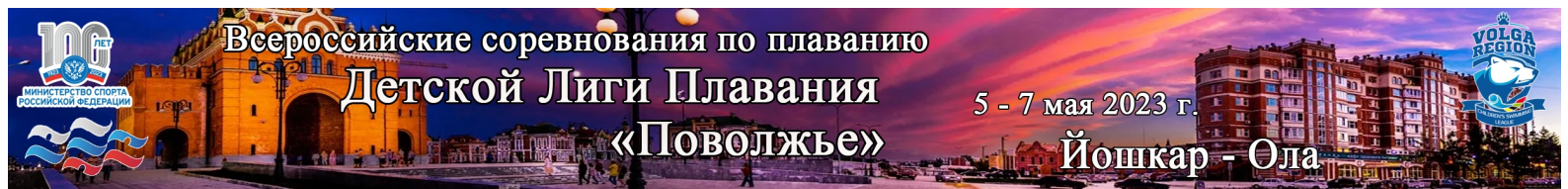




65 , 400m (11-12)
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								R.T.		FINA		
1.			/	2011	II	" "			4:50.63	II	434	
	50m:	32.73	32.73	150m:	1:46.94	37.85	250m:	3:02.08	37.60	350m:	4:16.22	36.82
	100m:	1:09.09	36.36	200m:	2:24.48	37.54	300m:	3:39.40	37.32	400m:	4:50.63	34.41
2.				2011	II	,			5:03.38	II	381	
	50m:	34.07	34.07	150m:	1:49.70	38.61	250m:	3:07.84	39.55	350m:	4:26.63	39.56
	100m:	1:11.09	37.02	200m:	2:28.29	38.59	300m:	3:47.07	39.23	400m:	5:03.38	36.75
3.				2011	II	()	,		5:05.79	II	372	
	50m:	33.64	33.64	150m:	1:51.47	40.15	250m:	3:09.16	39.24	350m:	4:28.03	39.42
	100m:	1:11.32	37.68	200m:	2:29.92	38.45	300m:	3:48.61	39.45	400m:	5:05.79	37.76
4.				2011	II	" "	,		5:08.13	II	364	
	50m:	35.09	35.09	150m:	1:52.31	39.17	250m:	3:11.08	39.44	350m:	4:30.69	39.48
	100m:	1:13.14	38.05	200m:	2:31.64	39.33	300m:	3:51.21	40.13	400m:	5:08.13	37.44
5.				2011	II	,	-		5:12.12	III	350	
	50m:	34.82	34.82	150m:	1:53.24	39.69	250m:	3:13.45	39.97	350m:	4:34.03	40.33
	100m:	1:13.55	38.73	200m:	2:33.48	40.24	300m:	3:53.70	40.25	400m:	5:12.12	38.09
6.				2012	III	()	,		5:34.61	III	284	
	50m:	37.03	37.03	150m:	2:03.35	44.41	250m:	4:54.71	2:08.32	400m:	5:34.61	1:22.47
	100m:	1:18.94	41.91	200m:	2:46.39	43.04	300m:	4:12.14				
7.				2012	III	" "	,		5:40.61	III	269	
	50m:	37.02	37.02	150m:	2:04.77	44.95	250m:	3:33.07	44.53	350m:	5:00.01	43.56
	100m:	1:19.82	42.80	200m:	2:48.54	43.77	300m:	4:16.45	43.38	400m:	5:40.61	40.60
8.				2012	III	,	-		5:47.16	III	254	
	50m:	38.02	38.02	150m:	2:05.39	44.62	250m:	3:33.54	43.64	350m:	5:04.82	45.83
	100m:	1:20.77	42.75	200m:	2:49.90	44.51	300m:	4:18.99	45.45	400m:	5:47.16	42.34
9.				2012	III	5,			5:55.12	I	237	
	50m:	39.72	39.72	150m:	2:11.11	46.41	250m:	3:42.99	45.83	350m:	5:14.16	45.15
	100m:	1:24.70	44.98	200m:	2:57.16	46.05	300m:	4:29.01	46.02	400m:	5:55.12	40.96
10.				2012	II	5,			5:55.13	I	237	
	50m:	38.53	38.53	150m:	2:09.07	46.74	250m:	3:40.21	44.25	350m:	5:12.42	44.97
	100m:	1:22.33	43.80	200m:	2:55.96	46.89	300m:	4:27.45	47.24	400m:	5:55.13	42.71
11.				2011	III	,	-		5:55.55	I	237	
	50m:	40.05	40.05	150m:	2:12.23	46.45	250m:	3:44.29	45.76	350m:	5:16.26	47.13
	100m:	1:25.78	45.73	200m:	2:58.53	46.30	300m:	4:29.13	44.84	400m:	5:55.55	39.29
12.				2011	I	,	-		5:56.09	I	236	
	50m:	38.39	38.39	150m:	2:07.60	45.71	250m:	3:41.30	47.44	350m:	5:14.28	46.12
	100m:	1:21.89	43.50	200m:	2:53.86	46.26	300m:	4:28.16	46.86	400m:	5:56.09	41.81
13.				2012	I	()	,		6:07.95	I	213	
	50m:	40.67	40.67	150m:	2:13.45	47.52	250m:	3:49.04	47.42	350m:	5:24.44	47.16
	100m:	1:25.93	45.26	200m:	3:01.62	48.17	300m:	4:37.28	48.24	400m:	6:07.95	43.51
14.				2012	I	,	-		6:16.73	I	199	
	50m:	40.51	40.51	150m:	2:14.22	48.59	250m:	3:52.53	49.85	350m:	5:30.32	48.63
	100m:	1:25.63	45.12	200m:	3:02.68	48.46	300m:	4:41.69	49.16	400m:	6:16.73	46.41
15.				2012	I	()	,		6:19.58	I	194	
	50m:	39.36	39.36	150m:	2:13.87	48.62	250m:	3:53.41	50.60	350m:	5:33.18	50.55
	100m:	1:25.25	45.89	200m:	3:02.81	48.94	300m:	4:42.63	49.22	400m:	6:19.58	46.40
16.				2012	II	,	-		6:54.04	II	150	
	50m:	41.28	41.28	150m:	2:23.07	54.43	250m:	4:14.91	58.25	350m:	6:05.18	55.73
	100m:	1:28.64	47.36	200m:	3:16.66	53.59	300m:	5:09.45	54.54	400m:	6:54.04	48.86
17.				2012	I	,	-		7:09.77	II	134	
	50m:	45.33	45.33	150m:	2:34.30	56.26	250m:	4:26.66	56.64	350m:	6:19.90	56.77
	100m:	1:38.04	52.71	200m:	3:30.02	55.72	300m:	5:23.13	56.47	400m:	7:09.77	49.87
DSQ				2012	I	,	-			I		



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			/				R.T.				FINA	
1.			2009	I		-				4:29.33	I	545
	50m:	29.88	29.88	150m:	1:36.51	33.69	250m:	2:45.24	34.62	350m:	3:55.62	35.16
	100m:	1:02.82	32.94	200m:	2:10.62	34.11	300m:	3:20.46	35.22	400m:	4:29.33	33.71
2.			2009	I		,				4:33.19	I	522
	50m:	30.67	30.67	150m:	1:39.29	34.87	250m:	2:49.35	35.51	350m:	3:59.46	34.96
	100m:	1:04.42	33.75	200m:	2:13.84	34.55	300m:	3:24.50	35.15	400m:	4:33.19	33.73
3.			2010	II	()	,				4:49.94	II	437
	50m:	31.87	31.87	150m:	1:44.06	36.72	250m:	2:59.30	37.79	350m:	4:14.44	37.31
	100m:	1:07.34	35.47	200m:	2:21.51	37.45	300m:	3:37.13	37.83	400m:	4:49.94	35.50
4.			2010	II		,				4:59.49	II	396
	50m:	34.22	34.22	150m:	3:05.73	1:54.57	250m:	4:22.54	1:55.23	400m:	4:59.49	1:15.62
	100m:	1:11.16	36.94	200m:	2:27.31		300m:	3:43.87				
5.			2010	III		5,				5:01.50	II	388
	50m:	32.90	32.90	150m:	1:48.37	38.50	250m:	3:06.56	39.07	350m:	4:24.33	38.77
	100m:	1:09.87	36.97	200m:	2:27.49	39.12	300m:	3:45.56	39.00	400m:	5:01.50	37.17
6.			2010	II		,				5:02.55	II	384
	50m:	34.91	34.91	150m:	1:51.62	38.51	250m:	3:08.45	38.16	350m:	4:26.05	38.88
	100m:	1:13.11	38.20	200m:	2:30.29	38.67	300m:	3:47.17	38.72	400m:	5:02.55	36.50
7.			2010	II		,				5:12.78	III	348
	50m:	35.85	35.85	150m:	1:55.31	40.15	250m:	3:14.93	40.08	350m:	4:34.83	40.02
	100m:	1:15.16	39.31	200m:	2:34.85	39.54	300m:	3:54.81	39.88	400m:	5:12.78	37.95
8.			2010	II		4,				5:21.51	III	320
	50m:	35.42	35.42	150m:	1:56.93	40.73	250m:	3:19.63	41.35	350m:	4:42.87	41.83
	100m:	1:16.20	40.78	200m:	2:38.28	41.35	300m:	4:01.04	41.41	400m:	5:21.51	38.64
9.			2010	III		4,				5:25.42	III	309
	50m:	34.97	34.97	150m:	1:56.77	42.11	250m:	3:22.47	43.00	350m:	4:47.26	41.92
	100m:	1:14.66	39.69	200m:	2:39.47	42.70	300m:	4:05.34	42.87	400m:	5:25.42	38.16
10.			2009	II		,				5:27.28	III	304
	50m:	34.46	34.46	150m:	1:54.06	40.81	250m:	3:17.63	42.02	350m:	4:44.86	43.72
	100m:	1:13.25	38.79	200m:	2:35.61	41.55	300m:	4:01.14	43.51	400m:	5:27.28	42.42
11.			2010	III		,				5:44.49	III	260
	50m:	36.60	36.60	150m:	2:02.58	44.39	250m:	3:33.12	45.75	350m:	5:01.50	43.68
	100m:	1:18.19	41.59	200m:	2:47.37	44.79	300m:	4:17.82	44.70	400m:	5:44.49	42.99
12.			2010	III	"	"				5:48.95	III	250
	50m:	3:33.58	3:33.58	150m:	5:05.85	3:49.03	300m:	5:48.95	1:29.73			
	100m:	1:16.82		200m:	4:19.22		400m:	5:48.95				