

51
06.04.2024 - 11:04

, 400m

(14-15)

: FINA 2024

			/					R.T.			FINA		
1.			2009					+0,79	4:39.04		600		
	50m:	31.50	31.50	150m:	1:39.80	34.43	250m:	2:51.36	36.05	350m:	4:04.31	36.54	
	100m:	1:05.37	33.87	200m:	2:15.31	35.51	300m:	3:27.77	36.41	400m:	4:39.04	34.73	
2.			2010 I			10 "			+0,78	4:52.72	1	519	
	50m:	33.87	33.87	150m:	1:47.69	37.27	250m:	3:02.81	37.54	350m:	4:17.51	37.01	
	100m:	1:10.42	36.55	200m:	2:25.27	37.58	300m:	3:40.50	37.69	400m:	4:52.72	35.21	
3.			2009 I							4:55.40	1	505	
	50m:	32.96	32.96	150m:	1:46.65	37.41	250m:	3:01.93	37.56	350m:	4:18.56	38.10	
	100m:	1:09.24	36.28	200m:	2:24.37	37.72	300m:	3:40.46	38.53	400m:	4:55.40	36.84	
4.			2010 II			10 "			+0,75	4:56.19	1	501	
	50m:	35.25	35.25	150m:	1:49.97	37.56	250m:	3:05.69	37.79	350m:	4:21.54	37.40	
	100m:	1:12.41	37.16	200m:	2:27.90	37.93	300m:	3:44.14	38.45	400m:	4:56.19	34.65	
5.			2010 I							+0,76	4:57.08	1	497
	50m:	34.29	34.29	150m:	1:49.21	37.65	250m:	3:04.80	37.66	350m:	4:20.95	37.99	
	100m:	1:11.56	37.27	200m:	2:27.14	37.93	300m:	3:42.96	38.16	400m:	4:57.08	36.13	
6.			2009 I							+0,71	5:09.16	2	441
	50m:	32.85	32.85	150m:	1:47.96	38.57	250m:	3:08.35	40.45	350m:	4:29.43	40.43	
	100m:	1:09.39	36.54	200m:	2:27.90	39.94	300m:	3:49.00	40.65	400m:	5:09.16	39.73	
7.			2010 II			" "			+0,64	5:13.33	2	423	
	50m:	34.58	34.58	150m:	1:51.19	39.01	250m:	3:12.06	40.85	350m:	4:35.00	42.04	
	100m:	1:12.18	37.60	200m:	2:31.21	40.02	300m:	3:52.96	40.90	400m:	5:13.33	38.33	
8.			2010 II			10,			+0,59	5:16.32	2	412	
	50m:	35.68	35.68	150m:	1:56.57	40.85	250m:	3:18.61	41.19	350m:	4:39.46	39.75	
	100m:	1:15.72	40.04	200m:	2:37.42	40.85	300m:	3:59.71	41.10	400m:	5:16.32	36.86	
9.			2010 II							5:31.01	2	359	
	50m:	33.97	33.97	150m:	1:55.53	42.61	250m:	3:23.33	44.49	350m:	4:50.51	42.56	
	100m:	1:12.92	38.95	200m:	2:38.84	43.31	300m:	4:07.95	44.62	400m:	5:31.01	40.50	
10.			2009 II			10,			+0,47	5:31.60	2	357	
	50m:	36.23	36.23	150m:	2:00.30	42.22	250m:	3:26.33	43.25	350m:	4:51.42	41.24	
	100m:	1:18.08	41.85	200m:	2:43.08	42.78	300m:	4:10.18	43.85	400m:	5:31.60	40.18	
11.			2010 II							5:37.46	2	339	
	50m:	35.25	35.25	150m:	1:58.58	42.89	250m:	3:26.09	44.42	350m:	4:54.85	44.62	
	100m:	1:15.69	40.44	200m:	2:41.67	43.09	300m:	4:10.23	44.14	400m:	5:37.46	42.61	

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, 400m

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: FINA 2024

			/					R.T.			FINA	
1.			2007			" "			4:52.82	1	519	
	50m:	32.96	32.96	150m:	1:47.18	37.75	250m:	3:02.09	37.26	350m:	4:17.09	36.91
	100m:	1:09.43	36.47	200m:	2:24.83	37.65	300m:	3:40.18	38.09	400m:	4:52.82	35.73
2.			2008 I			" "			+0,73	5:00.26	1	481
	50m:	34.89	34.89	150m:	1:50.03	37.81	250m:	3:06.32	38.17	350m:	4:23.02	38.17
	100m:	1:12.22	37.33	200m:	2:28.15	38.12	300m:	3:44.85	38.53	400m:	5:00.26	37.24
3.			2008 I							5:06.39	2	453
	50m:	33.70	33.70	150m:	1:49.19	38.33	250m:	3:07.35	39.53	350m:	4:27.56	40.34
	100m:	1:10.86	37.16	200m:	2:27.82	38.63	300m:	3:47.22	39.87	400m:	5:06.39	38.83