



# Межрегиональные соревнования по плаванию Детская Лига Плавания «Поволжье»

12-14 марта 2024 г.



53  
14.03.2024 - 10:18

, 400m

(14-15 )

: FINA 2024

							R.T.			FINA		
1.			/	2010 I	18,				<b>+0,70</b>	<b>5:00.67</b>		479
	50m:	33.32	33.32	150m:	1:49.29	38.28	250m:	3:06.98	38.86	350m:	4:24.38	38.10
	100m:	1:11.01	37.69	200m:	2:28.12	38.83	300m:	3:46.28	39.30	400m:	5:00.67	36.29
2.				2009 I	" "				<b>+0,63</b>	<b>5:03.05</b>		468
	50m:	33.63	33.63	150m:	1:50.09	38.71	250m:	3:08.39	39.29	350m:	4:25.85	38.01
	100m:	1:11.38	37.75	200m:	2:29.10	39.01	300m:	3:47.84	39.45	400m:	5:03.05	37.20
3.				2009 I	18,				<b>+0,63</b>	<b>5:15.15</b>		416
	50m:	36.00	36.00	150m:	1:56.89	41.18	250m:	3:19.53	41.62	350m:	4:39.18	39.62
	100m:	1:15.71	39.71	200m:	2:37.91	41.02	300m:	3:59.56	40.03	400m:	5:15.15	35.97
4.				2010 I	" "				<b>+0,81</b>	<b>5:16.30</b>		412
	50m:	33.93	33.93	150m:	1:53.50	40.42	250m:	3:16.51	41.49	350m:	4:39.09	39.80
	100m:	1:13.08	39.15	200m:	2:35.02	41.52	300m:	3:59.29	42.78	400m:	5:16.30	37.21
5.				2009 II	" "				<b>+0,77</b>	<b>5:29.68</b>		363
	50m:	36.04	36.04	150m:	1:58.88	42.50	250m:	3:25.54	43.66	350m:	4:50.04	40.99
	100m:	1:16.38	40.34	200m:	2:41.88	43.00	300m:	4:09.05	43.51	400m:	5:29.68	39.64
6.				2010 II	18,				<b>+0,58</b>	<b>5:31.56</b>		357
	50m:	36.69	36.69	150m:	1:59.27	41.52	250m:	3:25.28	42.86	350m:	4:52.07	43.91
	100m:	1:17.75	41.06	200m:	2:42.42	43.15	300m:	4:08.16	42.88	400m:	5:31.56	39.49
7.				2010 II	18,				<b>+0,68</b>	<b>5:41.22</b>		328
	50m:	37.38	37.38	150m:	2:03.85	44.41	250m:	3:33.76	45.26	350m:	5:01.58	42.42
	100m:	1:19.44	42.06	200m:	2:48.50	44.65	300m:	4:19.16	45.40	400m:	5:41.22	39.64
8.				2010 II	" "				<b>+0,76</b>	<b>5:41.28</b>		328
	50m:	37.49	37.49	150m:	2:03.58	43.73	250m:	3:33.50	45.44	350m:	5:01.48	42.45
	100m:	1:19.85	42.36	200m:	2:48.06	44.48	300m:	4:19.03	45.53	400m:	5:41.28	39.80
9.				2009 III	,				<b>+0,85</b>	<b>6:14.96</b>		247
	50m:	40.40	40.40	150m:	2:14.03	47.89	250m:	3:52.26	49.45	350m:	5:30.84	48.87
	100m:	1:26.14	45.74	200m:	3:02.81	48.78	300m:	4:41.97	49.71	400m:	6:14.96	44.12



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								R.T.		FINA		
1.			/	2007		"	"	+0,81	<b>5:00.79</b>		479	
	50m:	34.36	34.36	150m:	1:49.56	37.99	250m:	3:07.54	39.15	350m:	4:25.51	38.78
	100m:	1:11.57	37.21	200m:	2:28.39	38.83	300m:	3:46.73	39.19	400m:	5:00.79	35.28
2.				2008		"	"		<b>5:11.80</b>		430	
	50m:	34.94	34.94	150m:	1:52.72	39.34	250m:	3:12.34	39.66	350m:	4:32.52	39.75
	100m:	1:13.38	38.44	200m:	2:32.68	39.96	300m:	3:52.77	40.43	400m:	5:11.80	39.28