



Всероссийские соревнования по плаванию

Детская Лига Плавания

«Поволжье». 3 этап

13 - 16 июня 2024 г.

ПЕНЗА



31 , 400m (14-15)
14.06.2024 - 10:58

: FINA 2024

										R.T.			
1.				2009			"	"		4:19.67	I	608	
	100m:	1:00.65	1:00.65	200m:	2:05.56	1:04.91	,	300m:	3:12.66	1:07.10	400m:	4:19.67 1:07.01	
2.				2010			,	4			4:28.47	I	550
	100m:	1:04.98	1:04.98	200m:	2:13.34	1:08.36	,	300m:	3:22.13	1:08.79	400m:	4:28.47 1:06.34	
3.				2009			,	4			4:32.44	II	527
	100m:	1:04.37	1:04.37	200m:	2:13.35	1:08.98	,	300m:	3:22.42	1:09.07	400m:	4:32.44 1:10.02	
4.				2010			,	10			4:43.39	II	468
	100m:	1:07.23	1:07.23	200m:	2:20.32	1:13.09	,	300m:	3:32.77	1:12.45	400m:	4:43.39 1:10.62	
5.				2009			,	4			4:50.88	II	433
	100m:	1:07.35	1:07.35	200m:	2:21.34	1:13.99	,	300m:	3:37.25	1:15.91	400m:	4:50.88 1:13.63	
6.				2010			,	4			4:53.10	II	423
	100m:	1:07.05	1:07.05	200m:	2:22.57	1:15.52	,	300m:	3:37.83	1:15.26	400m:	4:53.10 1:15.27	
7.				2009			,	"	"		4:53.65	II	420
	100m:	1:08.66	1:08.66	200m:	2:25.23	1:16.57	,	300m:	3:40.84	1:15.61	400m:	4:53.65 1:12.81	
8.				2010			,				4:53.99	II	419
	100m:	1:08.90	1:08.90	200m:	2:24.25	1:15.35	,	300m:	3:40.10	1:15.85	400m:	4:53.99 1:13.89	
9.				2010			,				5:24.55	III	311
	100m:	1:19.48	1:19.48	200m:	2:43.40	1:23.92	,	300m:	4:06.41	1:23.01	400m:	5:24.55 1:18.14	
10.				2010			,				5:38.82	III	274
	100m:	1:23.92	1:23.92	200m:	2:52.26	1:28.34	,	300m:	4:17.86	1:25.60	400m:	5:38.82 1:20.96	
11.				2009			,	"	"		6:06.09	I	217
	100m:	1:25.57	1:25.57	200m:	2:58.67	1:33.10	,	300m:	4:34.46	1:35.79	400m:	6:06.09 1:31.63	

31 , 400m (16-18)
14.06.2024 - 10:58

: FINA 2024

										R.T.			
1.				2008			,				4:07.51		702
	100m:	59.44	59.44	200m:	2:01.86	1:02.42	,	300m:	3:05.28	1:03.42	400m:	4:07.51 1:02.23	
2.				2007			,				4:30.32	I	539
	100m:	1:04.29	1:04.29	200m:	2:13.08	1:08.79	,	300m:	3:22.47	1:09.39	400m:	4:30.32 1:07.85	