



Межрегиональные соревнования по плаванию Детская Лига Плавания «Поволжье»

12-14 марта 2024 г.



54 , 400m (14-15)
14.03.2024 - 10:32

: FINA 2024

								R.T.	FINA			
1.				2009 I				+0,73	4:41.90	475		
	50m:	31.41	31.41	150m:	1:41.59	35.35	250m:	2:53.71	35.90	350m:	4:06.68	36.41
	100m:	1:06.24	34.83	200m:	2:17.81	36.22	300m:	3:30.27	36.56	400m:	4:41.90	35.22
2.				2010				+0,77	4:45.19	459		
	50m:	32.18	32.18	150m:	1:43.29	35.90	250m:	2:56.41	36.18	350m:	4:10.01	36.42
	100m:	1:07.39	35.21	200m:	2:20.23	36.94	300m:	3:33.59	37.18	400m:	4:45.19	35.18
3.				2010 II	6 "			+0,74	4:55.19	414		
	50m:	32.62	32.62	150m:	1:48.55	38.51	250m:	3:05.12	38.39	350m:	4:20.66	37.54
	100m:	1:10.04	37.42	200m:	2:26.73	38.18	300m:	3:43.12	38.00	400m:	4:55.19	34.53
4.				2009 III				+0,82	4:57.47	404		
	50m:	32.10	32.10	150m:	1:46.55	37.30	250m:	3:03.63	37.92	350m:	4:21.84	39.17
	100m:	1:09.25	37.15	200m:	2:25.71	39.16	300m:	3:42.67	39.04	400m:	4:57.47	35.63
5.				2009 II				+0,67	4:59.37	397		
	50m:	33.13	33.13	150m:	1:46.31	36.83	250m:	3:02.86	38.44	350m:	4:21.41	38.80
	100m:	1:09.48	36.35	200m:	2:24.42	38.11	300m:	3:42.61	39.75	400m:	4:59.37	37.96
6.				2010 II	18,			+0,68	5:02.57	384		
	50m:	32.94	32.94	150m:	1:47.36	37.83	250m:	3:06.81	40.03	350m:	4:26.06	39.61
	100m:	1:09.53	36.59	200m:	2:26.78	39.42	300m:	3:46.45	39.64	400m:	5:02.57	36.51
7.				2009 II	18,			+0,64	5:02.81	383		
	50m:	33.69	33.69	150m:	1:49.01	37.64	250m:	3:07.27	39.41	350m:	4:25.73	39.36
	100m:	1:11.37	37.68	200m:	2:27.86	38.85	300m:	3:46.37	39.10	400m:	5:02.81	37.08
8.				2010 II				+0,65	5:07.17	367		
	50m:	33.48	33.48	150m:	1:50.98	39.24	250m:	3:10.26	39.74	350m:	4:29.92	39.39
	100m:	1:11.74	38.26	200m:	2:30.52	39.54	300m:	3:50.53	40.27	400m:	5:07.17	37.25
9.				2009 III	1,			+0,72	5:12.66	348		
	50m:	34.90	34.90	150m:	1:53.55	39.93	250m:	3:14.34	40.79	350m:	4:34.67	39.90
	100m:	1:13.62	38.72	200m:	2:33.55	40.00	300m:	3:54.77	40.43	400m:	5:12.66	37.99
10.				2010 III	1,			+0,72	5:12.88	347		
	50m:	35.33	35.33	150m:	1:55.55	40.12	250m:	3:17.48	40.97	350m:	4:37.16	39.95
	100m:	1:15.43	40.10	200m:	2:36.51	40.96	300m:	3:57.21	39.73	400m:	5:12.88	35.72
11.				2010 III	18,			+0,57	5:17.79	332		
	50m:	33.73	33.73	150m:	1:52.52	39.60	250m:	3:14.45	40.77	350m:	4:37.82	41.48
	100m:	1:12.92	39.19	200m:	2:33.68	41.16	300m:	3:56.34	41.89	400m:	5:17.79	39.97
12.				2010 III				+0,98	5:24.52	311		
	50m:	34.81	34.81	150m:	1:57.76	41.87	250m:	3:21.95	41.71	350m:	4:44.14	40.42
	100m:	1:15.89	41.08	200m:	2:40.24	42.48	300m:	4:03.72	41.77	400m:	5:24.52	40.38
13.				2010 III	18,			+0,73	5:31.80	291		
	50m:	34.85	34.85	150m:	2:01.17	44.21	250m:	3:28.54	43.61	350m:	4:54.55	42.98
	100m:	1:16.96	42.11	200m:	2:44.93	43.76	300m:	4:11.57	43.03	400m:	5:31.80	37.25
14.				2010 III				+0,89	5:33.26	287		
	50m:	34.32	34.32	150m:	2:00.67	44.22	250m:	3:27.03	41.96	350m:	4:53.22	40.99
	100m:	1:16.45	42.13	200m:	2:45.07	44.40	300m:	4:12.23	45.20	400m:	5:33.26	40.04
15.				2009 III	18,			+0,64	5:33.99	286		
	50m:	36.47	36.47	150m:	2:00.53	42.21	250m:	3:26.68	43.30	350m:	4:53.34	43.80
	100m:	1:18.32	41.85	200m:	2:43.38	42.85	300m:	4:09.54	42.86	400m:	5:33.99	40.65
16.				2009 III				+0,70	5:34.29	285		
	50m:	33.96	33.96	150m:	1:56.31	42.14	250m:	3:23.79	43.41	350m:	4:52.19	43.86
	100m:	1:14.17	40.21	200m:	2:40.38	44.07	300m:	4:08.33	44.54	400m:	5:34.29	42.10
17.				2009 III				+0,66	5:39.73	271		
	50m:	35.75	35.75	150m:	2:01.17	44.49	250m:	3:29.46	44.19	350m:	4:58.69	44.43
	100m:	1:16.68	40.93	200m:	2:45.27	44.10	300m:	4:14.26	44.80	400m:	5:39.73	41.04
18.				2010 III	18,			+0,77	5:41.88	266		
	50m:	37.11	37.11	150m:	2:04.15	44.68	250m:	3:33.15	45.05	350m:	5:01.47	44.38
	100m:	1:19.47	42.36	200m:	2:48.10	43.95	300m:	4:17.09	43.94	400m:	5:41.88	40.41



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54, , 400m , (14-15)

									R.T.			FINA		
19.					2010	I			1,	+0,65	5:51.46			245
	50m:	38.56	38.56	150m:	2:07.05	46.82	250m:	3:38.65	46.77	350m:	5:09.59	44.97		
	100m:	1:20.23	41.67	200m:	2:51.88	44.83	300m:	4:24.62	45.97	400m:	5:51.46	41.87		
20.					2010	I			" "	+0,84	6:04.95			219
	50m:	37.49	37.49	150m:	2:08.90	46.12	250m:	3:46.09	48.31	350m:	5:20.95	46.32		
	100m:	1:22.78	45.29	200m:	2:57.78	48.88	300m:	4:34.63	48.54	400m:	6:04.95	44.00		



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54, , 400m

54 , 400m (16-18)
 14.03.2024 - 10:32

: FINA 2024

							R.T.		FINA			
1.			2008	"	"	+0,63	4:29.81		542			
	50m:	31.14	31.14	150m:	1:38.09	33.68	250m:	2:46.90	34.35	350m:	3:56.11	34.52
	100m:	1:04.41	33.27	200m:	2:12.55	34.46	300m:	3:21.59	34.69	400m:	4:29.81	33.70
2.			2008 II	18,		+0,68	4:55.41		413			
	50m:	32.39	32.39	150m:	1:44.17	36.26	250m:	2:59.17	37.61	350m:	4:15.69	38.64
	100m:	1:07.91	35.52	200m:	2:21.56	37.39	300m:	3:37.05	37.88	400m:	4:55.41	39.72