:37.05	36.48	750m:	9:03.17	35.79
	200m:	2:19.62	36.36	400m:	4:46.52	36.49	600m:	7:14.21	37.16	800m:	9:37.60	34.43
4.				2010 II		,				<b>9:42.37 II</b>	467	
	50m:	33.21	33.21	250m:	2:59.37	36.72	450m:	5:26.39	36.57	650m:	7:53.18	36.14
	100m:	1:09.59	36.38	300m:	3:36.16	36.79	500m:	6:03.47	37.08	700m:	8:28.93	35.75
	150m:	1:45.99	36.40	350m:	4:12.98	36.82	550m:	6:39.98	36.51	750m:	9:06.57	37.64
	200m:	2:22.65	36.66	400m:	4:49.82	36.84	600m:	7:17.04	37.06	800m:	9:42.37	35.80
5.				2010 II		( )				<b>10:01.73 II</b>	424	
	50m:	32.75	32.75	250m:	3:01.19	37.80	450m:	5:34.64	38.45	650m:	8:09.69	38.21
	100m:	1:08.88	36.13	300m:	3:39.19	38.00	500m:	6:13.77	39.13	700m:	8:47.48	37.79
	150m:	1:45.97	37.09	350m:	4:17.83	38.64	550m:	6:53.00	39.23	750m:	9:25.14	37.66
	200m:	2:23.39	37.42	400m:	4:56.19	38.36	600m:	7:31.48	38.48	800m:	10:01.73	36.59
6.				2009 II		4,				<b>10:08.21 II</b>	410	
	50m:	34.34	34.34	250m:	3:03.99	38.33	450m:	5:38.90	39.08	650m:	8:14.85	39.59
	100m:	1:10.45	36.11	300m:	3:42.25	38.26	500m:	6:17.70	38.80	700m:	8:53.63	38.78
	150m:	1:48.00	37.55	350m:	4:20.99	38.74	550m:	6:56.55	38.85	750m:	9:31.56	37.93
	200m:	2:25.66	37.66	400m:	4:59.82	38.83	600m:	7:35.26	38.71	800m:	10:08.21	36.65
7.				2010 II		,				<b>10:18.65 II</b>	390	
	50m:	34.45	34.45	250m:	3:09.79	39.26	450m:	5:46.91	39.19	650m:	8:24.02	39.37
	100m:	1:12.33	37.88	300m:	3:49.04	39.25	500m:	6:26.20	39.29	700m:	9:03.12	39.10
	150m:	1:51.51	39.18	350m:	4:28.16	39.12	550m:	7:05.32	39.12	750m:	9:42.01	38.89
	200m:	2:30.53	39.02	400m:	5:07.72	39.56	600m:	7:44.65	39.33	800m:	10:18.65	36.64
8.				2010 III		5,				<b>10:20.54 II</b>	386	
	50m:	32.56	32.56	250m:	3:09.36	39.59	450m:	5:47.70	38.99	650m:	8:26.52	38.81
	100m:	1:11.26	38.70	300m:	3:49.29	39.93	500m:	6:28.43	40.73	700m:	9:05.15	38.63
	150m:	1:49.88	38.62	350m:	4:28.70	39.41	550m:	7:07.80	39.37	750m:	9:43.32	38.17
	200m:	2:29.77	39.89	400m:	5:08.71	40.01	600m:	7:47.71	39.91	800m:	10:20.54	37.22
9.				2010 II		,				<b>10:35.81 II</b>	359	
	50m:	35.04	35.04	250m:	3:13.27	40.25	450m:	5:53.86	40.96	650m:	8:36.76	42.03
	100m:	1:13.53	38.49	300m:	3:52.92	39.65	500m:	6:33.82	39.96	700m:	9:16.33	39.57
	150m:	1:54.10	40.57	350m:	4:33.22	40.30	550m:	7:14.51	40.69	750m:	9:57.69	41.36
	200m:	2:33.02	38.92	400m:	5:12.90	39.68	600m:	7:54.73	40.22	800m:	10:35.81	38.12
10.				2010 II		( )				<b>10:47.56 II</b>	340	
	50m:	34.97	34.97	250m:	3:17.56	40.78	450m:	6:02.67	41.04	650m:	8:50.61	42.15
	100m:	1:14.90	39.93	300m:	3:58.32	40.76	500m:	6:44.48	41.81	700m:	9:29.69	39.08
	150m:	1:55.72	40.82	350m:	4:39.66	41.34	550m:	7:26.54	42.06	750m:	10:09.37	39.68
	200m:	2:36.78	41.06	400m:	5:21.63	41.97	600m:	8:08.46	41.92	800m:	10:47.56	38.19
11.				2009 II		,				<b>10:50.16 II</b>	336	
	50m:	34.08	34.08	250m:	3:11.69	40.04	450m:	5:58.30	42.42	650m:	8:48.57	42.61
	100m:	1:12.13	38.05	300m:	3:52.69	41.00	500m:	6:41.13	42.83	700m:	9:31.93	43.36
	150m:	1:51.52	39.39	350m:	4:33.60	40.91	550m:	7:22.81	41.68	750m:	10:13.42	41.49
	200m:	2:31.65	40.13	400m:	5:15.88	42.28	600m:	8:05.96	43.15	800m:	10:50.16	36.74





44, , 800m , (13-14 )

								R.T.		FINA		
12.			2009	II	" "			<b>10:58.82</b>	II		323	
	50m:	35.83	35.83	250m:	3:18.63	41.19	450m:	6:06.62	41.86	650m:	8:55.67	41.99
	100m:	1:15.64	39.81	300m:	4:00.32	41.69	500m:	6:49.15	42.53	700m:	9:37.44	41.77
	150m:	1:56.37	40.73	350m:	4:42.82	42.50	550m:	7:31.27	42.12	750m:	10:18.67	41.23
	200m:	2:37.44	41.07	400m:	5:24.76	41.94	600m:	8:13.68	42.41	800m:	10:58.82	40.15
13.			2010	II		4,				<b>11:06.00</b>	II	312
	50m:	37.07	37.07	250m:	3:25.95	42.16	450m:	6:15.44	42.70	650m:	9:04.47	42.13
	100m:	1:18.94	41.87	300m:	4:08.55	42.60	500m:	6:57.25	41.81	700m:	9:47.31	42.84
	150m:	2:01.60	42.66	350m:	4:50.18	41.63	550m:	7:39.61	42.36	750m:	10:29.06	41.75
	200m:	2:43.79	42.19	400m:	5:32.74	42.56	600m:	8:22.34	42.73	800m:	11:06.00	36.94
14.			2010	III		4,				<b>11:17.11</b>	II	297
	50m:	35.80	35.80	250m:	3:25.33	43.42	450m:	6:19.53	42.69	650m:	9:13.67	43.30
	100m:	1:16.49	40.69	300m:	4:08.83	43.50	500m:	7:03.40	43.87	700m:	9:56.73	43.06
	150m:	1:58.34	41.85	350m:	4:53.51	44.68	550m:	7:46.58	43.18	750m:	10:38.12	41.39
	200m:	2:41.91	43.57	400m:	5:36.84	43.33	600m:	8:30.37	43.79	800m:	11:17.11	38.99
15.			2010	II	( )	,				<b>11:17.93</b>	II	296
	50m:	35.36	35.36	250m:	3:26.51	43.39	450m:	6:21.19	43.80	650m:	9:11.81	42.80
	100m:	1:17.09	41.73	300m:	4:10.28	43.77	500m:	7:03.30	42.11	700m:	9:53.78	41.97
	150m:	1:59.90	42.81	350m:	4:53.51	43.23	550m:	7:47.47	44.17	750m:	10:36.85	43.07
	200m:	2:43.12	43.22	400m:	5:37.39	43.88	600m:	8:29.01	41.54	800m:	11:17.93	41.08
16.			2010	III	,	-				<b>11:31.92</b>	III	278
	50m:	37.09	37.09	250m:	5:01.01	2:15.21	450m:	10:51.88	5:06.02	800m:	11:31.92	1:23.93
	100m:	1:18.99	41.90	300m:	4:15.69		500m:	7:13.81				
	150m:	2:02.63	43.64	350m:	9:25.43	5:09.74	600m:	8:41.41	1:27.60			
	200m:	2:45.80	43.17	400m:	5:45.86		700m:	10:07.99	1:26.58			
17.			2010	III	" "	,				<b>11:37.00</b>	III	272
	50m:	37.48	37.48	250m:	3:33.81	43.96	450m:	6:31.07	43.68	650m:	9:30.45	44.35
	100m:	1:19.98	42.50	300m:	4:18.11	44.30	500m:	7:15.45	44.38	700m:	10:14.74	44.29
	150m:	2:04.38	44.40	350m:	5:01.85	43.74	550m:	8:00.86	45.41	750m:	10:57.30	42.56
	200m:	2:49.85	45.47	400m:	5:47.39	45.54	600m:	8:46.10	45.24	800m:	11:37.00	39.70
18.			2010	III	,					<b>11:43.06</b>	III	265
	50m:	36.15	36.15	250m:	3:29.52	44.28	450m:	6:31.70	45.48	650m:	9:32.95	44.55
	100m:	1:18.38	42.23	300m:	4:14.74	45.22	500m:	7:17.87	46.17	700m:	10:18.25	45.30
	150m:	2:02.15	43.77	350m:	5:00.55	45.81	550m:	8:03.39	45.52	750m:	11:01.32	43.07
	200m:	2:45.24	43.09	400m:	5:46.22	45.67	600m:	8:48.40	45.01	800m:	11:43.06	41.74
19.			2010	III	,	-				<b>11:45.28</b>	III	263
	50m:	34.96	34.96	250m:	3:30.97	45.51	450m:	6:31.01	45.36	650m:	9:31.35	44.41
	100m:	1:17.83	42.87	300m:	4:16.82	45.85	500m:	7:16.90	45.89	700m:	10:16.58	45.23
	150m:	2:01.59	43.76	350m:	5:00.99	44.17	550m:	8:01.44	44.54	750m:	11:01.13	44.55
	200m:	2:45.46	43.87	400m:	5:45.65	44.66	600m:	8:46.94	45.50	800m:	11:45.28	44.15
20.			2010	III	" "	,				<b>11:52.17</b>	III	255
	50m:	36.32	36.32	250m:	3:34.29	45.73	450m:	6:36.08	45.95	650m:	9:38.84	45.83
	100m:	1:19.60	43.28	300m:	4:19.25	44.96	500m:	7:21.75	45.67	700m:	10:24.52	45.68
	150m:	2:03.22	43.62	350m:	5:04.51	45.26	550m:	8:07.14	45.39	750m:	11:08.54	44.02
	200m:	2:48.56	45.34	400m:	5:50.13	45.62	600m:	8:53.01	45.87	800m:	11:52.17	43.63
21.			2010	III	" "	,				<b>11:54.91</b>	III	252
	50m:	36.96	36.96	250m:	3:38.53	46.10	450m:	6:41.88	45.24	650m:	9:43.50	45.25
	100m:	1:20.33	43.37	300m:	4:24.46	45.93	500m:	7:27.57	45.69	700m:	10:27.48	43.98
	150m:	2:05.89	45.56	350m:	5:09.97	45.51	550m:	8:12.88	45.31	750m:	11:11.91	44.43
	200m:	2:52.43	46.54	400m:	5:56.64	46.67	600m:	8:58.25	45.37	800m:	11:54.91	43.00
22.			2010	III	,	-				<b>11:59.07</b>	III	248
	50m:	37.49	37.49	250m:	3:37.08	45.74	450m:	6:42.25	45.37	650m:	9:46.10	46.22
	100m:	1:20.67	43.18	300m:	4:23.19	46.11	500m:	7:27.81	45.56	700m:	10:31.44	45.34
	150m:	2:05.53	44.86	350m:	5:10.74	47.55	550m:	8:14.27	46.46	750m:	11:16.17	44.73
	200m:	2:51.34	45.81	400m:	5:56.88	46.14	600m:	8:59.88	45.61	800m:	11:59.07	42.90
23.			2010	III	( )	,				<b>12:14.59</b>	III	233
	50m:	38.50	38.50	250m:	3:39.68	47.56	450m:	6:52.30	48.90	650m:	10:03.19	47.47
	100m:	1:21.00	42.50	300m:	4:27.15	47.47	500m:	7:40.41	48.11	700m:	10:49.06	45.87
	150m:	2:05.85	44.85	350m:	5:15.02	47.87	550m:	8:28.20	47.79	750m:	11:33.98	44.92
	200m:	2:52.12	46.27	400m:	6:03.40	48.38	600m:	9:15.72	47.52	800m:	12:14.59	40.61



44, , 800m , (13-14 )

							R.T.	FINA			
24.							<b>12:26.59</b>	III	<b>222</b>		
50m:	34.25	34.25	250m:	3:36.57	49.69	450m:	6:53.97	48.72	650m:	10:06.31	47.46
100m:	1:13.66	39.41	300m:	4:26.85	50.28	500m:	7:42.29	48.32	700m:	10:54.57	48.26
150m:	1:56.66	43.00	350m:	5:16.87	50.02	550m:	8:30.71	48.42	750m:	11:41.58	47.01
200m:	2:46.88	50.22	400m:	6:05.25	48.38	600m:	9:18.85	48.14	800m:	12:26.59	45.01
25.							<b>12:56.15</b>	I	<b>197</b>		
50m:	39.81	39.81	250m:	3:48.69	48.76	450m:	7:11.16	50.21	650m:	10:30.54	49.68
100m:	1:24.40	44.59	300m:	4:39.62	50.93	500m:	8:01.62	50.46	700m:	11:20.47	49.93
150m:	2:10.78	46.38	350m:	5:30.27	50.65	550m:	8:52.31	50.69	750m:	12:08.87	48.40
200m:	2:59.93	49.15	400m:	6:20.95	50.68	600m:	9:40.86	48.55	800m:	12:56.15	47.28
26.							<b>13:43.41</b>	I	<b>165</b>		
50m:	39.29	39.29	250m:	4:02.16	52.52	450m:	7:33.63	52.38	650m:	11:07.77	53.01
100m:	1:26.41	47.12	300m:	4:55.07	52.91	500m:	8:27.29	53.66	700m:	12:00.51	52.74
150m:	2:17.30	50.89	350m:	5:47.72	52.65	550m:	9:20.81	53.52	750m:	12:52.54	52.03
200m:	3:09.64	52.34	400m:	6:41.25	53.53	600m:	10:14.76	53.95	800m:	13:43.41	50.87
DNS							2009	I			