



Детской Лиги Плавания

«Поволжье»

ПЕНЗА

64 , 800m (9-10)
09.04.2023 - 11:24

: FINA 2023

								R.T.			FINA	
1.				2013 II				-2	11:20.32	2	361	
	50m:	38.52	38.52	250m:	3:31.49	43.74	450m:	6:23.70	43.68	650m:	9:14.92	43.18
	100m:	1:21.05	42.53	300m:	4:13.39	41.90	500m:	7:05.69	41.99	700m:	9:57.17	42.25
	150m:	2:04.82	43.77	350m:	4:57.34	43.95	550m:	7:49.33	43.64	750m:	10:40.20	43.03
	200m:	2:47.75	42.93	400m:	5:40.02	42.68	600m:	8:31.74	42.41	800m:	11:20.32	40.12
2.				2013 III		10 "		"	12:59.02	3	240	
	50m:	44.35	44.35	250m:	4:01.40	47.83	450m:	7:20.42	50.35	650m:	10:42.50	51.25
	100m:	1:34.04	49.69	300m:	4:51.10	49.70	500m:	8:11.00	50.58	700m:	11:31.85	49.35
	150m:	2:23.37	49.33	350m:	5:40.33	49.23	550m:	9:01.54	50.54	750m:	12:18.09	46.24
	200m:	3:13.57	50.20	400m:	6:30.07	49.74	600m:	9:51.25	49.71	800m:	12:59.02	40.93
3.				2013 III		10 "		"	13:18.04	3	224	
	50m:	42.57	42.57	250m:	4:03.32	49.92	450m:	7:25.21	50.97	650m:	10:50.62	50.50
	100m:	1:32.31	49.74	300m:	4:54.33	51.01	500m:	8:16.93	51.72	700m:	11:40.93	50.31
	150m:	2:22.14	49.83	350m:	5:43.85	49.52	550m:	9:07.64	50.71	750m:	12:30.65	49.72
	200m:	3:13.40	51.26	400m:	6:34.24	50.39	600m:	10:00.12	52.48	800m:	13:18.04	47.39
4.				2013 I					14:30.13	1	172	
	50m:	44.01	44.01	250m:	4:19.39	56.06	450m:	8:03.72	54.93	650m:	11:48.41	58.00
	100m:	1:36.02	52.01	300m:	5:15.61	56.22	500m:	8:59.08	55.36	700m:	12:44.34	55.93
	150m:	2:30.38	54.36	350m:	6:11.52	55.91	550m:	9:55.11	56.03	750m:	13:37.82	53.48
	200m:	3:23.33	52.95	400m:	7:08.79	57.27	600m:	10:50.41	55.30	800m:	14:30.13	52.31
5.				2013 I					15:07.79	1	152	
	50m:	45.22	45.22	250m:	4:35.14	56.41	450m:	8:28.86	58.92	650m:	12:17.52	56.60
	100m:	1:42.35	57.13	300m:	5:34.11	58.97	500m:	9:24.99	56.13	700m:	13:15.62	58.10
	150m:	2:39.33	56.98	350m:	6:31.80	57.69	550m:	10:24.36	59.37	750m:	14:12.01	56.39
	200m:	3:38.73	59.40	400m:	7:29.94	58.14	600m:	11:20.92	56.56	800m:	15:07.79	55.78
6.				2013 I					15:16.08	1	148	
	50m:	45.10	45.10	250m:	4:32.26	56.47	450m:	8:29.44	59.18	650m:	12:32.76	1:02.44
	100m:	1:39.49	54.39	300m:	5:30.75	58.49	500m:	9:28.85	59.41	700m:	13:27.98	55.22
	150m:	2:37.39	57.90	350m:	6:28.23	57.48	550m:	10:28.83	59.98	750m:	14:21.69	53.71
	200m:	3:35.79	58.40	400m:	7:30.26	1:02.03	600m:	11:30.32	1:01.49	800m:	15:16.08	54.39
7.				2013 I					+0,74 15:25.88	1	143	
	50m:	47.94	47.94	250m:	4:41.08	59.73	450m:	8:37.56	1:05.03	650m:	12:32.54	58.09
	100m:	1:44.71	56.77	300m:	5:39.90	58.82	500m:	9:37.86	1:00.30	700m:	13:33.42	1:00.88
	150m:	2:43.26	58.55	350m:	6:40.24	1:00.34	550m:	10:35.38	57.52	750m:	14:30.39	56.97
	200m:	3:41.35	58.09	400m:	7:32.53	52.29	600m:	11:34.45	59.07	800m:	15:25.88	55.49
8.				2013 I					+0,76 15:38.89	1	137	
	50m:	46.21	46.21	250m:	4:41.74	58.56	450m:	8:47.23	1:00.98	650m:	12:45.16	58.03
	100m:	1:45.54	59.33	300m:	5:43.41	1:01.67	500m:	9:47.52	1:00.29	700m:	13:45.88	1:00.72
	150m:	2:43.60	58.06	350m:	6:43.56	1:00.15	550m:	10:45.42	57.90	750m:	14:41.46	55.58
	200m:	3:43.18	59.58	400m:	7:46.25	1:02.69	600m:	11:47.13	1:01.71	800m:	15:38.89	57.43

DSQ 2013 III " " , 3

64 , 800m (11-12)
09.04.2023 - 11:24

: FINA 2023

								R.T.			FINA	
1.				2011 II		10 "		"	+1,39 10:27.20	2	461	
	50m:	34.94	34.94	250m:	3:11.16	39.39	450m:	5:51.40	40.30	650m:	8:32.75	40.51
	100m:	1:13.72	38.78	300m:	3:50.75	39.59	500m:	6:31.36	39.96	700m:	9:12.47	39.72
	150m:	1:53.02	39.30	350m:	4:30.83	40.08	550m:	7:11.76	40.40	750m:	9:49.80	37.33
	200m:	2:31.77	38.75	400m:	5:11.10	40.27	600m:	7:52.24	40.48	800m:	10:27.20	37.40
2.				2011 I					10:36.16	2	442	
	50m:	33.04	33.04	250m:	3:12.94	41.06	450m:	5:54.04	39.68	650m:	8:38.30	40.39
	100m:	1:12.29	39.25	300m:	3:52.05	39.11	500m:	6:35.21	41.17	700m:	9:19.39	41.09
	150m:	1:52.42	40.13	350m:	4:33.54	41.49	550m:	7:16.79	41.58	750m:	9:57.83	38.44
	200m:	2:31.88	39.46	400m:	5:14.36	40.82	600m:	7:57.91	41.12	800m:	10:36.16	38.33

Детской Лиги Плавания

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ПЕНЗА

64, , 800m , (11-12)

								R.T.			FINA	
3.				2012 II	10 "	"		+1,08	10:55.46	2	404	
	50m:	36.69	36.69	250m:	3:20.63	41.63	450m:	6:08.69	41.98	650m:	8:55.44	41.31
	100m:	1:16.76	40.07	300m:	4:02.94	42.31	500m:	6:50.55	41.86	700m:	9:36.75	41.31
	150m:	1:57.12	40.36	350m:	4:44.63	41.69	550m:	7:32.14	41.59	750m:	10:16.72	39.97
	200m:	2:39.00	41.88	400m:	5:26.71	42.08	600m:	8:14.13	41.99	800m:	10:55.46	38.74
4.				2011 II	" "	"			11:04.82	2	387	
	50m:	37.61	37.61	250m:	3:22.78	41.89	450m:	6:12.09	42.43	650m:	9:02.11	42.48
	100m:	1:18.45	40.84	300m:	4:04.59	41.81	500m:	6:54.53	42.44	700m:	9:44.17	42.06
	150m:	1:59.42	40.97	350m:	4:47.50	42.91	550m:	7:37.39	42.86	750m:	10:25.46	41.29
	200m:	2:40.89	41.47	400m:	5:29.66	42.16	600m:	8:19.63	42.24	800m:	11:04.82	39.36
5.				2011 III	10 "	"			11:13.05	2	373	
	50m:	37.98	37.98	250m:	3:27.17	42.15	450m:	6:18.85	42.07	650m:	9:10.38	42.16
	100m:	1:19.77	41.79	300m:	4:10.45	43.28	500m:	7:02.93	44.08	700m:	9:53.88	43.50
	150m:	2:02.88	43.11	350m:	4:53.32	42.87	550m:	7:45.06	42.13	750m:	10:32.61	38.73
	200m:	2:45.02	42.14	400m:	5:36.78	43.46	600m:	8:28.22	43.16	800m:	11:13.05	40.44
6.				2011 II	14,	"			11:20.75	2	361	
	50m:	36.76	36.76	250m:	3:26.07	43.47	450m:	6:21.60	43.59	650m:	9:16.40	44.17
	100m:	1:17.46	40.70	300m:	4:10.00	43.93	500m:	7:04.82	43.22	700m:	9:59.48	43.08
	150m:	1:59.99	42.53	350m:	4:54.08	44.08	550m:	7:48.48	43.66	750m:	10:41.87	42.39
	200m:	2:42.60	42.61	400m:	5:38.01	43.93	600m:	8:32.23	43.75	800m:	11:20.75	38.88
7.				2011 II	.	"		+0,77	11:20.80	2	361	
	50m:	36.41	36.41	250m:	3:22.82	42.15	450m:	6:14.15	42.91	650m:	9:08.45	43.33
	100m:	1:17.21	40.80	300m:	4:05.82	43.00	500m:	6:57.83	43.68	700m:	9:52.47	44.02
	150m:	1:58.26	41.05	350m:	4:48.24	42.42	550m:	7:41.03	43.20	750m:	10:35.59	43.12
	200m:	2:40.67	42.41	400m:	5:31.24	43.00	600m:	8:25.12	44.09	800m:	11:20.80	45.21
8.				2011 II	,	"			11:20.85	2	360	
	50m:	37.61	37.61	250m:	3:26.33	42.98	450m:	6:20.97	44.16	650m:	9:17.78	44.79
	100m:	1:18.68	41.07	300m:	4:09.13	42.80	500m:	7:04.91	43.94	700m:	9:59.71	41.93
	150m:	2:00.77	42.09	350m:	4:52.98	43.85	550m:	7:48.72	43.81	750m:	10:43.50	43.79
	200m:	2:43.35	42.58	400m:	5:36.81	43.83	600m:	8:32.99	44.27	800m:	11:20.85	37.35
9.				2011 II	10 "	"		+0,78	11:29.35	2	347	
	50m:	36.60	36.60	250m:	3:27.10	42.37	450m:	6:20.84	44.19	650m:	9:20.61	45.67
	100m:	1:18.83	42.23	300m:	4:10.45	43.35	500m:	7:05.34	44.50	700m:	10:05.82	45.21
	150m:	2:01.22	42.39	350m:	4:53.99	43.54	550m:	7:50.29	44.95	750m:	10:48.50	42.68
	200m:	2:44.73	43.51	400m:	5:36.65	42.66	600m:	8:34.94	44.65	800m:	11:29.35	40.85
10.				2012 II	,	"			11:30.13	2	346	
	50m:	40.06	40.06	250m:	3:36.52	44.31	450m:	6:29.74	42.64	650m:	9:24.36	43.66
	100m:	1:24.44	44.38	300m:	4:18.93	42.41	500m:	7:13.49	43.75	700m:	10:06.92	42.56
	150m:	2:07.93	43.49	350m:	5:03.00	44.07	550m:	7:56.68	43.19	750m:	10:50.42	43.50
	200m:	2:52.21	44.28	400m:	5:47.10	44.10	600m:	8:40.70	44.02	800m:	11:30.13	39.71
11.				2011 III	10 "	"			11:30.82	2	345	
	50m:	37.90	37.90	250m:	3:29.63	43.38	450m:	6:27.31	44.48	650m:	9:25.00	44.45
	100m:	1:19.72	41.82	300m:	4:14.41	44.78	500m:	7:11.95	44.64	700m:	10:09.67	44.67
	150m:	2:02.95	43.23	350m:	4:58.79	44.38	550m:	7:56.55	44.60	750m:	10:52.36	42.69
	200m:	2:46.25	43.30	400m:	5:42.83	44.04	600m:	8:40.55	44.00	800m:	11:30.82	38.46
12.				2011 III	,	"			11:38.16	2	334	
	50m:	39.51	39.51	250m:	3:37.16	44.36	450m:	6:33.30	44.25	650m:	9:31.88	45.18
	100m:	1:24.22	44.71	300m:	4:21.17	44.01	500m:	7:18.26	44.96	700m:	10:15.92	44.04
	150m:	2:09.29	45.07	350m:	5:05.17	44.00	550m:	8:02.66	44.40	750m:	10:58.39	42.47
	200m:	2:52.80	43.51	400m:	5:49.05	43.88	600m:	8:46.70	44.04	800m:	11:38.16	39.77
13.				2011 III	10 "	"			11:49.74	2	318	
	50m:	39.48	39.48	250m:	3:37.09	44.96	450m:	6:37.12	46.49	650m:	9:37.46	46.80
	100m:	1:23.56	44.08	300m:	4:22.51	45.42	500m:	7:20.22	43.10	700m:	10:22.45	44.99
	150m:	2:07.39	43.83	350m:	5:05.68	43.17	550m:	8:06.49	46.27	750m:	11:06.65	44.20
	200m:	2:52.13	44.74	400m:	5:50.63	44.95	600m:	8:50.66	44.17	800m:	11:49.74	43.09
14.				2012 III	"	"-		+0,63	11:51.89	2	315	
	50m:	40.24	40.24	250m:	3:41.21	45.10	450m:	6:43.73	45.42	650m:	9:42.32	44.66
	100m:	1:25.54	45.30	300m:	4:27.26	46.05	500m:	7:27.88	44.15	700m:	10:26.17	43.85
	150m:	2:10.73	45.19	350m:	5:12.27	45.01	550m:	8:13.15	45.27	750m:	11:10.11	43.94
	200m:	2:56.11	45.38	400m:	5:58.31	46.04	600m:	8:57.66	44.51	800m:	11:51.89	41.78



Детской Лиги Плавания
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ПЕНЗА

64, , 800m , (11-12)

									R.T.	FINA	
15.	2011 II								11:57.02 2	309	
50m:	36.52	36.52	250m:	3:36.33	45.23	450m:	6:41.53	45.39	650m:	9:44.00	45.39
100m:	1:20.03	43.51	300m:	4:23.47	47.14	500m:	7:27.88	46.35	700m:	10:30.80	46.80
150m:	2:04.83	44.80	350m:	5:08.54	45.07	550m:	8:12.46	44.58	750m:	11:14.84	44.04
200m:	2:51.10	46.27	400m:	5:56.14	47.60	600m:	8:58.61	46.15	800m:	11:57.02	42.18
16.	2011 III								+1,15 11:57.65 2	308	
50m:	38.78	38.78	250m:	3:39.14	45.72	450m:	6:43.92	45.76	650m:	9:47.31	46.11
100m:	1:23.09	44.31	300m:	4:25.69	46.55	500m:	7:29.53	45.61	700m:	10:31.64	44.33
150m:	2:08.14	45.05	350m:	5:12.11	46.42	550m:	8:15.35	45.82	750m:	11:17.24	45.60
200m:	2:53.42	45.28	400m:	5:58.16	46.05	600m:	9:01.20	45.85	800m:	11:57.65	40.41
17.	2011 III 10 "								11:57.68 2	308	
50m:	41.44	41.44	250m:	3:44.10	45.93	450m:	6:47.56	46.50	650m:	9:51.21	45.64
100m:	1:27.05	45.61	300m:	4:29.66	45.56	500m:	7:32.73	45.17	700m:	10:34.90	43.69
150m:	2:12.78	45.73	350m:	5:15.59	45.93	550m:	8:19.07	46.34	750m:	11:19.44	44.54
200m:	2:58.17	45.39	400m:	6:01.06	45.47	600m:	9:05.57	46.50	800m:	11:57.68	38.24
18.	2012 III 1,								12:13.04 3	289	
50m:	38.76	38.76	250m:	3:45.02	47.76	450m:	6:52.27	47.15	650m:	9:59.80	46.10
100m:	1:24.12	45.36	300m:	4:31.81	46.79	500m:	7:39.16	46.89	700m:	10:45.70	45.90
150m:	2:11.10	46.98	350m:	5:18.08	46.27	550m:	8:26.30	47.14	750m:	11:29.67	43.97
200m:	2:57.26	46.16	400m:	6:05.12	47.04	600m:	9:13.70	47.40	800m:	12:13.04	43.37
19.	2011 III 10 "								12:18.09 3	283	
50m:	39.93	39.93	250m:	3:46.45	47.03	450m:	6:55.82	46.37	650m:	10:04.05	46.31
100m:	1:25.18	45.25	300m:	4:34.31	47.86	500m:	7:43.69	47.87	700m:	10:48.99	44.94
150m:	2:12.14	46.96	350m:	5:21.36	47.05	550m:	8:30.35	46.66	750m:	11:34.64	45.65
200m:	2:59.42	47.28	400m:	6:09.45	48.09	600m:	9:17.74	47.39	800m:	12:18.09	43.45
20.	2012 III -1								12:27.44 3	272	
50m:	42.60	42.60	250m:	3:50.47	48.56	450m:	7:01.12	46.52	650m:	10:09.78	46.86
100m:	1:27.69	45.09	300m:	4:38.39	47.92	500m:	7:48.90	47.78	700m:	10:55.83	46.05
150m:	2:14.90	47.21	350m:	5:26.94	48.55	550m:	8:35.50	46.60	750m:	11:43.47	47.64
200m:	3:01.91	47.01	400m:	6:14.60	47.66	600m:	9:22.92	47.42	800m:	12:27.44	43.97
21.	2011 III								12:28.79 3	271	
50m:	40.97	40.97	250m:	3:50.62	47.71	450m:	7:00.57	47.59	650m:	10:12.02	47.32
100m:	1:27.56	46.59	300m:	4:38.23	47.61	500m:	7:49.01	48.44	700m:	10:59.80	47.78
150m:	2:15.32	47.76	350m:	5:25.33	47.10	550m:	8:37.04	48.03	750m:	11:45.90	46.10
200m:	3:02.91	47.59	400m:	6:12.98	47.65	600m:	9:24.70	47.66	800m:	12:28.79	42.89
22.	2012 III								12:31.73 3	268	
50m:	44.73	44.73	250m:	3:56.34	48.64	450m:	7:08.60	48.45	650m:	10:18.69	46.86
100m:	1:31.91	47.18	300m:	4:44.84	48.50	500m:	7:56.13	47.53	700m:	11:05.14	46.45
150m:	2:19.63	47.72	350m:	5:32.43	47.59	550m:	8:44.33	48.20	750m:	11:50.19	45.05
200m:	3:07.70	48.07	400m:	6:20.15	47.72	600m:	9:31.83	47.50	800m:	12:31.73	41.54
23.	2011 III 10 "								+0,94 12:40.30 3	259	
50m:	40.98	40.98	250m:	3:50.06	48.19	450m:	7:04.55	48.87	650m:	10:21.99	48.59
100m:	1:27.39	46.41	300m:	4:38.26	48.20	500m:	7:54.22	49.67	700m:	11:10.94	48.95
150m:	2:14.13	46.74	350m:	5:26.59	48.33	550m:	8:43.51	49.29	750m:	11:58.70	47.76
200m:	3:01.87	47.74	400m:	6:15.68	49.09	600m:	9:33.40	49.89	800m:	12:40.30	41.60
24.	2012 I " -								+0,76 12:41.13 3	258	
50m:	41.43	41.43	250m:	3:52.85	47.45	450m:	7:05.34	49.33	650m:	10:19.57	47.69
100m:	1:28.78	47.35	300m:	4:40.73	47.88	500m:	7:54.62	49.28	700m:	11:07.13	47.56
150m:	2:16.90	48.12	350m:	5:27.87	47.14	550m:	8:43.55	48.93	750m:	11:52.54	45.41
200m:	3:05.40	48.50	400m:	6:16.01	48.14	600m:	9:31.88	48.33	800m:	12:41.13	48.59
25.	2011 III								12:47.30 3	252	
50m:	41.86	41.86	250m:	3:56.49	49.17	450m:	7:11.64	48.76	650m:	10:26.16	49.17
100m:	1:29.31	47.45	300m:	4:44.99	48.50	500m:	7:59.57	47.93	700m:	11:13.43	47.27
150m:	2:18.89	49.58	350m:	5:34.28	49.29	550m:	8:47.93	48.36	750m:	12:01.58	48.15
200m:	3:07.32	48.43	400m:	6:22.88	48.60	600m:	9:36.99	49.06	800m:	12:47.30	45.72
26.	2012 I								12:49.80 3	249	
50m:	43.23	43.23	250m:	3:58.71	48.50	450m:	7:13.02	48.81	650m:	10:32.95	48.63
100m:	1:31.55	48.32	300m:	4:47.77	49.06	500m:	8:02.72	49.70	700m:	11:22.41	49.46
150m:	2:20.81	49.26	350m:	5:37.14	49.37	550m:	8:53.52	50.80	750m:	12:08.41	46.00
200m:	3:10.21	49.40	400m:	6:24.21	47.07	600m:	9:44.32	50.80	800m:	12:49.80	41.39

Детской Лиги Плавания

«Поволжье»

ПЕНЗА

64, , 800m , (11-12)

								R.T.		FINA	
27.			2011	III	10 "	"			12:50.76	3	248
	50m:	42.77	250m:	3:57.27	49.67	450m:	7:11.80	46.04	650m:	10:31.89	48.47
	100m:	1:30.19	300m:	4:47.38	50.11	500m:	8:02.91	51.11	700m:	11:20.67	48.78
	150m:	2:18.62	350m:	5:37.58	50.20	550m:	8:52.63	49.72	750m:	12:07.84	47.17
	200m:	3:07.60	400m:	6:25.76	48.18	600m:	9:43.42	50.79	800m:	12:50.76	42.92
28.			2012	III	" "	"		+0,88	12:53.03	3	246
	50m:	40.65	250m:	3:53.64	48.13	450m:	7:10.83	49.02	650m:	10:30.08	47.51
	100m:	1:28.99	300m:	4:42.77	49.13	500m:	8:01.60	50.77	700m:	11:19.68	49.60
	150m:	2:16.96	350m:	5:31.88	49.11	550m:	8:52.38	50.78	750m:	12:05.04	45.36
	200m:	3:05.51	400m:	6:21.81	49.93	600m:	9:42.57	50.19	800m:	12:53.03	47.99
29.			2012	I	10,				13:05.20	3	235
	50m:	45.12	250m:	4:04.26	49.47	450m:	7:22.99	49.09	650m:	10:43.24	49.07
	100m:	1:34.03	300m:	4:53.91	49.65	500m:	8:13.98	50.99	700m:	11:30.38	47.14
	150m:	2:24.18	350m:	5:43.34	49.43	550m:	9:04.03	50.05	750m:	12:18.17	47.79
	200m:	3:14.79	400m:	6:33.90	50.56	600m:	9:54.17	50.14	800m:	13:05.20	47.03
30.			2012	I	,				13:25.09	3	218
	50m:	43.00	250m:	4:07.66	52.04	450m:	7:35.51	51.76	650m:	10:59.86	50.64
	100m:	1:31.86	300m:	4:58.83	51.17	500m:	8:26.92	51.41	700m:	11:48.89	49.03
	150m:	2:24.80	350m:	5:51.85	53.02	550m:	9:18.37	51.45	750m:	12:38.13	49.24
	200m:	3:15.62	400m:	6:43.75	51.90	600m:	10:09.22	50.85	800m:	13:25.09	46.96
31.			2011	I	1,				13:47.47	1	201
	50m:	45.09	250m:	4:17.17	51.03	450m:	7:48.91	51.79	650m:	11:17.54	51.60
	100m:	1:38.04	300m:	5:10.78	53.61	500m:	8:41.49	52.58	700m:	12:09.59	52.05
	150m:	2:31.10	350m:	6:02.94	52.16	550m:	9:33.01	51.52	750m:	12:57.06	47.47
	200m:	3:26.14	400m:	6:57.12	54.18	600m:	10:25.94	52.93	800m:	13:47.47	50.41
32.			2012	I	,			+0,96	14:03.58	1	189
	50m:	44.11	250m:	4:10.60	53.03	450m:	7:47.52	54.90	650m:	11:26.63	54.99
	100m:	1:32.96	300m:	5:03.82	53.22	500m:	8:41.82	54.30	700m:	12:18.79	52.16
	150m:	2:25.51	350m:	5:59.52	55.70	550m:	9:36.62	54.80	750m:	13:13.01	54.22
	200m:	3:17.57	400m:	6:52.62	53.10	600m:	10:31.64	55.02	800m:	14:03.58	50.57
33.			2012	I	,			+0,58	14:33.26	1	171
	50m:	42.76	250m:	4:20.77	54.59	450m:	8:08.36	56.83	650m:	11:58.99	57.08
	100m:	1:35.03	300m:	5:18.14	57.37	500m:	9:07.27	58.91	700m:	12:57.02	58.03
	150m:	2:29.70	350m:	6:15.03	56.89	550m:	10:05.44	58.17	750m:	13:47.51	50.49
	200m:	3:26.18	400m:	7:11.53	56.50	600m:	11:01.91	56.47	800m:	14:33.26	45.75
34.			2012	III	"	"-		+0,94	14:38.37	1	168
	50m:	46.21	250m:	4:27.96	56.56	450m:	8:14.42	56.40	650m:	11:59.76	56.27
	100m:	1:39.88	300m:	5:24.06	56.10	500m:	9:09.89	55.47	700m:	12:54.44	54.68
	150m:	2:35.60	350m:	6:21.06	57.00	550m:	10:06.77	56.88	750m:	13:48.05	53.61
	200m:	3:31.40	400m:	7:18.02	56.96	600m:	11:03.49	56.72	800m:	14:38.37	50.32
35.			2011	I	,				15:17.42	1	147
	50m:	48.55	250m:	4:43.23	1:01.96	450m:	8:37.04	59.30	650m:	12:30.32	58.05
	100m:	1:44.64	300m:	5:38.80	55.57	500m:	9:34.38	57.34	700m:	13:27.46	57.14
	150m:	2:43.85	350m:	6:39.47	1:00.67	550m:	10:33.15	58.77	750m:	14:25.09	57.63
	200m:	3:41.27	400m:	7:37.74	58.27	600m:	11:32.27	59.12	800m:	15:17.42	52.33
36.			2011	I	,				15:21.68	1	145
	50m:	47.49	250m:	4:36.11	59.45	450m:	8:31.51	59.53	650m:	12:29.01	58.25
	100m:	1:42.38	300m:	5:34.51	58.40	500m:	9:30.66	59.15	700m:	13:27.24	58.23
	150m:	2:39.38	350m:	6:33.70	59.19	550m:	10:30.10	59.44	750m:	14:24.45	57.21
	200m:	3:36.66	400m:	7:31.98	58.28	600m:	11:30.76	1:00.66	800m:	15:21.68	57.23
37.			2012	II	,				15:53.41	1	131
	50m:	49.70	250m:	4:50.41	1:01.74	450m:	8:54.74	1:00.57	650m:	12:57.37	1:01.36
	100m:	1:48.11	300m:	5:51.54	1:01.13	500m:	9:55.71	1:00.97	700m:	13:56.23	58.86
	150m:	2:48.81	350m:	6:52.95	1:01.41	550m:	10:58.37	1:02.66	750m:	14:56.52	1:00.29
	200m:	3:48.67	400m:	7:54.17	1:01.22	600m:	11:56.01	57.64	800m:	15:53.41	56.89