



13
04.05.2024 - 11:17

, 400m

2006 - 2010

: FINA 2024

										R.T.			
		(14-15)											
1.				2010		-						5:18.85	579
	50m:	32.63	32.63	150m:	1:51.69	41.36		250m:	3:19.18	47.47		350m:	4:43.08 36.14
	100m:	1:10.33	37.70	200m:	2:31.71	40.02		300m:	4:06.94	47.76		400m:	5:18.85 35.77
2.				2009		-						5:25.40	I 545
	50m:	33.67	33.67	150m:	1:53.29	41.71		250m:	3:21.38	47.21		350m:	4:47.50 39.54
	100m:	1:11.58	37.91	200m:	2:34.17	40.88		300m:	4:07.96	46.58		400m:	5:25.40 37.90
3.				2009	I							5:31.30	I 516
	50m:	34.94	34.94	150m:	1:57.50	41.36		250m:	3:28.11	48.03		350m:	4:55.34 36.40
	100m:	1:16.14	41.20	200m:	2:40.08	42.58		300m:	4:18.94	50.83		400m:	5:31.30 35.96
4.				2009	I			"	"			5:46.27	II 452
	50m:	35.80	35.80	150m:	2:05.10	46.53		250m:	3:39.54	49.99		350m:	5:08.92 39.50
	100m:	1:18.57	42.77	200m:	2:49.55	44.45		300m:	4:29.42	49.88		400m:	5:46.27 37.35
5.				2010	I			()				6:10.00	II 371
	50m:	39.14	39.14	150m:	2:14.06	48.70		250m:	3:53.36	51.94		350m:	5:29.34 42.79
	100m:	1:25.36	46.22	200m:	3:01.42	47.36		300m:	4:46.55	53.19		400m:	6:10.00 40.66
6.				2009	III			8				7:01.53	III 250
	50m:	44.14	44.14	150m:	2:33.71	57.71		250m:	4:28.75	56.10		350m:	6:13.53 50.85
	100m:	1:36.00	51.86	200m:	3:32.65	58.94		300m:	5:22.68	53.93		400m:	7:01.53 48.00
DNS				2009				"	"				
		(16-18)											
1.				2007								5:36.57	I 492
	50m:	35.11	35.11	150m:	2:03.68	46.33		250m:	3:33.94	46.70		350m:	4:59.67 38.87
	100m:	1:17.35	42.24	200m:	2:47.24	43.56		300m:	4:20.80	46.86		400m:	5:36.57 36.90
2.				2008								5:42.41	II 468
	50m:	40.93	40.93	150m:	2:14.85	43.09		250m:	3:42.85	46.16		350m:	5:06.78 37.61
	100m:	1:31.76	50.83	200m:	2:56.69	41.84		300m:	4:29.17	46.32		400m:	5:42.41 35.63
3.				2008	I							5:56.05	II 416
	50m:	41.68	41.68	150m:	2:13.49	45.19		250m:	3:47.36	50.95		350m:	5:18.02 39.75
	100m:	1:28.30	46.62	200m:	2:56.41	42.92		300m:	4:38.27	50.91		400m:	5:56.05 38.03