



14
04.05.2024 - 11:25

, 400m

2006 - 2010

: FINA 2024

			/			R.T.					
(14-15)											
1.			2009	-					4:55.04	I	555
	50m:	30.10	150m:	1:44.08	38.88	250m:	3:03.63	41.49	350m:	4:20.65	35.00
	100m:	1:05.20	200m:	2:22.14	38.06	300m:	3:45.65	42.02	400m:	4:55.04	34.39
2.			2010	I	-				5:02.15	I	516
	50m:	31.35	150m:	1:46.90	41.39	250m:	3:09.48	42.68	350m:	4:27.77	36.02
	100m:	1:05.51	200m:	2:26.80	39.90	300m:	3:51.75	42.27	400m:	5:02.15	34.38
3.			2009	I		5			5:12.82	II	465
	50m:	32.00	150m:	1:51.04	40.91	250m:	3:16.33	46.15	350m:	4:38.02	36.04
	100m:	1:10.13	200m:	2:30.18	39.14	300m:	4:01.98	45.65	400m:	5:12.82	34.80
4.			2009	II		"	"		5:25.09	II	415
	50m:	34.11	150m:	1:57.08	44.14	250m:	3:26.94	48.11	350m:	4:51.05	37.14
	100m:	1:12.94	200m:	2:38.83	41.75	300m:	4:13.91	46.97	400m:	5:25.09	34.04
5.			2010	II		()			5:32.78	II	386
	50m:	32.37	150m:	1:58.14	43.15	250m:	3:28.14	50.12	350m:	4:55.28	38.55
	100m:	1:14.99	200m:	2:38.02	39.88	300m:	4:16.73	48.59	400m:	5:32.78	37.50
6.			2009	II		"	"		5:44.00	III	350
	50m:	2:02.14	150m:	5:04.65	3:47.04	300m:	4:24.95	1:38.44			
	100m:	1:17.61	200m:	2:46.51		400m:	5:44.00	1:19.05			
7.			2010	II		2			5:46.46	III	342
	50m:	37.05	150m:	2:08.36	47.67	250m:	3:41.97	49.11	350m:	5:08.99	39.82
	100m:	1:20.69	200m:	2:52.86	44.50	300m:	4:29.17	47.20	400m:	5:46.46	37.47
8.			2010	II		()			5:59.67	III	306
	50m:	35.30	150m:	2:03.57	44.03	250m:	3:38.43	51.89	350m:	5:17.95	44.54
	100m:	1:19.54	200m:	2:46.54	42.97	300m:	4:33.41	54.98	400m:	5:59.67	41.72
9.			2009	II		8			6:07.57	III	287
	50m:	38.49	150m:	2:15.97	49.61	250m:	3:51.13	48.42	350m:	5:23.60	40.95
	100m:	1:26.36	200m:	3:02.71	46.74	300m:	4:42.65	51.52	400m:	6:07.57	43.97
10.			2010	III		()			6:30.94	III	238
	50m:	41.70	150m:	2:24.50	53.07	250m:	4:09.79	55.69	350m:	5:48.49	42.79
	100m:	1:31.43	200m:	3:14.10	49.60	300m:	5:05.70	55.91	400m:	6:30.94	42.45
(16-18)											
1.			2007						4:56.70	I	545
	50m:	28.61	150m:	1:42.02	37.76	250m:	3:05.03	44.36	350m:	4:26.64	34.92
	100m:	1:04.26	200m:	2:20.67	38.65	300m:	3:51.72	46.69	400m:	4:56.70	30.06
2.			2008	II		"	"		5:09.13	II	482
	50m:	32.26	150m:	1:49.54	40.37	250m:	3:14.39	45.85	350m:	4:35.44	36.08
	100m:	1:09.17	200m:	2:28.54	39.00	300m:	3:59.36	44.97	400m:	5:09.13	33.69
3.			2008	I		10	"	"	5:15.81	II	452
	50m:	31.38	150m:	1:52.35	44.41	250m:	3:16.95	43.12	350m:	4:38.98	38.74
	100m:	1:07.94	200m:	2:33.83	41.48	300m:	4:00.24	43.29	400m:	5:15.81	36.83
DSQ			2008	III		8				I	

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