

Детской Лиги Плавания

«Поволжье»

ПЕНЗА

65

, 800m

(11-12)

09.04.2023 - 12:36

: FINA 2023

								R.T.		FINA			
1.				2011	II	"	"		10:06.21	2	414		
	50m:	35.28	35.28	250m:	3:10.64	38.94		450m:	5:45.16	38.25	650m:	8:16.00	37.97
	100m:	1:14.24	38.96	300m:	3:48.96	38.32		500m:	6:22.70	37.54	700m:	8:53.40	37.40
	150m:	1:53.04	38.80	350m:	4:27.67	38.71		550m:	7:00.97	38.27	750m:	9:30.87	37.47
	200m:	2:31.70	38.66	400m:	5:06.91	39.24		600m:	7:38.03	37.06	800m:	10:06.21	35.34
2.				2011	II	10 "	"		10:10.84	2	405		
	50m:	35.12	35.12	250m:	3:10.82	39.04		450m:	5:45.58	37.80	650m:	8:20.09	38.51
	100m:	1:13.45	38.33	300m:	3:49.84	39.02		500m:	6:23.89	38.31	700m:	8:58.56	38.47
	150m:	1:52.55	39.10	350m:	4:28.49	38.65		550m:	7:02.40	38.51	750m:	9:35.85	37.29
	200m:	2:31.78	39.23	400m:	5:07.78	39.29		600m:	7:41.58	39.18	800m:	10:10.84	34.99
3.				2011	II	3,	"	+0,82	10:12.68	2	401		
	50m:	33.29	33.29	250m:	3:07.77	38.19		450m:	5:42.09	38.88	650m:	8:19.28	39.04
	100m:	1:11.13	37.84	300m:	3:46.66	38.89		500m:	6:21.51	39.42	700m:	8:58.68	39.40
	150m:	1:50.22	39.09	350m:	4:24.62	37.96		550m:	7:00.72	39.21	750m:	9:36.50	37.82
	200m:	2:29.58	39.36	400m:	5:03.21	38.59		600m:	7:40.24	39.52	800m:	10:12.68	36.18
4.				2011	II	()	"		10:20.86	2	386		
	50m:	34.07	34.07	250m:	3:10.29	39.60		450m:	5:49.62	39.34	650m:	8:26.46	38.98
	100m:	1:11.62	37.55	300m:	3:49.72	39.43		500m:	6:28.62	39.00	700m:	9:05.86	39.40
	150m:	1:51.46	39.84	350m:	4:30.39	40.67		550m:	7:08.00	39.38	750m:	9:44.11	38.25
	200m:	2:30.69	39.23	400m:	5:10.28	39.89		600m:	7:47.48	39.48	800m:	10:20.86	36.75
5.				2011	II	"	"		10:29.75	2	370		
	50m:	35.80	35.80	250m:	3:11.55	38.69		450m:	5:50.79	39.84	650m:	8:30.75	39.56
	100m:	1:14.83	39.03	300m:	3:51.49	39.94		500m:	6:30.94	40.15	700m:	9:11.49	40.74
	150m:	1:52.89	38.06	350m:	4:30.81	39.32		550m:	7:10.73	39.79	750m:	9:50.60	39.11
	200m:	2:32.86	39.97	400m:	5:10.95	40.14		600m:	7:51.19	40.46	800m:	10:29.75	39.15
6.				2011	II	"	"	+0,61	10:31.59	2	366		
	50m:	34.33	34.33	250m:	3:11.93	39.92		450m:	5:53.83	40.06	650m:	8:34.81	40.36
	100m:	1:13.20	38.87	300m:	3:52.70	40.77		500m:	6:33.97	40.14	700m:	9:14.98	40.17
	150m:	1:51.77	38.57	350m:	4:32.96	40.26		550m:	7:14.44	40.47	750m:	9:54.09	39.11
	200m:	2:32.01	40.24	400m:	5:13.77	40.81		600m:	7:54.45	40.01	800m:	10:31.59	37.50
7.				2011	II	()	"	+0,91	10:39.98	2	352		
	50m:	34.46	34.46	250m:	3:12.90	40.12		450m:	5:55.76	40.37	650m:	8:39.35	41.48
	100m:	1:13.42	38.96	300m:	3:53.89	40.99		500m:	6:36.12	40.36	700m:	9:20.47	41.12
	150m:	1:52.54	39.12	350m:	4:33.91	40.02		550m:	7:17.13	41.01	750m:	10:00.15	39.68
	200m:	2:32.78	40.24	400m:	5:15.39	41.48		600m:	7:57.87	40.74	800m:	10:39.98	39.83
8.				2011	III	"	"	+0,85	10:45.01	2	344		
	50m:	36.24	36.24	250m:	3:14.99	40.36		450m:	5:59.14	41.32	650m:	8:44.64	41.14
	100m:	1:15.72	39.48	300m:	3:56.72	41.73		500m:	6:40.80	41.66	700m:	9:25.71	41.07
	150m:	1:55.44	39.72	350m:	4:36.90	40.18		550m:	7:21.90	41.10	750m:	10:06.16	40.45
	200m:	2:34.63	39.19	400m:	5:17.82	40.92		600m:	8:03.50	41.60	800m:	10:45.01	38.85
9.				2011	III	"	"	+0,77	10:49.53	2	337		
	50m:	35.52	35.52	250m:	3:17.06	41.22		450m:	6:03.45	41.62	650m:	8:48.18	40.89
	100m:	1:15.13	39.61	300m:	3:59.06	42.00		500m:	6:44.21	40.76	700m:	9:29.69	41.51
	150m:	1:55.34	40.21	350m:	4:40.27	41.21		550m:	7:26.16	41.95	750m:	10:10.10	40.41
	200m:	2:35.84	40.50	400m:	5:21.83	41.56		600m:	8:07.29	41.13	800m:	10:49.53	39.43
10.				2011	III	"	"	+0,61	10:57.58	2	325		
	50m:	34.47	34.47	250m:	3:18.27	41.43		450m:	6:05.37	42.11	650m:	8:54.92	42.76
	100m:	1:14.63	40.16	300m:	3:59.85	41.58		500m:	6:48.40	43.03	700m:	9:36.67	41.75
	150m:	1:55.58	40.95	350m:	4:41.28	41.43		550m:	7:30.45	42.05	750m:	10:18.43	41.76
	200m:	2:36.84	41.26	400m:	5:23.26	41.98		600m:	8:12.16	41.71	800m:	10:57.58	39.15
11.				2011	II	/ "World Class",	"		10:59.65	2	321		
	50m:	35.03	35.03	250m:	3:22.45	42.30		450m:	6:10.65	41.64	650m:	8:59.78	41.62
	100m:	1:16.19	41.16	300m:	4:05.23	42.78		500m:	6:53.64	42.99	700m:	9:41.13	41.35
	150m:	1:58.27	42.08	350m:	4:47.35	42.12		550m:	7:35.76	42.12	750m:	10:21.60	40.47
	200m:	2:40.15	41.88	400m:	5:29.01	41.66		600m:	8:18.16	42.40	800m:	10:59.65	38.05
12.				2011	III	"	"	+0,67	11:01.44	2	319		
	50m:	34.93	34.93	250m:	3:19.14	42.46		450m:	6:07.65	42.19	650m:	8:57.87	42.87
	100m:	1:13.86	38.93	300m:	4:01.26	42.12		500m:	6:49.93	42.28	700m:	9:39.77	41.90
	150m:	1:55.60	41.74	350m:	4:43.55	42.29		550m:	7:33.10	43.17	750m:	10:21.63	41.86
	200m:	2:36.68	41.08	400m:	5:25.46	41.91		600m:	8:15.00	41.90	800m:	11:01.44	39.81

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65, , 800m , (11-12)

								R.T.		FINA		
13.				2011	II	10 "	"	+0,67	11:07.03	2	311	
	50m:	34.50	34.50	250m:	3:21.80	43.18	450m:	6:12.47	42.70	650m:	9:04.61	43.23
	100m:	1:14.95	40.45	300m:	4:04.01	42.21	500m:	6:55.75	43.28	700m:	9:47.00	42.39
	150m:	1:56.71	41.76	350m:	4:47.09	43.08	550m:	7:38.52	42.77	750m:	10:29.89	42.89
	200m:	2:38.62	41.91	400m:	5:29.77	42.68	600m:	8:21.38	42.86	800m:	11:07.03	37.14
14.				2011	III	10 "	"		11:09.03	2	308	
	50m:	35.94	35.94	250m:	3:24.30	43.59	450m:	6:17.14	44.03	650m:	9:10.13	43.18
	100m:	1:16.41	40.47	300m:	4:07.50	43.20	500m:	7:01.14	44.00	700m:	9:52.21	42.08
	150m:	1:58.47	42.06	350m:	4:49.92	42.42	550m:	7:44.38	43.24	750m:	10:31.64	39.43
	200m:	2:40.71	42.24	400m:	5:33.11	43.19	600m:	8:26.95	42.57	800m:	11:09.03	37.39
15.				2011	III		1		11:09.96	2	307	
	50m:	36.86	36.86	250m:	3:21.71	42.09	450m:	6:10.68	42.93	650m:	9:02.55	43.05
	100m:	1:17.23	40.37	300m:	4:03.41	41.70	500m:	6:53.16	42.48	700m:	9:45.55	43.00
	150m:	1:58.61	41.38	350m:	4:45.54	42.13	550m:	7:36.63	43.47	750m:	10:28.08	42.53
	200m:	2:39.62	41.01	400m:	5:27.75	42.21	600m:	8:19.50	42.87	800m:	11:09.96	41.88
16.				2011	I			+0,66	11:11.41	2	305	
	50m:	36.47	36.47	250m:	3:24.19	43.03	450m:	6:16.35	43.50	650m:	9:07.52	42.48
	100m:	1:17.65	41.18	300m:	4:06.76	42.57	500m:	6:58.97	42.62	700m:	9:50.86	43.34
	150m:	1:59.18	41.53	350m:	4:50.30	43.54	550m:	7:41.98	43.01	750m:	10:32.15	41.29
	200m:	2:41.16	41.98	400m:	5:32.85	42.55	600m:	8:25.04	43.06	800m:	11:11.41	39.26
17.				2011	III	"	"-	+0,61	11:13.04	2	303	
	50m:	37.46	37.46	250m:	3:27.74	42.48	450m:	6:21.00	42.99	650m:	9:11.25	41.54
	100m:	1:18.90	41.44	300m:	4:10.85	43.11	500m:	7:05.10	44.10	700m:	9:53.10	41.85
	150m:	2:02.09	43.19	350m:	4:54.53	43.68	550m:	7:46.54	41.44	750m:	10:34.66	41.56
	200m:	2:45.26	43.17	400m:	5:38.01	43.48	600m:	8:29.71	43.17	800m:	11:13.04	38.38
18.				2011	III				11:15.80	2	299	
	50m:	36.09	36.09	250m:	3:25.84	43.33	450m:	6:18.96	43.73	650m:	9:11.57	43.22
	100m:	1:16.94	40.85	300m:	4:08.65	42.81	500m:	7:02.19	43.23	700m:	9:54.22	42.65
	150m:	1:59.60	42.66	350m:	4:52.15	43.50	550m:	7:45.40	43.21	750m:	10:36.32	42.10
	200m:	2:42.51	42.91	400m:	5:35.23	43.08	600m:	8:28.35	42.95	800m:	11:15.80	39.48
19.				2011	III	10 "	"		11:17.75	2	296	
	50m:	38.62	38.62	250m:	3:30.53	43.22	450m:	6:22.06	43.65	650m:	9:13.47	43.70
	100m:	1:21.43	42.81	300m:	4:12.76	42.23	500m:	7:03.92	41.86	700m:	9:55.42	41.95
	150m:	2:04.16	42.73	350m:	4:56.55	43.79	550m:	7:46.77	42.85	750m:	10:37.27	41.85
	200m:	2:47.31	43.15	400m:	5:38.41	41.86	600m:	8:29.77	43.00	800m:	11:17.75	40.48
20.				2012	III	"	"		11:24.24	3	288	
	50m:	35.32	35.32	250m:	3:28.80	44.12	450m:	6:24.74	43.72	650m:	9:19.72	43.45
	100m:	1:16.58	41.26	300m:	4:12.17	43.37	500m:	7:08.48	43.74	700m:	10:04.24	44.52
	150m:	1:59.99	43.41	350m:	4:56.74	44.57	550m:	7:52.34	43.86	750m:	10:45.53	41.29
	200m:	2:44.68	44.69	400m:	5:41.02	44.28	600m:	8:36.27	43.93	800m:	11:24.24	38.71
21.				2011	III	10 "	"	+0,79	11:25.04	3	287	
	50m:	37.39	37.39	250m:	3:31.62	44.38	450m:	6:26.42	43.81	650m:	9:21.03	43.12
	100m:	1:19.95	42.56	300m:	4:15.11	43.49	500m:	7:10.30	43.88	700m:	10:04.65	43.62
	150m:	2:03.34	43.39	350m:	4:58.79	43.68	550m:	7:53.94	43.64	750m:	10:45.50	40.85
	200m:	2:47.24	43.90	400m:	5:42.61	43.82	600m:	8:37.91	43.97	800m:	11:25.04	39.54
22.				2011	III				11:25.15	3	287	
	50m:	37.11	37.11	250m:	3:31.39	44.13	450m:	6:26.58	43.89	650m:	9:21.32	43.57
	100m:	1:19.55	42.44	300m:	4:15.26	43.87	500m:	7:10.65	44.07	700m:	10:04.76	43.44
	150m:	2:03.08	43.53	350m:	4:58.84	43.58	550m:	7:54.29	43.64	750m:	10:46.80	42.04
	200m:	2:47.26	44.18	400m:	5:42.69	43.85	600m:	8:37.75	43.46	800m:	11:25.15	38.35
23.				2011	III				11:28.10	3	283	
	50m:	37.15	37.15	250m:	3:28.78	43.24	450m:	6:24.12	43.31	650m:	9:21.76	44.25
	100m:	1:18.54	41.39	300m:	4:12.56	43.78	500m:	7:07.99	43.87	700m:	10:05.78	44.02
	150m:	2:01.22	42.68	350m:	4:56.26	43.70	550m:	7:52.48	44.49	750m:	10:47.79	42.01
	200m:	2:45.54	44.32	400m:	5:40.81	44.55	600m:	8:37.51	45.03	800m:	11:28.10	40.31
24.				2011	III				11:29.36	3	282	
	50m:	36.30	36.30	250m:	3:31.89	43.66	450m:	6:27.83	45.02	650m:	9:24.68	43.69
	100m:	1:19.68	43.38	300m:	4:15.98	44.09	500m:	7:11.62	43.79	700m:	10:06.96	42.28
	150m:	2:03.89	44.21	350m:	4:59.41	43.43	550m:	7:55.79	44.17	750m:	10:51.25	44.29
	200m:	2:48.23	44.34	400m:	5:42.81	43.40	600m:	8:40.99	45.20	800m:	11:29.36	38.11

Детской Лиги Плавания

«Поволжье»

ПЕНЗА

65, , 800m , (11-12)

								R.T.		FINA	
25.			2012	III	10 "	"		+0,90	11:31.11	3	279
	50m:	35.60	250m:	3:28.04	43.80	450m:	6:25.20	44.90	650m:	9:24.65	43.78
	100m:	1:17.54	300m:	4:13.41	45.37	500m:	7:10.00	44.80	700m:	10:08.72	44.07
	150m:	2:00.31	350m:	4:56.07	42.66	550m:	7:56.05	46.05	750m:	10:50.79	42.07
	200m:	2:44.24	400m:	5:40.30	44.23	600m:	8:40.87	44.82	800m:	11:31.11	40.32
26.			2012	III	,			+0,55	11:34.03	3	276
	50m:	38.03	250m:	3:31.39	43.97	450m:	6:28.23	44.28	650m:	9:24.44	43.88
	100m:	1:21.35	300m:	4:15.08	43.69	500m:	7:12.59	44.36	700m:	10:08.92	44.48
	150m:	2:03.83	350m:	4:59.56	44.48	550m:	7:56.78	44.19	750m:	10:51.25	42.33
	200m:	2:47.42	400m:	5:43.95	44.39	600m:	8:40.56	43.78	800m:	11:34.03	42.78
27.			2012	III	,				11:36.49	3	273
	50m:	35.32	250m:	3:28.16	45.17	450m:	6:27.24	45.31	650m:	9:26.32	44.50
	100m:	1:17.43	300m:	4:13.32	45.16	500m:	7:12.57	45.33	700m:	10:10.74	44.42
	150m:	2:00.54	350m:	4:56.74	43.42	550m:	7:56.84	44.27	750m:	10:53.52	42.78
	200m:	2:42.99	400m:	5:41.93	45.19	600m:	8:41.82	44.98	800m:	11:36.49	42.97
28.			2012	I	,			+0,68	11:37.17	3	272
	50m:	38.30	250m:	3:36.83	45.25	450m:	6:33.87	44.11	650m:	9:29.58	44.82
	100m:	1:22.07	300m:	4:20.90	44.07	500m:	7:16.69	42.82	700m:	10:12.78	43.20
	150m:	2:08.06	350m:	5:06.18	45.28	550m:	8:00.80	44.11	750m:	10:56.01	43.23
	200m:	2:51.58	400m:	5:49.76	43.58	600m:	8:44.76	43.96	800m:	11:37.17	41.16
29.			2011	III	,				11:39.04	3	270
	50m:	37.90	250m:	3:26.63	42.46	450m:	6:24.61	45.28	650m:	9:27.56	45.28
	100m:	1:19.79	300m:	4:10.56	43.93	500m:	7:11.11	46.50	700m:	10:14.11	46.55
	150m:	2:01.37	350m:	4:54.62	44.06	550m:	7:55.97	44.86	750m:	10:58.82	44.71
	200m:	2:44.17	400m:	5:39.33	44.71	600m:	8:42.28	46.31	800m:	11:39.04	40.22
30.			2012	III	"	"			11:48.82	3	259
	50m:	40.22	250m:	3:36.84	44.91	450m:	6:37.36	45.08	650m:	9:38.91	45.32
	100m:	1:23.52	300m:	4:22.43	45.59	500m:	7:22.66	45.30	700m:	10:23.17	44.26
	150m:	2:08.31	350m:	5:07.59	45.16	550m:	8:08.84	46.18	750m:	11:05.44	42.27
	200m:	2:51.93	400m:	5:52.28	44.69	600m:	8:53.59	44.75	800m:	11:48.82	43.38
31.			2012	I	,				11:51.11	3	257
	50m:	39.88	250m:	3:39.38	45.50	450m:	6:40.42	45.12	650m:	9:40.78	45.90
	100m:	1:23.93	300m:	4:24.30	44.92	500m:	7:25.45	45.03	700m:	10:25.46	44.68
	150m:	2:09.28	350m:	5:09.88	45.58	550m:	8:10.42	44.97	750m:	11:09.21	43.75
	200m:	2:53.88	400m:	5:55.30	45.42	600m:	8:54.88	44.46	800m:	11:51.11	41.90
32.			2012	I	,				11:51.24	3	256
	50m:	38.23	250m:	3:40.20	47.01	450m:	6:43.92	46.42	650m:	9:44.05	44.88
	100m:	1:22.30	300m:	4:25.57	45.37	500m:	7:28.21	44.29	700m:	10:27.90	43.85
	150m:	2:08.33	350m:	5:12.53	46.96	550m:	8:14.13	45.92	750m:	11:11.10	43.20
	200m:	2:53.19	400m:	5:57.50	44.97	600m:	8:59.17	45.04	800m:	11:51.24	40.14
33.			2012	III	10 "	"			11:52.67	3	255
	50m:	38.22	250m:	3:38.21	45.47	450m:	6:39.65	45.49	650m:	9:43.04	45.42
	100m:	1:22.52	300m:	4:23.73	45.52	500m:	7:26.31	46.66	700m:	10:28.17	45.13
	150m:	2:07.46	350m:	5:09.26	45.53	550m:	8:11.97	45.66	750m:	11:12.01	43.84
	200m:	2:52.74	400m:	5:54.16	44.90	600m:	8:57.62	45.65	800m:	11:52.67	40.66
34.			2012	III	"	"			11:58.59	3	249
	50m:	37.15	250m:	3:35.70	45.04	450m:	6:38.60	45.34	650m:	9:43.73	47.00
	100m:	1:21.39	300m:	4:21.69	45.99	500m:	7:24.83	46.23	700m:	10:30.14	46.41
	150m:	2:05.66	350m:	5:06.76	45.07	550m:	8:10.28	45.45	750m:	11:14.54	44.40
	200m:	2:50.66	400m:	5:53.26	46.50	600m:	8:56.73	46.45	800m:	11:58.59	44.05
35.			2011	III	"	"-		+0,60	11:58.93	3	248
	50m:	38.66	250m:	3:38.97	45.70	450m:	6:41.78	44.64	650m:	9:46.88	45.66
	100m:	1:23.14	300m:	4:24.99	46.02	500m:	7:28.52	46.74	700m:	10:32.21	45.33
	150m:	2:08.01	350m:	5:10.74	45.75	550m:	8:14.53	46.01	750m:	11:16.69	44.48
	200m:	2:53.27	400m:	5:57.14	46.40	600m:	9:01.22	46.69	800m:	11:58.93	42.24
36.			2011	I	,			+0,70	12:05.13	3	242
	50m:	39.53	250m:	3:39.88	45.88	450m:	6:46.78	46.94	650m:	9:51.17	46.13
	100m:	1:23.27	300m:	4:26.25	46.37	500m:	7:33.11	46.33	700m:	10:37.20	46.03
	150m:	2:09.15	350m:	5:13.25	47.00	550m:	8:19.64	46.53	750m:	11:22.06	44.86
	200m:	2:54.00	400m:	5:59.84	46.59	600m:	9:05.04	45.40	800m:	12:05.13	43.07

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65, , 800m , (11-12)

								R.T.		FINA		
37.				2011	III	3,		+0,77	12:08.03	3	239	
	50m:	38.14	38.14	250m:	3:40.82	45.46	450m:	6:47.10	46.56	650m:	9:54.19	47.09
	100m:	1:22.62	44.48	300m:	4:27.06	46.24	500m:	7:34.56	47.46	700m:	10:39.89	45.70
	150m:	2:08.58	45.96	350m:	5:13.40	46.34	550m:	8:20.58	46.02	750m:	11:25.46	45.57
	200m:	2:55.36	46.78	400m:	6:00.54	47.14	600m:	9:07.10	46.52	800m:	12:08.03	42.57
38.				2011	I	,			12:11.26	3	236	
	50m:	38.19	38.19	250m:	3:41.13	47.18	450m:	6:49.36	46.93	650m:	9:55.62	45.78
	100m:	1:22.01	43.82	300m:	4:28.03	46.90	500m:	7:36.13	46.77	700m:	10:42.81	47.19
	150m:	2:07.17	45.16	350m:	5:14.69	46.66	550m:	8:22.44	46.31	750m:	11:28.24	45.43
	200m:	2:53.95	46.78	400m:	6:02.43	47.74	600m:	9:09.84	47.40	800m:	12:11.26	43.02
39.				2012	I	,			12:12.91	3	234	
	50m:	39.13	39.13	250m:	3:40.95	45.02	450m:	6:48.22	47.14	650m:	9:55.71	46.68
	100m:	1:24.09	44.96	300m:	4:27.63	46.68	500m:	7:35.31	47.09	700m:	10:42.59	46.88
	150m:	2:08.92	44.83	350m:	5:14.01	46.38	550m:	8:22.39	47.08	750m:	11:28.23	45.64
	200m:	2:55.93	47.01	400m:	6:01.08	47.07	600m:	9:09.03	46.64	800m:	12:12.91	44.68
40.				2012	III	10 "	" ,		12:15.73	3	232	
	50m:	39.36	39.36	250m:	3:46.19	47.20	450m:	6:54.76	46.35	650m:	10:02.04	46.02
	100m:	1:25.46	46.10	300m:	4:34.39	48.20	500m:	7:43.03	48.27	700m:	10:49.04	47.00
	150m:	2:11.98	46.52	350m:	5:20.06	45.67	550m:	8:30.34	47.31	750m:	11:32.31	43.27
	200m:	2:58.99	47.01	400m:	6:08.41	48.35	600m:	9:16.02	45.68	800m:	12:15.73	43.42
41.				2011	I	,			12:15.81	3	231	
	50m:	38.49	38.49	250m:	3:41.92	46.75	450m:	6:51.40	46.55	650m:	10:00.44	47.06
	100m:	1:22.71	44.22	300m:	4:29.42	47.50	500m:	7:38.75	47.35	700m:	10:47.56	47.12
	150m:	2:08.02	45.31	350m:	5:16.94	47.52	550m:	8:25.93	47.18	750m:	11:33.11	45.55
	200m:	2:55.17	47.15	400m:	6:04.85	47.91	600m:	9:13.38	47.45	800m:	12:15.81	42.70
42.				2011	I	,			12:17.53	3	230	
	50m:	38.21	38.21	250m:	3:45.89	47.86	450m:	6:54.64	47.23	650m:	10:03.52	46.59
	100m:	1:23.11	44.90	300m:	4:32.95	47.06	500m:	7:42.07	47.43	700m:	10:51.08	47.56
	150m:	2:09.03	45.92	350m:	5:20.21	47.26	550m:	8:28.86	46.79	750m:	11:34.75	43.67
	200m:	2:58.03	49.00	400m:	6:07.41	47.20	600m:	9:16.93	48.07	800m:	12:17.53	42.78
43.				2012	III	10 "	" ,	+0,95	12:17.80	3	230	
	50m:	38.23	38.23	250m:	3:46.87	47.61	450m:	6:54.95	47.18	650m:	10:05.02	46.46
	100m:	1:24.56	46.33	300m:	4:33.24	46.37	500m:	7:43.01	48.06	700m:	10:51.90	46.88
	150m:	2:12.52	47.96	350m:	5:20.98	47.74	550m:	8:30.55	47.54	750m:	11:36.08	44.18
	200m:	2:59.26	46.74	400m:	6:07.77	46.79	600m:	9:18.56	48.01	800m:	12:17.80	41.72
44.				2012	I	,			12:19.96	3	228	
	50m:	41.46	41.46	250m:	3:46.25	47.46	450m:	6:54.09	47.28	650m:	10:04.20	48.47
	100m:	1:25.18	43.72	300m:	4:31.99	45.74	500m:	7:40.72	46.63	700m:	10:51.32	47.12
	150m:	2:12.68	47.50	350m:	5:20.13	48.14	550m:	8:29.04	48.32	750m:	11:36.51	45.19
	200m:	2:58.79	46.11	400m:	6:06.81	46.68	600m:	9:15.73	46.69	800m:	12:19.96	43.45
45.				2011	I	,			12:22.06	3	226	
	50m:	39.48	39.48	250m:	3:45.16	47.18	450m:	6:54.80	48.08	650m:	10:04.47	48.01
	100m:	1:24.63	45.15	300m:	4:32.31	47.15	500m:	7:41.76	46.96	700m:	10:51.38	46.91
	150m:	2:10.80	46.17	350m:	5:19.54	47.23	550m:	8:29.25	47.49	750m:	11:38.65	47.27
	200m:	2:57.98	47.18	400m:	6:06.72	47.18	600m:	9:16.46	47.21	800m:	12:22.06	43.41
46.				2012	I	,			12:27.21	3	221	
	50m:	40.12	40.12	250m:	3:46.25	48.78	450m:	6:58.67	49.38	650m:	10:10.55	48.50
	100m:	1:24.90	44.78	300m:	4:32.56	46.31	500m:	7:46.21	47.54	700m:	10:57.44	46.89
	150m:	2:12.11	47.21	350m:	5:20.43	47.87	550m:	8:33.74	47.53	750m:	11:44.12	46.68
	200m:	2:57.47	45.36	400m:	6:09.29	48.86	600m:	9:22.05	48.31	800m:	12:27.21	43.09
47.				2012	III	10 "	" ,		12:29.56	3	219	
	50m:	38.69	38.69	250m:	3:49.42	48.38	450m:	7:02.26	46.49	650m:	10:09.53	46.09
	100m:	1:24.36	45.67	300m:	4:38.26	48.84	500m:	7:47.42	45.16	700m:	10:59.44	49.91
	150m:	2:13.16	48.80	350m:	5:27.23	48.97	550m:	8:35.81	48.39	750m:	11:46.27	46.83
	200m:	3:01.04	47.88	400m:	6:15.77	48.54	600m:	9:23.44	47.63	800m:	12:29.56	43.29
48.				2012	I	,			12:29.95	3	219	
	50m:	41.51	41.51	250m:	3:48.43	47.07	450m:	7:01.19	48.68	650m:	10:13.61	48.50
	100m:	1:27.48	45.97	300m:	4:36.06	47.63	500m:	7:50.06	48.87	700m:	11:00.68	47.07
	150m:	2:14.37	46.89	350m:	5:23.54	47.48	550m:	8:37.54	47.48	750m:	11:46.96	46.28
	200m:	3:01.36	46.99	400m:	6:12.51	48.97	600m:	9:25.11	47.57	800m:	12:29.95	42.99



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65, , 800m , (11-12)

								R.T.		FINA		
49.				2012	II	"	"-	+0,87	12:31.81	3	217	
	50m:	42.17	42.17	250m:	3:50.58	47.58	450m:	7:00.73	47.34	650m:	10:12.33	47.26
	100m:	1:28.37	46.20	300m:	4:37.93	47.35	500m:	7:49.02	48.29	700m:	11:01.19	48.86
	150m:	2:15.55	47.18	350m:	5:25.21	47.28	550m:	8:36.76	47.74	750m:	11:47.20	46.01
	200m:	3:03.00	47.45	400m:	6:13.39	48.18	600m:	9:25.07	48.31	800m:	12:31.81	44.61
50.				2012	I	,		+0,87	12:37.85	3	212	
	50m:	40.02	40.02	250m:	3:50.51	47.90	450m:	7:05.28	48.51	650m:	10:17.57	45.97
	100m:	1:26.75	46.73	300m:	4:39.19	48.68	500m:	7:55.18	49.90	700m:	11:04.72	47.15
	150m:	2:13.40	46.65	350m:	5:27.52	48.33	550m:	8:43.54	48.36	750m:	11:51.58	46.86
	200m:	3:02.61	49.21	400m:	6:16.77	49.25	600m:	9:31.60	48.06	800m:	12:37.85	46.27
51.				2012	I	,		+0,57	12:45.67	1	205	
	50m:	40.23	40.23	250m:	3:55.64	49.62	450m:	7:11.77	49.55	650m:	10:26.34	49.27
	100m:	1:27.87	47.64	300m:	4:44.50	48.86	500m:	8:00.07	48.30	700m:	11:13.91	47.57
	150m:	2:17.71	49.84	350m:	5:34.24	49.74	550m:	8:49.49	49.42	750m:	12:00.91	47.00
	200m:	3:06.02	48.31	400m:	6:22.22	47.98	600m:	9:37.07	47.58	800m:	12:45.67	44.76
52.				2011	I	,			12:46.31	1	205	
	50m:	40.86	40.86	250m:	3:58.76	50.90	450m:	7:16.74	49.85	650m:	10:30.19	46.42
	100m:	1:28.64	47.78	300m:	4:46.83	48.07	500m:	8:05.64	48.90	700m:	11:18.67	48.48
	150m:	2:19.51	50.87	350m:	5:36.36	49.53	550m:	8:54.32	48.68	750m:	12:05.01	46.34
	200m:	3:07.86	48.35	400m:	6:26.89	50.53	600m:	9:43.77	49.45	800m:	12:46.31	41.30
53.				2012	I	,			12:48.69	1	203	
	50m:	38.54	38.54	250m:	3:44.96	45.87	450m:	6:54.83	46.18	650m:	10:22.57	52.57
	100m:	1:24.62	46.08	300m:	4:33.24	48.28	500m:	7:46.67	51.84	700m:	11:14.20	51.63
	150m:	2:10.55	45.93	350m:	5:17.52	44.28	550m:	8:37.81	51.14	750m:	11:59.65	45.45
	200m:	2:59.09	48.54	400m:	6:08.65	51.13	600m:	9:30.00	52.19	800m:	12:48.69	49.04
54.				2012	I	,			12:51.02	1	201	
	50m:	40.10	40.10	250m:	3:54.54	50.22	450m:	7:11.48	50.69	650m:	10:29.28	50.58
	100m:	1:26.20	46.10	300m:	4:42.04	47.50	500m:	8:00.10	48.62	700m:	11:17.44	48.16
	150m:	2:15.47	49.27	350m:	5:33.24	51.20	550m:	8:48.84	48.74	750m:	12:06.52	49.08
	200m:	3:04.32	48.85	400m:	6:20.79	47.55	600m:	9:38.70	49.86	800m:	12:51.02	44.50
55.				2012	I	,			12:51.31	1	201	
	50m:	39.02	39.02	250m:	3:53.12	48.90	450m:	7:11.30	48.68	650m:	10:29.88	49.29
	100m:	1:24.45	45.43	300m:	4:42.04	48.92	500m:	8:01.49	50.19	700m:	11:19.80	49.92
	150m:	2:12.69	48.24	350m:	5:31.83	49.79	550m:	8:50.74	49.25	750m:	12:07.05	47.25
	200m:	3:04.22	51.53	400m:	6:22.62	50.79	600m:	9:40.59	49.85	800m:	12:51.31	44.26
56.				2011	I	,			13:01.22	1	193	
	50m:	43.02	43.02	250m:	3:57.65	49.45	450m:	7:18.01	51.44	650m:	10:40.23	50.25
	100m:	1:30.39	47.37	300m:	4:46.47	48.82	500m:	8:09.44	51.43	700m:	11:29.61	49.38
	150m:	2:18.87	48.48	350m:	5:36.63	50.16	550m:	8:59.67	50.23	750m:	12:16.17	46.56
	200m:	3:08.20	49.33	400m:	6:26.57	49.94	600m:	9:49.98	50.31	800m:	13:01.22	45.05
57.				2012	II	,			13:04.84	1	191	
	50m:	44.49	44.49	250m:	4:04.58	50.30	450m:	7:23.02	48.94	650m:	10:40.35	48.29
	100m:	1:33.77	49.28	300m:	4:55.06	50.48	500m:	8:12.91	49.89	700m:	11:30.51	50.16
	150m:	2:23.80	50.03	350m:	5:44.94	49.88	550m:	9:01.59	48.68	750m:	12:17.62	47.11
	200m:	3:14.28	50.48	400m:	6:34.08	49.14	600m:	9:52.06	50.47	800m:	13:04.84	47.22
58.				2012	I	,		+0,61	13:07.93	1	188	
	50m:	43.99	43.99	250m:	4:06.52	51.67	450m:	7:27.81	51.65	650m:	10:46.39	51.06
	100m:	1:34.87	50.88	300m:	4:55.36	48.84	500m:	8:16.28	48.47	700m:	11:35.64	49.25
	150m:	2:26.43	51.56	350m:	5:46.80	51.44	550m:	9:08.29	52.01	750m:	12:24.21	48.57
	200m:	3:14.85	48.42	400m:	6:36.16	49.36	600m:	9:55.33	47.04	800m:	13:07.93	43.72
59.				2011	I	,			13:12.76	1	185	
	50m:	40.52	40.52	250m:	3:58.70	50.14	450m:	7:20.35	50.33	650m:	10:40.74	50.10
	100m:	1:28.43	47.91	300m:	4:50.37	51.67	500m:	8:10.73	50.38	700m:	11:32.11	51.37
	150m:	2:17.75	49.32	350m:	5:38.04	47.67	550m:	8:59.72	48.99	750m:	12:21.86	49.75
	200m:	3:08.56	50.81	400m:	6:30.02	51.98	600m:	9:50.64	50.92	800m:	13:12.76	50.90
60.				2012	I	,			13:14.05	1	184	
	50m:	42.68	42.68	250m:	3:58.54	50.37	450m:	7:20.27	51.00	650m:	10:42.72	49.33
	100m:	1:30.06	47.38	300m:	4:48.45	49.91	500m:	8:11.65	51.38	700m:	11:35.00	52.28
	150m:	2:19.21	49.15	350m:	5:39.33	50.88	550m:	9:01.56	49.91	750m:	12:24.08	49.08
	200m:	3:08.17	48.96	400m:	6:29.27	49.94	600m:	9:53.39	51.83	800m:	13:14.05	49.97

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65, , 800m , (11-12)

								R.T.	FINA			
61.			2011 I					13:14.45	1	184		
	50m:	43.83	43.83	250m:	4:04.94	51.11	450m:	7:25.63	49.62	650m:	10:50.56	50.13
	100m:	1:34.08	50.25	300m:	4:54.41	49.47	500m:	8:17.64	52.01	700m:	11:40.83	50.27
	150m:	2:24.25	50.17	350m:	5:45.58	51.17	550m:	9:10.62	52.98	750m:	12:27.93	47.10
	200m:	3:13.83	49.58	400m:	6:36.01	50.43	600m:	10:00.43	49.81	800m:	13:14.45	46.52
62.			2012 I					13:14.76	1	184		
	50m:	44.01	44.01	250m:	4:05.76	51.44	450m:	7:27.11	50.07	650m:	10:51.06	50.35
	100m:	1:33.38	49.37	300m:	4:55.90	50.14	500m:	8:19.12	52.01	700m:	11:40.57	49.51
	150m:	2:23.86	50.48	350m:	5:45.68	49.78	550m:	9:10.31	51.19	750m:	12:28.86	48.29
	200m:	3:14.32	50.46	400m:	6:37.04	51.36	600m:	10:00.71	50.40	800m:	13:14.76	45.90
63.			2011 I		10 "	"		13:17.11	1	182		
	50m:	41.97	41.97	250m:	4:06.99	51.51	450m:	7:32.16	50.78	650m:	10:53.80	49.51
	100m:	1:33.37	51.40	300m:	4:59.22	52.23	500m:	8:23.20	51.04	700m:	11:43.22	49.42
	150m:	2:24.36	50.99	350m:	5:49.18	49.96	550m:	9:13.25	50.05	750m:	12:31.79	48.57
	200m:	3:15.48	51.12	400m:	6:41.38	52.20	600m:	10:04.29	51.04	800m:	13:17.11	45.32
64.			2012 II					13:17.91	1	181		
	50m:	43.12	43.12	250m:	4:06.42	51.17	450m:	7:28.57	51.60	650m:	10:49.69	51.02
	100m:	1:34.09	50.97	300m:	4:55.73	49.31	500m:	8:18.67	50.10	700m:	11:41.49	51.80
	150m:	2:24.08	49.99	350m:	5:46.79	51.06	550m:	9:10.12	51.45	750m:	12:30.91	49.42
	200m:	3:15.25	51.17	400m:	6:36.97	50.18	600m:	9:58.67	48.55	800m:	13:17.91	47.00
65.			2011 I				+0,90	13:21.55	1	179		
	50m:	38.65	38.65	250m:	3:58.00	50.17	450m:	7:22.47	51.09	650m:	10:50.44	52.41
	100m:	1:26.58	47.93	300m:	4:49.67	51.67	500m:	8:14.09	51.62	700m:	11:41.18	50.74
	150m:	2:17.68	51.10	350m:	5:40.38	50.71	550m:	9:05.09	51.00	750m:	12:31.69	50.51
	200m:	3:07.83	50.15	400m:	6:31.38	51.00	600m:	9:58.03	52.94	800m:	13:21.55	49.86
66.			2011 I					13:31.82	1	172		
	50m:	42.88	42.88	250m:	4:07.15	51.16	450m:	7:35.35	53.32	650m:	11:01.62	51.30
	100m:	1:33.72	50.84	300m:	4:58.96	51.81	500m:	8:24.86	49.51	700m:	11:52.00	50.38
	150m:	2:23.74	50.02	350m:	5:50.38	51.42	550m:	9:17.81	52.95	750m:	12:42.84	50.84
	200m:	3:15.99	52.25	400m:	6:42.03	51.65	600m:	10:10.32	52.51	800m:	13:31.82	48.98
67.			2012 II					13:50.93	1	161		
	50m:	46.94	46.94	250m:	4:16.38	51.79	450m:	7:49.60	52.29	650m:	11:25.27	52.43
	100m:	1:39.14	52.20	300m:	5:10.41	54.03	500m:	8:44.26	54.66	700m:	12:17.71	52.44
	150m:	2:32.13	52.99	350m:	6:03.47	53.06	550m:	9:38.47	54.21	750m:	13:05.69	47.98
	200m:	3:24.59	52.46	400m:	6:57.31	53.84	600m:	10:32.84	54.37	800m:	13:50.93	45.24
68.			2011 I				+0,48	13:51.58	1	160		
	50m:	38.18	38.18	250m:	3:57.41	51.66	450m:	7:34.38	54.40	650m:	11:13.85	54.35
	100m:	1:25.23	47.05	300m:	4:51.68	54.27	500m:	8:29.62	55.24	700m:	12:08.59	54.74
	150m:	2:13.86	48.63	350m:	5:44.82	53.14	550m:	9:24.51	54.89	750m:	13:00.28	51.69
	200m:	3:05.75	51.89	400m:	6:39.98	55.16	600m:	10:19.50	54.99	800m:	13:51.58	51.30
69.			2011 II					13:58.70	1	156		
	50m:	45.31	45.31	250m:	4:18.05	54.74	450m:	7:52.97	54.32	650m:	11:28.60	54.27
	100m:	1:36.80	51.49	300m:	5:11.22	53.17	500m:	8:47.27	54.30	700m:	12:21.29	52.69
	150m:	2:30.16	53.36	350m:	6:04.43	53.21	550m:	9:41.28	54.01	750m:	13:14.39	53.10
	200m:	3:23.31	53.15	400m:	6:58.65	54.22	600m:	10:34.33	53.05	800m:	13:58.70	44.31
70.			2012 II				+0,98	13:59.90	1	155		
	50m:	43.55	43.55	250m:	4:16.57	54.77	450m:	7:52.06	54.92	650m:	11:25.55	53.08
	100m:	1:34.96	51.41	300m:	5:09.25	52.68	500m:	8:44.74	52.68	700m:	12:18.99	53.44
	150m:	2:27.90	52.94	350m:	6:03.02	53.77	550m:	9:37.90	53.16	750m:	13:11.25	52.26
	200m:	3:21.80	53.90	400m:	6:57.14	54.12	600m:	10:32.47	54.57	800m:	13:59.90	48.65
71.			2012 II					14:09.75	1	150		
	50m:	43.27	43.27	250m:	4:15.41	54.18	450m:	7:53.69	54.87	650m:	11:27.99	52.37
	100m:	1:33.90	50.63	300m:	5:10.26	54.85	500m:	8:46.07	52.38	700m:	12:22.22	54.23
	150m:	2:27.36	53.46	350m:	6:04.24	53.98	550m:	9:40.90	54.83	750m:	13:17.20	54.98
	200m:	3:21.23	53.87	400m:	6:58.82	54.58	600m:	10:35.62	54.72	800m:	14:09.75	52.55
72.			2012 II					14:12.33	1	149		
	50m:	44.82	44.82	250m:	4:18.17	53.75	450m:	7:55.25	54.82	650m:	11:33.21	54.61
	100m:	1:36.82	52.00	300m:	5:12.45	54.28	500m:	8:49.92	54.67	700m:	12:26.80	53.59
	150m:	2:30.53	53.71	350m:	6:07.34	54.89	550m:	9:44.34	54.42	750m:	13:20.48	53.68
	200m:	3:24.42	53.89	400m:	7:00.43	53.09	600m:	10:38.60	54.26	800m:	14:12.33	51.85



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65, , 800m , (11-12)

	/				R.T.				FINA		
73.	2012 II				14:25.34 1				142		
50m:	47.48	47.48	250m:	4:27.29	55.07	450m:	8:14.30	58.74	650m:	11:53.63	57.60
100m:	1:42.12	54.64	300m:	5:24.72	57.43	500m:	9:09.88	55.58	700m:	12:48.78	55.15
150m:	2:36.70	54.58	350m:	6:21.57	56.85	550m:	10:04.31	54.43	750m:	13:36.43	47.65
200m:	3:32.22	55.52	400m:	7:15.56	53.99	600m:	10:56.03	51.72	800m:	14:25.34	48.91
74.	2012 II				14:55.33 2				128		
50m:	45.74	45.74	250m:	4:30.24	56.85	450m:	8:20.19	57.73	650m:	12:12.13	58.32
100m:	1:39.42	53.68	300m:	5:27.90	57.66	500m:	9:19.03	58.84	700m:	13:08.38	56.25
150m:	2:35.93	56.51	350m:	6:24.36	56.46	550m:	10:16.11	57.08	750m:	14:04.11	55.73
200m:	3:33.39	57.46	400m:	7:22.46	58.10	600m:	11:13.81	57.70	800m:	14:55.33	51.22
75.	2011 II				14:56.79 2				128		
50m:	42.78	42.78	250m:	4:24.02	57.02	450m:	8:13.69	57.14	650m:	12:06.46	57.53
100m:	1:35.78	53.00	300m:	5:21.32	57.30	500m:	9:11.96	58.27	700m:	13:03.06	56.60
150m:	2:30.56	54.78	350m:	6:17.97	56.65	550m:	10:10.39	58.43	750m:	14:01.80	58.74
200m:	3:27.00	56.44	400m:	7:16.55	58.58	600m:	11:08.93	58.54	800m:	14:56.79	54.99
76.	2012 II				14:57.93 2				127		
50m:	46.33	46.33	250m:	4:37.69	58.00	450m:	8:31.69	56.80	650m:	12:19.75	57.27
100m:	1:45.31	58.98	300m:	5:36.61	58.92	500m:	9:30.48	58.79	700m:	13:13.73	53.98
150m:	2:40.47	55.16	350m:	6:33.81	57.20	550m:	10:24.46	53.98	750m:	14:10.34	56.61
200m:	3:39.69	59.22	400m:	7:34.89	1:01.08	600m:	11:22.48	58.02	800m:	14:57.93	47.59
77.	2012 II				+0,74 15:11.86 2				121		
50m:	47.09	47.09	250m:	4:38.72	58.45	450m:	8:31.13	56.48	650m:	12:21.13	57.35
100m:	1:45.16	58.07	300m:	5:38.18	59.46	500m:	9:29.89	58.76	700m:	13:19.23	58.10
150m:	2:43.33	58.17	350m:	6:34.61	56.43	550m:	10:26.37	56.48	750m:	14:16.69	57.46
200m:	3:40.27	56.94	400m:	7:34.65	1:00.04	600m:	11:23.78	57.41	800m:	15:11.86	55.17
78.	2012 II				15:26.45 2				116		
50m:	48.84	48.84	250m:	4:45.29	59.50	450m:	8:43.96	57.24	650m:	12:40.37	59.21
100m:	1:48.49	59.65	300m:	5:46.06	1:00.77	500m:	9:43.61	59.65	700m:	13:39.12	58.75
150m:	2:47.63	59.14	350m:	6:45.87	59.81	550m:	10:42.46	58.85	750m:	14:33.45	54.33
200m:	3:45.79	58.16	400m:	7:46.72	1:00.85	600m:	11:41.16	58.70	800m:	15:26.45	53.00
DSQ	2011 II				" "				2		

65 , 800m (13-14)

09.04.2023 - 12:36

: FINA 2023

	/				R.T.				FINA		
1.	2010				+0,76 9:12.42 1				548		
50m:	31.56	31.56	250m:	2:48.71	34.57	450m:	5:08.47	34.72	650m:	7:28.74	34.64
100m:	1:05.43	33.87	300m:	3:23.52	34.81	500m:	5:43.54	35.07	700m:	8:04.16	35.42
150m:	1:39.55	34.12	350m:	3:58.40	34.88	550m:	6:18.56	35.02	750m:	8:38.18	34.02
200m:	2:14.14	34.59	400m:	4:33.75	35.35	600m:	6:54.10	35.54	800m:	9:12.42	34.24
2.	2009 II				+0,55 9:34.55 1				487		
50m:	32.80	32.80	250m:	2:58.20	36.07	450m:	5:23.63	36.32	650m:	7:49.66	36.31
100m:	1:09.06	36.26	300m:	3:34.35	36.15	500m:	6:00.06	36.43	700m:	8:26.46	36.80
150m:	1:45.38	36.32	350m:	4:10.51	36.16	550m:	6:36.25	36.19	750m:	9:01.26	34.80
200m:	2:22.13	36.75	400m:	4:47.31	36.80	600m:	7:13.35	37.10	800m:	9:34.55	33.29
3.	2009 II				+0,80 9:35.72 1				484		
50m:	31.39	31.39	250m:	2:53.55	36.25	450m:	5:20.87	36.84	650m:	7:48.83	37.01
100m:	1:06.16	34.77	300m:	3:30.12	36.57	500m:	5:57.45	36.58	700m:	8:25.92	37.09
150m:	1:41.18	35.02	350m:	4:06.90	36.78	550m:	6:35.00	37.55	750m:	9:01.62	35.70
200m:	2:17.30	36.12	400m:	4:44.03	37.13	600m:	7:11.82	36.82	800m:	9:35.72	34.10
4.	2009 II				+0,53 9:39.63 1				474		
50m:	32.75	32.75	250m:	2:58.43	36.85	450m:	5:24.96	36.98	650m:	7:51.82	36.85
100m:	1:08.39	35.64	300m:	3:35.19	36.76	500m:	6:01.62	36.66	700m:	8:27.86	36.04
150m:	1:44.92	36.53	350m:	4:11.77	36.58	550m:	6:38.57	36.95	750m:	9:03.71	35.85
200m:	2:21.58	36.66	400m:	4:47.98	36.21	600m:	7:14.97	36.40	800m:	9:39.63	35.92
5.	2009 II				9:52.27 2				444		
50m:	32.57	32.57	250m:	3:00.23	37.27	450m:	5:31.28	37.89	650m:	8:02.43	37.82
100m:	1:08.84	36.27	300m:	3:37.72	37.49	500m:	6:09.04	37.76	700m:	8:40.20	37.77
150m:	1:45.51	36.67	350m:	4:15.48	37.76	550m:	6:46.92	37.88	750m:	9:16.53	36.33
200m:	2:22.96	37.45	400m:	4:53.39	37.91	600m:	7:24.61	37.69	800m:	9:52.27	35.74



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65, , 800m , (13-14)

								R.T.				FINA	
6.				2009 II	8,			+0,73	9:54.69	2			439
	50m:	30.75	30.75	250m:	2:53.87	36.45	450m:	5:24.68	38.31	650m:	7:59.23		38.35
	100m:	1:05.57	34.82	300m:	3:30.55	36.68	500m:	6:03.30	38.62	700m:	8:37.97		38.74
	150m:	1:41.40	35.83	350m:	4:08.40	37.85	550m:	6:41.97	38.67	750m:	9:16.31		38.34
	200m:	2:17.42	36.02	400m:	4:46.37	37.97	600m:	7:20.88	38.91	800m:	9:54.69		38.38
7.				2010 II	10 "			+0,64	9:58.52	2			431
	50m:	33.18	33.18	250m:	3:04.26	37.66	450m:	5:35.61	37.86	650m:	8:07.44		37.78
	100m:	1:10.87	37.69	300m:	3:42.04	37.78	500m:	6:13.63	38.02	700m:	8:45.31		37.87
	150m:	1:48.47	37.60	350m:	4:19.66	37.62	550m:	6:51.58	37.95	750m:	9:22.63		37.32
	200m:	2:26.60	38.13	400m:	4:57.75	38.09	600m:	7:29.66	38.08	800m:	9:58.52		35.89
8.				2009 II	,			+0,68	9:59.78	2			428
	50m:	31.56	31.56	250m:	2:59.01	37.77	450m:	5:32.17	38.89	650m:	8:07.13		38.69
	100m:	1:06.80	35.24	300m:	3:36.61	37.60	500m:	6:10.68	38.51	700m:	8:45.52		38.39
	150m:	1:43.73	36.93	350m:	4:14.57	37.96	550m:	6:49.24	38.56	750m:	9:23.41		37.89
	200m:	2:21.24	37.51	400m:	4:53.28	38.71	600m:	7:28.44	39.20	800m:	9:59.78		36.37
9.				2010 II	,				10:00.44	2			426
	50m:	34.09	34.09	250m:	3:06.07	38.50	450m:	5:38.79	38.07	650m:	8:10.87		37.36
	100m:	1:11.79	37.70	300m:	3:44.17	38.10	500m:	6:17.28	38.49	700m:	8:48.63		37.76
	150m:	1:49.61	37.82	350m:	4:22.76	38.59	550m:	6:55.65	38.37	750m:	9:25.70		37.07
	200m:	2:27.57	37.96	400m:	5:00.72	37.96	600m:	7:33.51	37.86	800m:	10:00.44		34.74
10.				2009 II	10 "			+0,72	10:05.83	2			415
	50m:	33.09	33.09	250m:	3:02.71	37.85	450m:	5:36.19	38.32	650m:	8:11.33		38.70
	100m:	1:09.65	36.56	300m:	3:40.94	38.23	500m:	6:14.92	38.73	700m:	8:50.74		39.41
	150m:	1:47.10	37.45	350m:	4:19.23	38.29	550m:	6:53.58	38.66	750m:	9:28.78		38.04
	200m:	2:24.86	37.76	400m:	4:57.87	38.64	600m:	7:32.63	39.05	800m:	10:05.83		37.05
11.				2009 II	,			+0,59	10:06.00	2			415
	50m:	32.85	32.85	250m:	3:05.52	38.84	450m:	5:39.45	38.87	650m:	8:14.22		39.28
	100m:	1:10.27	37.42	300m:	3:44.33	38.81	500m:	6:18.10	38.65	700m:	8:52.49		38.27
	150m:	1:49.11	38.84	350m:	4:21.20	36.87	550m:	6:56.36	38.26	750m:	9:29.23		36.74
	200m:	2:26.68	37.57	400m:	5:00.58	39.38	600m:	7:34.94	38.58	800m:	10:06.00		36.77
12.				2010 II	10 "			+0,79	10:08.65	2			409
	50m:	34.69	34.69	250m:	3:08.17	38.72	450m:	5:42.70	38.91	650m:	8:18.68		39.37
	100m:	1:11.35	36.66	300m:	3:46.35	38.18	500m:	6:21.11	38.41	700m:	8:56.98		38.30
	150m:	1:51.35	40.00	350m:	4:25.25	38.90	550m:	7:00.45	39.34	750m:	9:35.10		38.12
	200m:	2:29.45	38.10	400m:	5:03.79	38.54	600m:	7:39.31	38.86	800m:	10:08.65		33.55
13.				2010 II	" "			+0,63	10:16.89	2			393
	50m:	32.42	32.42	250m:	3:05.51	38.94	450m:	5:43.23	39.22	650m:	8:21.34		39.93
	100m:	1:09.24	36.82	300m:	3:45.15	39.64	500m:	6:21.89	38.66	700m:	9:01.46		40.12
	150m:	1:47.57	38.33	350m:	4:24.45	39.30	550m:	7:01.65	39.76	750m:	9:38.86		37.40
	200m:	2:26.57	39.00	400m:	5:04.01	39.56	600m:	7:41.41	39.76	800m:	10:16.89		38.03
14.				2010 III	,			+0,73	10:45.78	2			343
	50m:	36.99	36.99	250m:	3:17.98	40.40	450m:	6:00.84	40.80	650m:	8:44.33		40.98
	100m:	1:17.00	40.01	300m:	3:58.58	40.60	500m:	6:41.56	40.72	700m:	9:25.33		41.00
	150m:	1:57.41	40.41	350m:	4:39.06	40.48	550m:	7:22.25	40.69	750m:	10:06.10		40.77
	200m:	2:37.58	40.17	400m:	5:20.04	40.98	600m:	8:03.35	41.10	800m:	10:45.78		39.68
15.				2009 III	14,			+0,54	10:49.74	2			336
	50m:	34.10	34.10	250m:	3:16.43	42.61	450m:	6:03.88	41.78	650m:	8:50.82		41.44
	100m:	1:12.98	38.88	300m:	3:58.12	41.69	500m:	6:45.69	41.81	700m:	9:31.64		40.82
	150m:	1:53.10	40.12	350m:	4:40.68	42.56	550m:	7:27.79	42.10	750m:	10:11.20		39.56
	200m:	2:33.82	40.72	400m:	5:22.10	41.42	600m:	8:09.38	41.59	800m:	10:49.74		38.54
16.				2009 II	,			+0,74	10:51.67	2			333
	50m:	34.30	34.30	250m:	3:14.69	41.41	450m:	6:03.14	41.86	650m:	8:50.62		41.07
	100m:	1:12.47	38.17	300m:	3:56.63	41.94	500m:	6:45.36	42.22	700m:	9:31.71		41.09
	150m:	1:52.52	40.05	350m:	4:39.17	42.54	550m:	7:27.81	42.45	750m:	10:13.11		41.40
	200m:	2:33.28	40.76	400m:	5:21.28	42.11	600m:	8:09.55	41.74	800m:	10:51.67		38.56
17.				2010 II	,			+0,70	10:53.18	2			331
	50m:	37.81	37.81	250m:	3:23.07	41.35	450m:	6:09.33	41.20	650m:	8:53.44		40.39
	100m:	1:19.18	41.37	300m:	4:04.70	41.63	500m:	6:50.81	41.48	700m:	9:33.80		40.36
	150m:	1:59.91	40.73	350m:	4:46.08	41.38	550m:	7:31.73	40.92	750m:	10:13.93		40.13
	200m:	2:41.72	41.81	400m:	5:28.13	42.05	600m:	8:13.05	41.32	800m:	10:53.18		39.25



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65, , 800m , (13-14)

								R.T.			FINA	
18.				2010	II			+0,65	10:54.65	2	329	
	50m:	36.09	36.09	250m:	3:17.99	40.41	450m:	6:02.54	41.55	650m:	8:51.52	42.12
	100m:	1:16.37	40.28	300m:	3:58.73	40.74	500m:	6:45.12	42.58	700m:	9:33.57	42.05
	150m:	1:56.19	39.82	350m:	4:39.50	40.77	550m:	7:26.92	41.80	750m:	10:15.38	41.81
	200m:	2:37.58	41.39	400m:	5:20.99	41.49	600m:	8:09.40	42.48	800m:	10:54.65	39.27
19.				2010	II				10:58.39	2	323	
	50m:	35.43	35.43	250m:	3:19.86	42.20	450m:	6:07.73	42.56	650m:	8:56.31	43.06
	100m:	1:15.22	39.79	300m:	4:01.42	41.56	500m:	6:49.20	41.47	700m:	9:38.11	41.80
	150m:	1:56.76	41.54	350m:	4:43.80	42.38	550m:	7:31.94	42.74	750m:	10:19.90	41.79
	200m:	2:37.66	40.90	400m:	5:25.17	41.37	600m:	8:13.25	41.31	800m:	10:58.39	38.49
20.				2009	II			+0,63	11:01.11	2	319	
	50m:	34.20	34.20	250m:	3:14.26	41.09	450m:	6:02.09	42.57	650m:	8:53.84	43.08
	100m:	1:12.55	38.35	300m:	3:55.53	41.27	500m:	6:45.08	42.99	700m:	9:36.94	43.10
	150m:	1:52.98	40.43	350m:	4:37.79	42.26	550m:	7:28.03	42.95	750m:	10:20.14	43.20
	200m:	2:33.17	40.19	400m:	5:19.52	41.73	600m:	8:10.76	42.73	800m:	11:01.11	40.97
21.				2009	II			+0,83	11:03.73	2	316	
	50m:	34.25	34.25	250m:	3:17.61	42.43	450m:	6:07.32	42.62	650m:	8:58.70	42.96
	100m:	1:13.34	39.09	300m:	3:59.94	42.33	500m:	6:49.77	42.45	700m:	9:41.37	42.67
	150m:	1:54.24	40.90	350m:	4:42.29	42.35	550m:	7:33.03	43.26	750m:	10:24.11	42.74
	200m:	2:35.18	40.94	400m:	5:24.70	42.41	600m:	8:15.74	42.71	800m:	11:03.73	39.62
22.				2010	II			+0,59	11:06.45	2	312	
	50m:	37.14	37.14	250m:	3:24.06	42.39	450m:	6:14.47	42.91	650m:	9:03.69	41.92
	100m:	1:17.76	40.62	300m:	4:06.63	42.57	500m:	6:56.95	42.48	700m:	9:45.86	42.17
	150m:	1:59.83	42.07	350m:	4:49.30	42.67	550m:	7:39.90	42.95	750m:	10:27.63	41.77
	200m:	2:41.67	41.84	400m:	5:31.56	42.26	600m:	8:21.77	41.87	800m:	11:06.45	38.82
23.				2010	III	10 "	"	+0,76	11:06.48	2	312	
	50m:	37.25	37.25	250m:	3:25.04	41.43	450m:	6:14.00	41.81	650m:	9:06.15	42.91
	100m:	1:19.16	41.91	300m:	4:07.89	42.85	500m:	6:57.48	43.48	700m:	9:48.84	42.69
	150m:	2:01.35	42.19	350m:	4:49.67	41.78	550m:	7:40.26	42.78	750m:	10:29.66	40.82
	200m:	2:43.61	42.26	400m:	5:32.19	42.52	600m:	8:23.24	42.98	800m:	11:06.48	36.82
24.				2009	II				11:07.48	2	310	
	50m:	36.14	36.14	250m:	3:20.90	41.14	450m:	6:11.54	42.39	650m:	9:03.96	43.81
	100m:	1:15.90	39.76	300m:	4:02.74	41.84	500m:	6:54.76	43.22	700m:	9:47.20	43.24
	150m:	1:57.05	41.15	350m:	4:45.71	42.97	550m:	7:37.16	42.40	750m:	10:26.47	39.27
	200m:	2:39.76	42.71	400m:	5:29.15	43.44	600m:	8:20.15	42.99	800m:	11:07.48	41.01
25.				2010	III			+0,90	11:09.85	2	307	
	50m:	34.34	34.34	250m:	3:19.30	42.32	450m:	6:11.39	43.01	650m:	9:04.62	43.38
	100m:	1:13.63	39.29	300m:	4:02.14	42.84	500m:	6:54.78	43.39	700m:	9:47.86	43.24
	150m:	1:54.88	41.25	350m:	4:44.79	42.65	550m:	7:38.06	43.28	750m:	10:30.35	42.49
	200m:	2:36.98	42.10	400m:	5:28.38	43.59	600m:	8:21.24	43.18	800m:	11:09.85	39.50
26.				2009	III			+0,72	11:13.64	2	302	
	50m:	34.78	34.78	250m:	3:21.75	42.79	450m:	6:15.21	43.99	650m:	9:08.91	43.81
	100m:	1:15.16	40.38	300m:	4:04.41	42.66	500m:	6:58.05	42.84	700m:	9:52.35	43.44
	150m:	1:56.95	41.79	350m:	4:48.07	43.66	550m:	7:41.34	43.29	750m:	10:35.24	42.89
	200m:	2:38.96	42.01	400m:	5:31.22	43.15	600m:	8:25.10	43.76	800m:	11:13.64	38.40
27.				2010	II	" "	" "		11:16.31	2	298	
	50m:	36.99	36.99	250m:	3:24.45	43.16	450m:	6:15.38	43.75	650m:	9:08.84	44.06
	100m:	1:17.76	40.77	300m:	4:06.46	42.01	500m:	6:58.43	43.05	700m:	9:50.91	42.07
	150m:	2:00.61	42.85	350m:	4:49.51	43.05	550m:	7:41.75	43.32	750m:	10:34.63	43.72
	200m:	2:41.29	40.68	400m:	5:31.63	42.12	600m:	8:24.78	43.03	800m:	11:16.31	41.68
28.				2010	III	10,		+0,83	11:19.31	3	294	
	50m:	34.39	34.39	250m:	3:24.30	42.57	450m:	6:17.45	43.28	650m:	9:12.81	43.44
	100m:	1:14.71	40.32	300m:	4:07.32	43.02	500m:	7:01.98	44.53	700m:	9:56.05	43.24
	150m:	1:57.37	42.66	350m:	4:50.55	43.23	550m:	7:45.14	43.16	750m:	10:38.71	42.66
	200m:	2:41.73	44.36	400m:	5:34.17	43.62	600m:	8:29.37	44.23	800m:	11:19.31	40.60
29.				2010	III			+0,66	11:24.51	3	288	
	50m:	34.69	34.69	250m:	3:27.39	43.71	450m:	6:22.11	43.22	650m:	9:17.23	43.49
	100m:	1:16.00	41.31	300m:	4:11.82	44.43	500m:	7:05.04	42.93	700m:	10:02.16	44.93
	150m:	1:59.20	43.20	350m:	4:54.98	43.16	550m:	7:49.67	44.63	750m:	10:44.16	42.00
	200m:	2:43.68	44.48	400m:	5:38.89	43.91	600m:	8:33.74	44.07	800m:	11:24.51	40.35



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ПЕНЗА

65, , 800m , (13-14)

								R.T.			FINA	
30.				2010	III	14,			11:26.16	3	286	
	50m:	37.18	37.18	250m:	3:27.27	43.65	450m:	6:22.49	44.28	650m:	9:19.09	44.51
	100m:	1:18.45	41.27	300m:	4:10.26	42.99	500m:	7:06.15	43.66	700m:	10:02.93	43.84
	150m:	2:00.71	42.26	350m:	4:55.23	44.97	550m:	7:51.39	45.24	750m:	10:46.55	43.62
	200m:	2:43.62	42.91	400m:	5:38.21	42.98	600m:	8:34.58	43.19	800m:	11:26.16	39.61
31.				2009	III	" "			+0,97 11:28.69	3	282	
	50m:	34.50	34.50	250m:	3:24.29	43.46	450m:	6:18.94	43.66	650m:	9:15.53	43.12
	100m:	1:14.73	40.23	300m:	4:07.79	43.50	500m:	7:04.13	45.19	700m:	10:00.28	44.75
	150m:	1:57.25	42.52	350m:	4:51.09	43.30	550m:	7:47.56	43.43	750m:	10:44.77	44.49
	200m:	2:40.83	43.58	400m:	5:35.28	44.19	600m:	8:32.41	44.85	800m:	11:28.69	43.92
32.				2009	III	14,			+0,77 11:38.07	3	271	
	50m:	35.47	35.47	250m:	3:26.84	43.46	450m:	6:26.62	44.74	650m:	9:29.05	44.89
	100m:	1:17.01	41.54	300m:	4:12.47	45.63	500m:	7:13.17	46.55	700m:	10:14.72	45.67
	150m:	1:59.02	42.01	350m:	4:56.63	44.16	550m:	7:58.22	45.05	750m:	10:58.33	43.61
	200m:	2:43.38	44.36	400m:	5:41.88	45.25	600m:	8:44.16	45.94	800m:	11:38.07	39.74
33.				2010	III	" "			+0,63 11:38.43	3	271	
	50m:	37.69	37.69	250m:	3:33.91	44.90	450m:	6:34.34	44.96	650m:	9:32.34	43.75
	100m:	1:20.62	42.93	300m:	4:18.80	44.89	500m:	7:19.58	45.24	700m:	10:16.21	43.87
	150m:	2:04.13	43.51	350m:	5:03.99	45.19	550m:	8:03.75	44.17	750m:	10:57.83	41.62
	200m:	2:49.01	44.88	400m:	5:49.38	45.39	600m:	8:48.59	44.84	800m:	11:38.43	40.60
34.				2009	III	10,			+0,73 11:38.92	3	270	
	50m:	38.00	38.00	250m:	3:34.68	44.25	450m:	6:32.96	44.25	650m:	9:30.43	43.52
	100m:	1:21.96	43.96	300m:	4:19.75	45.07	500m:	7:17.99	45.03	700m:	10:14.93	44.50
	150m:	2:06.42	44.46	350m:	5:04.04	44.29	550m:	8:02.49	44.50	750m:	10:57.47	42.54
	200m:	2:50.43	44.01	400m:	5:48.71	44.67	600m:	8:46.91	44.42	800m:	11:38.92	41.45
35.				2009	III	" "			+0,93 11:52.11	3	255	
	50m:	35.96	35.96	250m:	3:33.00	44.38	450m:	6:35.23	46.16	650m:	9:37.60	44.38
	100m:	1:19.20	43.24	300m:	4:17.66	44.66	500m:	7:21.54	46.31	700m:	10:23.30	45.70
	150m:	2:03.70	44.50	350m:	5:03.19	45.53	550m:	8:06.98	45.44	750m:	11:08.93	45.63
	200m:	2:48.62	44.92	400m:	5:49.07	45.88	600m:	8:53.22	46.24	800m:	11:52.11	43.18
36.				2010	III	,			+0,66 11:56.73	3	251	
	50m:	38.46	38.46	250m:	3:36.90	44.80	450m:	6:41.76	47.36	650m:	9:43.59	44.76
	100m:	1:22.40	43.94	300m:	4:22.33	45.43	500m:	7:27.48	45.72	700m:	10:29.83	46.24
	150m:	2:06.33	43.93	350m:	5:08.55	46.22	550m:	8:12.57	45.09	750m:	11:13.89	44.06
	200m:	2:52.10	45.77	400m:	5:54.40	45.85	600m:	8:58.83	46.26	800m:	11:56.73	42.84
37.				2010	III	,			+0,64 12:16.19	3	231	
	50m:	37.73	37.73	250m:	3:37.74	46.75	450m:	6:48.20	47.27	650m:	9:58.13	47.36
	100m:	1:20.98	43.25	300m:	4:25.67	47.93	500m:	7:35.97	47.77	700m:	10:45.01	46.88
	150m:	2:05.98	45.00	350m:	5:12.24	46.57	550m:	8:23.05	47.08	750m:	11:30.88	45.87
	200m:	2:50.99	45.01	400m:	6:00.93	48.69	600m:	9:10.77	47.72	800m:	12:16.19	45.31
38.				2010	III	14,			+0,72 12:22.86	3	225	
	50m:	37.92	37.92	250m:	3:38.94	47.77	450m:	6:53.56	48.84	650m:	10:05.78	47.25
	100m:	1:19.78	41.86	300m:	4:27.07	48.13	500m:	7:40.99	47.43	700m:	10:53.05	47.27
	150m:	2:04.72	44.94	350m:	5:16.73	49.66	550m:	8:30.18	49.19	750m:	11:40.65	47.60
	200m:	2:51.17	46.45	400m:	6:04.72	47.99	600m:	9:18.53	48.35	800m:	12:22.86	42.21
39.				2009	III	,			+0,76 12:23.96	3	224	
	50m:	35.15	35.15	250m:	3:38.40	48.43	450m:	6:50.33	47.35	650m:	10:03.31	46.50
	100m:	1:17.86	42.71	300m:	4:26.64	48.24	500m:	7:39.55	49.22	700m:	10:51.57	48.26
	150m:	2:02.22	44.36	350m:	5:14.82	48.18	550m:	8:28.15	48.60	750m:	11:37.40	45.83
	200m:	2:49.97	47.75	400m:	6:02.98	48.16	600m:	9:16.81	48.66	800m:	12:23.96	46.56

DNS 2010 II " "